



Rob Brezsny's Astrology Newsletter
March 18, 2020
FreeWillAstrology.com

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We interrupt your regularly scheduled newsletter and horoscopes to offer insights about the virus-driven turning point that the whole world is now experiencing.

As you've probably guessed, all of us are being invited to re-evaluate everything we think we know about what it means to be human. I refer to this unprecedented juncture as The Tumultuous Upgrade or The Disruptive Cure. It's a phase fraught with danger and potential opportunities; crisis and possible breakthroughs.

And while the coronavirus is the primary driving force, it won't be the only factor. We must be ready for more Rough, Tough Healings disguised as Bumpy Challenges in the coming months.

Here's the astrological lowdown: Throughout 2020, there is a rare confluence of three planets in Capricorn: Pluto, Saturn, and Jupiter. They are synergizing and compounding each other's impacts—interweaving in ways that confound us and rattle us. In the best-case scenario, they will also energize us to initiate brave transformations in our own personal lives as well as in our communities and nations.

Below is a profile of each planet's meaning.

When we are in intense and intimate relationship with Pluto—as we are now—we're invited to dive down deeper: to see life from the soul's perspective rather than from the ego's; to seek wealth and meaning not as they're defined by the material world but as they're understood by the part of us that's eternal. Descending into the mysterious Plutonian depths can be disruptive to our conscious beliefs and intentions, but may ultimately be profoundly regenerative.

When we are in intense and intimate relationship with Saturn, we're invited to get more serious and focused; to register the fact that we don't have unlimited time and energy, but must firmly decide what's important and what's not. We're asked to be ruthlessly honest about the roles that are most likely to bring out the best in us.

When we are in intense and intimate relationship with Jupiter, we're invited to risk growth and expansion; to take proactive responsibility for seeking the rich experiences that our souls long for; to aggressively enhance our lust for life.

The Tumultuous Upgrade is coming to us through the potent mix of Plutonian, Saturnian, and Jupiterian energies. In the future, I hope to address how you might take advantage of this Disruptive Cure to transform your philosophy of life and your relationship to humanity's greater good.

The short version: Use this crisis as an opportunity to deepen your understanding of how profoundly interconnected we all are. Respond to it by upgrading the way you take care of yourself, the people you love, and our natural world.

In the horoscopes below, I suggest personal shifts that will be available to you during this once-in-a-lifetime blend of planetary energies.

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MORE PRONOA RESOURCES:

From a friend in Spain: "There was a call on social media in Spain to go to balconies and windows at 10 pm and give a huge ovation to thank and support hospital workers. It's 10:05 and I can hear the roar of applause from everywhere."

Italians found a moment of joy in this time of Anxiety. Under lockdown to prevent the spread of the coronavirus, Italians broke out in song from rooftops, balconies, and windows.
tinyurl.com/sekb597

My friend Johnny Dwork created a Facebook page with this theme: "I really do believe that this pandemic can also become a positive catalyst for our personal and planetary survival and evolution."
"Alchemizing Covid-19" is at tinyurl.com/qvmw89u

(Note: I endorse these because I like them. They aren't advertisements, and I get no kickbacks.)

Please tell me your own nominations for PRONOA RESOURCES: Truthrooster@gmail.com.

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FREE WILL ASTROLOGY

Week beginning March 19

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ARIES (March 21-April 19):

Possible crises in the coming months: 1. Your power spot may be challenged or compromised. 2. Your master plan might unravel. 3. There could be disruptions in your ability to wield your influence. *Potential opportunities:* 1. You'll be motivated to find an even more suitable power spot. 2. A revised master plan will coalesce. 3. You'll be resourceful as you discover novel ways to wield your influence.

TAURUS (April 20-May 20):

Possible crises in the coming months: 1. Your vision of the big picture of your life may dissipate. 2. Old reliable approaches to learning crucial lessons and expanding your mind could lose their effectiveness. *Potential opportunities:* 1. You'll be inspired to develop an updated vision of the big picture of your life. 2. Creative new strategies for learning and expanding your mind will invigorate your personal growth.

GEMINI (May 21-June 20):

Possible crises in the coming months: 1. There may be breakdowns in communication with people you care about. 2. Contracts and agreements could fray. 3. Sexual challenges might complicate love. *Potential opportunities:* 1. You'll be inspired to reinvent the ways you communicate and connect. 2. Your willingness to revise agreements and contracts could make them work better for all concerned. 3. Sexual healing will be available.

CANCER (June 21-July 22):

Possible crises in the coming months: 1. Friends and associates could change in ways that are uncomfortable for you. 2. Images and expectations that people have of you may not match your own images and expectations. 3. Your customary approaches to exchanging energy with loved ones might be ineffective. *Potential opportunities:* 1. If you're intelligent and compassionate as you deal with the transformations in your friends and associates, your relationships could be rejuvenated. 2. You might become braver and more forceful in expressing who you are and what you want. 3. You may find vigorous new approaches to exchanging energy with loved ones.

LEO (July 23-Aug. 22):

Possible crises in the coming months: 1. Your job may not suit you as well as you wish. 2. A health issue could demand more of your attention than you'd like. 3. A problem may arise due to excessive, even obsessive, concern with your own problems. *Potential opportunities:* 1. You'll take innovative action to make your job work better for you. 2. In your efforts to solve a specific health issue, you'll upgrade your entire approach to staying healthy long-term. 3. You'll see the value of being a bit less preoccupied with your own dilemmas and more generously in service to people you care about.

VIRGO (Aug. 23-Sept. 22):

Possible crises in the coming months: 1. Love may feel confusing or unpredictable. 2. You may come up against a block to your creativity. 3. There may be glitches in your ability to express your core truths. *Potential opportunities:* 1. You'll be energized to generate new understandings about how to ensure that love works well for you. 2. Your frustration with a creative block will motivate you to uncover previously hidden keys to accessing creative inspiration. 3. You'll find new sources of inner strength as you learn to better express your core truths.

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YOU ALWAYS HAVE MORE HELP THAN YOU IMAGINE

Both people whom you know and people you don't know could very well come to your assistance and offer their support if you: 1. believe you deserve their assistance and support; 2. seek out and ask for their assistance and support.

There's a higher part of your brain that will also provide you with insight and guidance if you turn to it in humility and seek its input.

Whether or not you actually believe in spiritual beings, they, too, are ready to offer unexpected help, support, blessings and resources. If you don't believe in their existence, I invite you to pretend you do for a while and see what happens. If you do believe in them, formulate clear requests for what you'd like them to offer you.

I may also be able to provide you with compassionate guidance, both through the written horoscopes I provide in this newsletter and the Expanded Audio Horoscopes I offer online and via telephone.

To listen to your Expanded Audio Horoscope online, go to freewillastrology.sparkns.com

Register and/or log in through the main page.

You can also listen over the phone by calling 1-877-873-4888.

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The cost is \$6 per sign on the On the Web. (Discounts are available for bulk purchases.) You can also access them for \$1.99 per minute by phone

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LIBRA (Sept. 23-Oct. 22):

Possible crises in the coming months: 1. You may experience disturbances in your relationships with home and family. 2. You may falter in your ability to maintain a strong foundation. 3. There may be some shortfall in your devotion to taking good care of yourself. *Potential opportunities:* 1. Domestic disorder could inspire you to reinvent your approach to home and family, changing your life for the better. 2. Responding to a downturn in your stability and security, you'll build a much stronger foundation. 3. You'll establish vigorous new habits for taking good care of yourself.

SCORPIO (Oct. 23-Nov. 21):

Possible crises in the coming months: 1. There may be carelessness or a lack of skill in the ways you and your associates communicate and cultivate connectivity. 2. You may have problems blending elements that really need to be blended. 3. Your ability to network may lose some of its effectiveness. *Potential opportunities:* 1. You'll resolve to communicate and cultivate connectivity with a renewed panache and vigor. 2. You'll dream up fresh approaches to blending elements that need to be blended. 3. You'll dream up fresh approaches to networking.

SAGITTARIUS (Nov. 22-Dec. 21):

Possible crises in the coming months: 1. Money may be problematic. 2. Your personal integrity might undergo a challenge. 3. You could get lax about translating your noble ideas into practical actions. *Potential opportunities:* 1. You'll find inventive solutions for boosting your wealth. 2. You'll take steps to ensure your ethical code is impeccable. 3. You'll renew your commitment to translating your noble ideals into practical action.

CAPRICORN (Dec. 22-Jan. 19):

Possible predicament during the coming months: You may have an identity crisis. Who are you, anyway? What do you really want? What are your true intentions? *Potential opportunity:* You'll purge self-doubts and fuzzy self-images. You'll rise up with a fierce determination to define yourself with clarity and intensity and creativity.

AQUARIUS (Jan. 20-Feb. 18):

Possible crises in the coming months: 1. You'll be at risk for botched endings. 2. You may be tempted to avoid solving long-term problems whose time is up. *Potential opportunities:* 1. You'll make sure all endings are as graceful and complete as possible. 2. You'll dive in and finally resolve long-term problems whose time is up.

PISCES (Feb. 19-March 20):

Possible crises in the coming months: 1. Due to worries about your self-worth, you may not accept the help and support that are available. 2. Due to worries about your self-worth, you might fail to bravely take advantage of chances to reach a new level of success. *Potential opportunities:* 1. You'll take dramatic action to enhance your sense of self-worth, empowering you to welcome the help and support you're offered and take advantage of chances to reach a new level of success.

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HOMEWORK:

For more on The Tumultuous Upgrade, go to FreeWillAstrology.com

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