Rob Brezsny's Astrology Newsletter Feed



Rob Brezsny's Astrology Newsletter January 3, 2018 FreeWillAstrology.com

EXPLORE YOUR LONG-RANGE FUTURE

with my 3-Part EXPANDED AUDIO HOROSCOPES for the Coming Year.

RealAstrology.com

Who do you want to become in 2018? Where do you want to go and what do you want to do? My reports might stimulate and inspire your meditations about the interesting possibilities.

This week, my EXPANDED AUDIO HOROSCOPES feature Part 2 of my long-range, in-depth explorations of your destiny in 2018.

Part 1 of your Beginning-of-the-Year Predictions, which I offered last week, is also still available. Part 3 will be ready for you on January 9.

What will be the story of your life in 2087? How can you exert your free will to create adventures that'll bring out the best in you, even as you find graceful ways to cooperate with the tides of destiny?

To listen to your BIG PICTURE horoscopes online, go here: RealAstrology.com

Register and/or log in through the main page, and then click on the link "Long Term Prediction, Part 2

The cost for the Expanded Audio Horoscopes is \$6 per sign. (You can get discounts for multiple

You can also listen over the phone by calling 1-877-873-4888. The cost is \$1.99 per minute.

Each forecast is 7-9 minutes long.

P.S. You can also still access my Sneak-Peek at 2018. In these expanded audio horoscopes, I describe some major themes I think you'll be working and playing with in 2018. After you register and/or log in, click on "Two Weeks Ago (Dec. 19, 2017)."

HOW TO BECOME MORE OPTIMISTIC

"Try to think of three new things you're happy about while brushing your teeth at night. The word new is important. If you let yourself repeat items, you might default to some variation of 'family, friends, and health' every day.

But if you have to come up with three novel, specific reasons to be happy or grateful, your brain" will naturally start making mental notes of things you can include in your list throughout the day."

More: tinyurl.com/y846n3t6

THE HISTORY OF YOUR RELATIONSHIP WITH DESIRE

Imagine it's 30 years from now. You're looking back at the history of your relationship with desire. There was a certain watershed moment when you clearly saw that some of your desires were mediocre, inferior, and wasteful, while others were pure, righteous, and invigorating.

Beginning then, you made it a life goal to purge the former and cultivate the latter.

Thereafter, you occasionally wandered down dead ends trying to gratify yearnings that weren't worthy of you, but usually you wielded your passions with discrimination, dedicating them to serve the highest and most interesting good.

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YOU ARE A CREATOR
Even if you don't call yourself an artist, you have the potential to be a dynamic creator who is always hatching new plans, coming up with fresh ideas, and shifting your approach to everything you do as you adjust to life's ceaseless invitation to change.
It's to this part of you the restless, inventive spirit that I address the following: Unleash yourself! Don't be satisfied with the world the way it is; don't sit back passively and blankly complain about the dead weight of the mediocre status quo.
Instead, call on your curiosity and charisma and expressiveness and lust for life as you tinker with and rebuild everything you see so that it's in greater harmony with the laws of love and more hospitable to your soul's code.
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YOUR ANTI-RESOLUTIONS
Every January 1, many people make New Year's resolutions, promising to embark on programs of self-improvement. But your assignment now, should you choose to accept it, is to create a list of ANTI-resolutions.
Here are some questions to guide you:
What outlandish urges and controversial tendencies do you promise to cultivate in the coming months?
2. What nagging irritations will you ignore and avoid with even greater ingenuity?
3. What problems do you promise to exploit in order to have even more fun as you make the status quo accountable for its corruption?
4. What boring rules and traditions will you thumb your nose at, paving the way for exciting encounters with strange attractors?
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YOUR HOLIEST DESIRE
I invite you to devote five minutes to visualizing the fulfillment of your holiest desire, followed by five minutes of visualizing the fulfillment of a loved one's holiest desire.
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FORGIVE YOURSELF
Forgive yourself for the blindness that put you in the path of those who betrayed you.
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My book <i>PRONOIA IS THE ANTIDOTE FOR PARANOIA</i> is available at Amazon: bit.ly/Pronoia or Powells: bit.ly/PronoiaPowells
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MORE PRONOIA RESOURCES:
Can kindness be taught? <u>tinyurl.com/y8kwlz7t</u>
New York City and State will divest \$390 billion pensions from fossil fuels: "an undeniable victory for the global divestment movement." tinyurl.com/ybou4wgz
One of the number one ways to reduce global greenhouse gasses: educate and empower women
and girls. drawdown.org/solutions/women-and-girls/educating-girls
(Note: I endorse these because I like them. They aren't advertisements, and I get no kickbacks.)
Please tell me your own nominations for PRONOIA RESOURCES: <u>Truthrooster@gmail.com</u> .
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FREE WILL ASTROLOGY Week beginning January 4

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CAPRICORN (Dec. 22-Jan. 19):

Soulful beauty will be a major theme for you in 2018. Or at least it should be. But I suppose it's possible you're not very interested in soulful beauty, perhaps even bored by it. Maybe you prefer skin-deep beauty or expensive beauty or glamorous beauty. If you choose to follow predilections like those, you'll lose out on tremendous opportunities to grow wilder and wiser. But let's hope you make yourself available for a deeper, more provocative kind of beauty -- a beauty that you could become more skilled at detecting as the year unfolds.

AQUARIUS (Jan. 20-Feb. 18):

"Let your freak flag fly" was an expression that arose from the hippie culture of the 1960s and 1970s. It was a colorful way to say, "Be your most unique and eccentric self; show off your idiosyncrasies with uninhibited pride." I propose that we revive it for your use in 2018. I suspect the coming months will be a favorable time for you to cultivate your quirks and trust your unusual impulses. You should give yourself maximum freedom to explore pioneering ideas and maverick inclinations. Paradoxically, doing so will lead to stabilizing and enduring improvements in your life.

PISCES (Feb. 19-March 20):

In accordance with the astrological omens, I suggest you start compiling a list entitled, "People, Places, Ideas, and Things I Didn't Realize Until Now That I Could Fall in Love With." And then keep adding more and more items to this tally during the next ten months. To get the project underway in the proper spirit, you should wander freely and explore jauntily, giving yourself permission to instigate interesting mischief and brush up against deluxe temptations. For best results, open your heart and your eyes as wide as you can. One further clue: Act on the assumption that in 2018 you will be receptive to inspirational influences and life-transforming teachings that you have never before been aware of.

ARIES (March 21-April 19):

In 2018, your past will undergo transformation. Your memories will revise and rearrange themselves. Bygone events that seemed complete and definitive will shimmy and shift, requiring new interpretations. The stories you have always told about how you became who you are will have to be edited, perhaps even rewritten. While these overhauls may sometimes be disconcerting, they will ultimately be liberating.

TAURUS (April 20-May 20):

In 2018, people will be drawn to you even more than usual. Some will want you to be their rock - their steady, stable source of practical truth. Some will ask you to be their tonic -- their regular, restorative dose of no-nonsense. And others will find in you a creative catalyst that helps them get out of their ruts and into their grooves. And what will you receive in return for providing such a stellar service? First, there'll be many opportunities to deepen and refine your integrity. To wield that much influence means you'll have to consistently act with high-minded motivations. And secondly, Taurus, you'll get a steady supply of appreciation that will prove to be useful as well as gratifying.

GEMINI (May 21-June 20):

Influences that oppose you will fade as 2018 unfolds. People who have been resistant and uncooperative will at least partially disengage. To expedite the diminishing effects of these influences and people, avoid struggling with them. Loosen the grip they have on your imagination. Any time they leak into your field of awareness, turn your attention instead to an influence or person that helps and supports you. Here's another idea about how to collaborate with the cosmic rhythms to reduce the conflict in your life: Eliminate any unconscious need you might have for the perversely invigorating energy provided by adversaries and bugaboos. Find positive new ways to motivate yourself.

WHAT'S YOUR LONG-RANGE FUTURE?

Would you like some inspiration as you muse and wonder about your upcoming adventures in 2018?

In this week's EXPANDED AUDIO HOROSCOPES, I offer you Part 2 of a long-term, in-depth exploration of your destiny in the coming year.

Part 3 will be available next week. Part 1 is still available.

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CANCEN Guile 21-July 22/.

I predict that in 2018 you will figure out how to get your obsessions to consistently work for your greatest good. You will come to understand what you must do to ensure they never drag you down into manic self-sabotage. The resolute ingenuity you summon to accomplish this heroic feat will change you forever. You will be reborn into a more vibrant version of your life. Passions that in the past have drained and confused you will become efficient sources of fuel for your worthiest dreams.

LEO (July 23-Aug. 22):

Just because you have become accustomed to a certain trouble doesn't mean you should stop searching for relief from that trouble. Just because a certain pain no longer knocks you into a demoralized daze for days at a time doesn't mean it's good for you. Now here's the good news: In 2018, you can finally track down the practical magic necessary to accomplish a thorough healing of that trouble and pain. Make this the year you find a more ultimate cure.

VIRGO (Aug. 23-Sept. 22):

Have you ever nursed a yearning to speak Swahili or Chinese or Russian? The coming months will be an excellent time to get that project underway. Do you fantasize about trying exotic cuisines and finding new favorite foods? I invite you to act on that fantasy in 2018. Is there a form of manual labor that would be tonic for your mental and physical health? Life is giving you a goahead to do more of it. Is there a handicraft or ball game you'd like to become more skilled at? Get started. Is there a new trick you'd like to learn to do with your mouth or hands? Now's the time.

LIBRA (Sept. 23-Oct. 22):

Before the fifteenth century, European nations confined their sailing to the Mediterranean Sea. The ocean was too rough for their fragile, unadaptable ships. But around 1450, the Portuguese developed a new kind of vessel, the caravel. It employed a triangular sail that enabled it to travel against the wind. Soon, exploratory missions ventured into the open sea and down along the coast of West Africa. Eventually, this new technology enabled long westward trips across the Atlantic. I propose that we make the caravel your symbol of power for 2018, Libra. According to my reading of the astrological omens, you will find or create a resource that enables you to do the metaphorical equivalent of effectively sailing into the wind.

SCORPIO (Oct. 23-Nov. 21):

The Aztecs were originally wanderers. They kept moving from place to place, settling temporarily in areas throughout the land we now call Mexico. An old prophecy told them that they would eventually find a permanent home at a site where they saw an eagle roosting on a cactus as it clutched a snake in its talons. There came a day in the fourteenth century when members of the tribe spied this very scene on an island in the middle of a lake. That's where they began to build the city that in time was the center of their empire. I bring this to your attention, Scorpio, so it can serve as a metaphor to guide you in 2018. I suspect that you, too, will discover your future power spot -- the heart of your domain for years to come.

SAGITTARIUS (Nov. 22-Dec. 21):

Not every minute of every day, but when you have had the time, you've been searching for a certain treasure. With patience and persistence, you have narrowed down its whereabouts by collecting clues and following your intuition. Now, at last, you know its exact location. As you arrive, ready to claim it, you tremble with anticipation. But when you peel away the secrets in which it has been wrapped, you see that it's not exactly what you expected. Your first response is disappointment. Nevertheless, you decide to abide in the presence of the confusing blessing and see what happens. Slowly, incrementally, you become aware of a new possibility: that you're not quite ready to understand and use the treasure; that you'll have to grow new capacities before you'll be ready for it in its fullness.

HOMEWORK:

I'd love to see your top five New Year's resolutions. Share by going to $\underline{\text{RealAstrology.com}}$ and clicking on "Email Rob."

Submissions sent to Rob Brezsny's Astrology Newsletter or in response to "homework assignments" may be published in a variety of formats at Rob Brezsny's discretion, including but not limited to newsletters, books, the Free Will Astrology column, and Free Will Astrology website. We reserve the right to edit submissions for length, style, and content. Requests for anonymity will be honored. We are not responsible for unsolicited submission of any creative material.

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