Rob Brezsny's Astrology Newsletter Feed



# **Rob Brezsny's Astrology Newsletter** January 15, 2020 FreeWillAstrology.com

DREAM AND SCHEME ABOUT YOUR LONG-RANGE FUTURE

with my 3-part EXPANDED AUDIO HOROSCOPES for the Coming Year:

#### freewillastrology.sparkns.com

What new influences will be headed your way in 2020? What fresh resources will you be able to draw on? How can you conspire with life to create the best possible future for yourself?

This week, my EXPANDED AUDIO HOROSCOPES feature Part 3 of the long-range, in-depth explorations of your destiny in 2020.

Part 1 and Part 2 of your Big-Picture Predictions, which I offered the last two weeks, are also still available.

What will be the story of your life in 2020? How can you exert your free will to create the adventures that'll bring out the best in you, even as you find graceful ways to cooperate with the tides of destiny?

To listen to your BIG PICTURE horoscopes online, go to freewillastrology.sparkns.com

Register and/or log in through the main page, and then click on the link "Long Range Prediction, Part 3'

The cost for the Expanded Audio Horoscopes is \$6 per horoscope. (You can get discounts for multiple purchases.)

You can also listen over the phone by calling 1-877-873-4888. The cost is \$1.99 per minute.

Each forecast is 7-9 minutes long.

P.S. You can also still access my Sneak Peek at 2020. In these expanded audio horoscopes, I describe some major themes I think you'll be working and playing with in 2020. After you register and/or log in, click on "Three Weeks Ago (Dec 24, 2019)."

# HOW TO BE A HAPPIER PERSON

Ways To Be A Happier Person In 2020:

- 1. Conquer one anxiety
- 2. Lock down a sleep schedule that works for you
- 3. Find one small self-care act that works for you and prioritize it
- 4. Spend at least 10 minutes a day outside
- 5. Regularly practice a simple mindfulness exercise
- 6. Say nice things about yourself
- 7. Work on a project that helps other people or bolsters the health of the environment
- 8. Give up or cut back on one unhealthy habit
- 9. Find a physical activity you love

10. Try meditation
11. Stop negative thoughts in their tracks
12. Invest in a quality relationship
13. Set better boundaries
14. Make a progress list each week
15. Allow yourself to be sad
16. Get a therapist if you're able to do it
17. Write in a gratitude journal
MORE: tinyurl.com/uuj8gep
HORE. dinyun.com/uujogep
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GOOD NEWS
Mauro Gatti and Julija Nėjė got bored with the media's insistence on offering us such a relentless stream of bad news, so they illustrated 50 of the best good news stories from 2019. See more stories in the comments section.
tinyurl.com/GoodNews2020
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EMPATHY IS A SUPERPOWER
The ability to imagine and empathize with the lives of others is a superpower.
A person who bases his political and philosophical opinions solely on his own personal life
experience is dangerously deficient in his empathy and his ability to imagine the real lives of others.
Anyone who has an inability and unwillingness to conceive that others have different destinies than his, different problems and difficulties from his that make it difficult to do what he conceives himself as having done, is insulated by privilege.
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MY FAMILY AND I
I'm sobbing daily for the world's pain.
But I feel healthy, and have a wonderful family.
tinyurl.com/GriefAndJoy
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DISAPPEAR YOUR FEAR
Here's your mantra: "I disappear my fear. I resurrect my audacity."
Say it or sing it. Maybe let it flow out of you after you wake each morning and are still lying in bed.
Or make it the last sound on your lips as you drop off to sleep.
Have fun with it. Dip into your imagination to come up with different ways to let it fly. Say it as your favorite cartoon character might say it, or like a person with a Swedish accent, like your inner teenager, like a parrot, like the person you'll be when you're 84 years old.
"I disappear my fear. I resurrect my audacity. I disappear my fear. I resurrect my audacity."
+ + + + + + + + + + + + + + + + + + + +
YOU CAN'T PREPARE
You can't prepare
so don't prepare for the marvelous music
the earth makes
whenever you invite the sun's ever-changing light
to turn you into your unknown self
—by me
+ + + + + + + + + + + + + + + + + + + +

#### YOUR VOW?

"I vow to interpret every experience as a direct dealing of Goddess with my soul."

OR

"I vow to interpret every experience as a direct dealing of God with my soul."

#### MORE ABOUT YOUR LONG-RANGE FUTURE

I've written four sets of horoscopes that preview the Big Picture of your life in 2020: bit.lv/2020BigPicture

What new influences will be headed your way in 2020? What fresh resources will you be able to draw on? How can you conspire with life to create the best possible future for yourself?

#### **MORE PRONOIA RESOURCES:**

More and more institutions and even whole countries are ending their investments in fossil fuels. This is happening. Money talks.

tinyurl.com/vq7o8xm

At Fugees Academy, students who arrived in the U.S. as refugees—sometimes without parents or English skills—are graduating at a rate of 90 percent.

tinyurl.com/y6x3w9yz

How Toilets Saved the West. The toilets in your home today are radically different than the ones of the 1950s—or even the 1990s—and may be the reason western cities are still habitable. tinyurl.com/tskxcef

(Note: I endorse these because I like them. They aren't advertisements, and I get no kickbacks.)

Please tell me your own nominations for PRONOIA RESOURCES: <u>Truthrooster@gmail.com</u>.

# FREE WILL ASTROLOGY Week beginning January 16

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# CAPRICORN (Dec. 22-Jan. 19):

"I love to be surprised by something I have never thought of," declares Capricorn actor Ralph Fiennes. According to my analysis of the astrological aspects, you'll be wise to make that one of your top mottoes in 2020. Why? First, life is likely to bring to your attention a steady stream of things you've never imagined. And second, your ability to make good use of surprises will be at an all-time high. Here's further advice to help ensure that the vast majority of your surprises will be welcome, even fun: Set aside as many of your dogmas and expectations as possible, so that you can be abundantly receptive to things you've never thought of.

## AQUARIUS (Jan. 20-Feb. 18):

"I love fools' experiments. I am always making them." So said one of the most famous and influential scientists who ever lived, Aquarian-born naturalist Charles Darwin. In accordance with upcoming astrological factors, I invite you to draw inspiration from his approach. Allow yourself to explore playfully as you conduct fun research. Just assume that you have a mandate to drum up educational experiences, and that a good way to do that is to amuse yourself with improvisational adventures.

## PISCES (Feb. 19-March 20):

"How do you get your main pleasure in life?" That question was posed to Scorpio author Evelyn Waugh and Piscean social reformer William Beveridge. Waugh said, "I get mine spreading alarm and despondency." Beveridge said, "I get mine trying to leave the world a better place than I found it." I hope you will favor Beveridge's approach over Waugh's in 2020, Pisces—for two reasons. First, the world already has plenty of alarm and despondency; it doesn't need even a tiny bit more. Second, aspiring to be like Beveridge will be the best possible strategy for fostering your mental and physical health.

## ARIES (March 21-April 19):

Comedian John Cleese has an insight I hope you'll consider. He says, "It's easier to do trivial things that are urgent than it is to do important things that are not urgent. It's also easier to do little things we know we can do than to start on big things that we're not so sure about." I hope you'll make this advice a priority in the coming weeks. You'll be wise to prioritize important tasks, even

those that aren't urgent, as you de-emphasize trivial matters that tempt you to think they're crucial. Focus on big things that are challenging, rather than on little things that are a snap.

## TAURUS (April 20-May 20):

Author Honoré Balzac (1799–1850) was born with sun and Mercury in Taurus and in the tenth house. Astrologers might hypothesize from these placements that he was ambitious, productive, tenacious, diligent, realistic, and willful. The evidence supporting this theory is strong. Balzac wrote over 80 novels that displayed a profound and nuanced understanding of the human comedy. I predict that 2020 will be a year when you could make dramatic progress in cultivating a Balzac-like approach in your own sphere. But here's a caveat: Balzac didn't take good care of his body. He drank far too much coffee and had a careless approach to eating and sleeping. My hope is that as you hone your drive for success, you'll be impeccable in tending to your health.

#### GEMINI (May 21-June 20):

Before he was 21 years old, William Shakespeare and his wife had birthed three kids. When he was 25, while the brood was still young, he started churning out literary masterpieces. By the time Will became a grandfather at age 43, he had written many of the works that ultimately made him one of history's most illustrious authors. From this evidence, we might speculate that being a parent and husband heightened his creative flow. I bring this to your attention because I want to ask you: What role will commitment and duty and devotion play in your life during the coming months? (I suspect it'll be a good one.)

# LET'S IMAGINE WHAT INTERESTING MYSTERIES MIGHT BE COMING YOUR WAY IN THE COMING YEAR

Who do you want to become in 2020? Where do you want to go and what do you want to do? Would you like some inspiration as you muse and wonder about your upcoming adventures?

In this week's EXPANDED AUDIO HOROSCOPES, I offer you Part 3 of MY long-term, in-depth exploration of your destiny in the coming year.

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"Your long-range audio horoscopes encouraged me to think bigger about my life. As I listened, I could feel my shrunken expectations melting away." - Therese Pembroke, San Diego

"Your big-picture horoscopes filled the gaps in my imagination. They woke up the fun plot twists that had been just on the tip of my ability to visualize." - Ani Kraft, Brattleboro, VT

# CANCER (June 21-July 22):

Cancerian-born painter Stanley Spencer (1891–1959) didn't align himself with any artistic movement. Early on, his work was an odd blend of French Post-Impressionism and 14th-century Italian painting. I appreciate his stylistic independence, and suggest you draw inspiration from it in 2020. Another unique aspect of Spencer's art was its mix of eroticism and religiosity. I think you'll enjoy exploring that blend yourself in the coming months. Your spiritual and sexual longings could be quite synergistic. There's one part of Spencer's quirky nature I don't recommend you imitate, however. He often wore pajamas beneath his clothes, even to formal occasions. Doing that wouldn't serve your interests. (But it will be healthy for you to be *somewhat* indifferent to people's opinions.)

# LEO (July 23-Aug. 22):

Johannes Gutenberg invented the printing press in the 1440s. In subsequent decades, millions of mass-produced books became available for the first time, making their contents available to a far wider audience than ever before. The printing press caused other changes, too—some not as positive. For instance, people who worked as scribes found it harder to get work. In our era, big culture-wide shifts are impacting our personal lives. Climate change, the internet, smart phones, automation, and human-like robots are just a few examples. What are doing to adjust to the many innovations? And what will you do in the future? Now is an excellent time to meditate on these issues.

## VIRGO (Aug. 23-Sept. 22):

You're skilled at the art of self-editing. When bright new ideas well up in you, you understand they are not yet ready for prime time, but will need to be honed and finessed. When your creativity overflows, tantalizing you with fresh perspectives and novel approaches, you know that you'll have to harness the raw surge. However, it's also true that sometimes you go too far in your efforts to refine your imagination's breakthroughs; you over-think and over-polish. But I have a good feeling about the coming weeks, Virgo. I suspect you'll find the sweet spot, self-editing with just the right touch.

## LIBRA (Sept. 23-Oct. 22):

Thomas Love Peacock was a Libran author whose specialty was writing satirical novels that featured people sitting around tables arguing about opinions and ideas. He was not renowned for cheerful optimism. And yet he did appreciate sheer beauty. "There is nothing perfect in this world," he said, "except Mozart." So much did Peacock love Mozart's music that during one several-month stretch he attended six performances of the genius's opera *Don Giovanni*. In this spirit, Libra, and in accordance with astrological indicators, I encourage you to make a list of your own perfect things—and spend extra time communing with them in the coming weeks.

#### **SCORPIO (Oct. 23-Nov. 21):**

Jean-Michel Basquiat started his career as a graffiti artist. When he evolved into being a full-time painter, he incorporated words amidst his images. On many occasions, he'd draw lines through the words. Why? "I cross out words so you will see them more," he said. "The fact that they are obscured makes you want to read them." In the coming weeks, you might benefit from discreetly using this strategy in your own life. In other words, draw attention to the things you want to emphasize by downplaying them or being mysterious about them or suggesting they are secret. Reverse psychology can be an asset for you.

#### SAGITTARIUS (Nov. 22-Dec. 21):

Because of the onslaught of the internet and social media, lots of people no longer read books. But in 2020, I highly recommend that you *not* be one of that crowd. In my astrological opinion, you need more of the slow, deep wisdom that comes from reading books. You will also benefit from other acts of rebellion against the Short Attention Span Era. Crucial blessings will flow in your direction as you honor the gradual, incremental approach to everything.

direction as you honor the gradual, incremental approach to everything.

#### **HOMEWORK:**

How will you create the story of your life in 2020? RealAstrology.com

Submissions sent to Rob Brezsny's Astrology Newsletter or in response to "homework assignments" may be published in a variety of formats at Rob Brezsny's discretion, including but not limited to newsletters, books, the Free Will Astrology column, and Free Will Astrology website. We reserve the right to edit submissions for length, style, and content. Requests for anonymity will be honored. We are not responsible for unsolicited submission of any creative material.

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