

CAPRICORN (Dec. 22-Jan. 19):

Holocaust survivor and author Elie Wiesel wrote, "When you die and go to heaven, our maker is not going to ask, 'why didn't you discover the cure for such and such? why didn't you become the Messiah?' The only question we will be asked in that precious moment is 'why didn't you become you?'" I hope that serves as a stimulating challenge for you, Capricorn. The fact is that you are in an extended phase when it's easier than usual to summon the audacity and ingenuity necessary to become more fully yourself than you have ever been before.

AQUARIUS (Jan. 20-Feb. 18):

Years ago, comedian Lenny Bruce observed, "Every day people are straying away from the church and going back to God." His statement is even truer today than it was then. Pew Research Center, a nonpartisan think tank, has gathered the concrete evidence. Church attendance was way down even before the pandemic struck. Now it's even lower. What does this have to do with you? In my astrological opinion, the coming months will be prime time for you to build your intimate and unique relationship with God rather than with institutions that have formulaic notions about who and what God is. A similar principle will be active in other ways, as well. You'll thrive by drawing energy from actual sources and firsthand experiences rather than from systems and ideologies that supposedly represent those sources and experiences.

+++++

YOU ALWAYS HAVE MORE HELP THAN YOU IMAGINE

Both people whom you know and people you don't know could very well come to your assistance and offer their support if you meet two conditions: 1. you believe you deserve their assistance and support; 2. you seek out and ask for their assistance and support.

There's a higher part of your brain that will also provide you with insight and guidance if you turn to it in humility and seek its input.

Whether or not you actually believe in spiritual beings, they, too, are ready to offer unexpected help, support, blessings and resources. If you don't believe in their existence, I invite you to pretend you do for a while and see what happens. If you do believe in them, formulate clear requests for what you'd like them to offer you.

I may also be able to provide you with compassionate guidance, both through the written horoscopes I provide in this newsletter and the Expanded Audio Horoscopes I offer online and via telephone.

To listen to your Expanded Audio Horoscope online, go to RealAstrology.com

Register and/or log in through the main page.

+

The cost is \$6 per sign online. (Discounts are available for bulk purchases.)

You can also listen over the phone by calling 1-877-873-4888. The cost is \$1.99 per minute. Each forecast is 4-5 minutes long.

+

"Your audio horoscopes encourage me to think bigger about my life. As I listen, I can feel my shrunken expectations melting away."
—Therese Pembroke, San Diego

"I love the way your audio horoscopes make me see my life differently while at the same time they give me support for how hard I'm trying to live my best life."
—Shanice Bryant

+++++

PISCES (Feb. 19-March 20):

Psychologist Carl Jung wrote, "The function of dreams is to restore our psychological balance by producing dream material that re-establishes the total psychic equilibrium." According to my reading of the astrological omens, you especially need this kind of action right now. To expedite your healing process, meditate on what aspects of your life might have become too extreme or one-sided. Where could you apply compensatory energy to establish better equipoise? What top-heavy or lopsided or wobbly situations could benefit from bold, imaginative strokes of counterbalance?

ARIES (March 21-April 19):

"It's not that some people have willpower and some don't," observes author James S. Gordon. "Rather, it's that some people are ready to change and others are not." Lucky for you, Aries! Your willpower is even more potent than usual right now, and your willingness to change is growing stronger. And so very soon now, I expect you will reach the threshold that enables you to act crisply and forcefully. You will become so convinced that it's wise to instigate transformation that you will just naturally instigate transformation. Adjust, adapt, improvise, improve!

TAURUS (April 20-May 20):

Psychologist Mihály Csíkszentmihályi is an expert on the mental state known as being in the flow. He defines it as what happens when you're completely absorbed in what you are doing: "immersed in a feeling of energized focus," with "full involvement and enjoyment in the process of the activity." According to my reading of the astrological omens, you are extra likely to enjoy such graceful interludes in the coming weeks. But I hope you will be discerning about how you use them. I mean, you could get into a flow playing video games or doing sudoku puzzles. But God and Life and I would prefer it if you'll devote those times to working on a sublime labor of love or a highly worthy quest.

GEMINI (May 21-June 20):

According to researcher Rosalind Cartwright, "Memory is never a precise duplicate of the original. It is a continuing act of creation." Neurologist Oliver Sacks agrees, telling us, "Memories are not fixed or frozen, but are transformed, disassembled, reassembled, and recategorized with every act of recollection." Reams of additional evidence also suggest that our experience of the past is always being transformed. In accordance with astrological potentials, I invite you to take advantage of this truth. Re-imagine your life story so it has more positive spins. Re-envision the

plot threads so that redemption and rebirth are major features. Engage in a playful reworking of your memories so that the epic myth of your destiny serves your future happiness and success.

CANCER (June 21-July 22):

All of us are susceptible to fooling ourselves and lying to ourselves. And all of us are susceptible to the cowardice that such self-sabotage generates. But the good news is that you Cancerians will have an expansive capacity to dissolve and rise above self-deception in the coming weeks—and will therefore be able to call on a great deal of courage. As Cancerian author and Buddhist teacher Pema Chödrön says, "The essence of bravery is being without self-deception."

LEO (July 23-Aug. 22):

If you like, I will give you the waning crescent moon and the dawn breeze. Do you want them? How about sudden bursts of joy for no apparent reasons and a warm greeting from a person you thought had a problem with you? Would you be interested in having those experiences? And what about an unexpected insight into how to improve your financial situation and a message from the future about how to acquire more stability and security? Are those blessings you might enjoy? Everything I just named will be possible in the coming weeks—especially if you formulate a desire to receive them and ask life to provide them.

+++++

HOMEWORK:

What's the best possible commotion you could stir up -- a healing commotion that would help heal and liberate you? Testify at FreeWillAstrology.com.

+++++

Submissions sent to Rob Breznsny's Astrology Newsletter or in response to "homework assignments" may be published in a variety of formats at Rob Breznsny's discretion, including but not limited to newsletters, books, the Free Will Astrology column, and Free Will Astrology website. We reserve the right to edit submissions for length, style, and content. Requests for anonymity will be honored. We are not responsible for unsolicited submission of any creative material.

Contents of the Free Will Astrology Newsletter are Copyright 2020 Rob Breznsny

+++++