

"To hell with my suffering," wrote Arthur Rimbaud in his poem "May Dismers." I invite you to make that snappy phrase your mantra for now. Anytime you feel a sour thought impinging on your perceptions, say, "To hell with my suffering."

And immediately follow it up with an expostulation from another Rimbaud poem, "It's all too beautiful."

You could be ruthless about it. If you sense an imminent outbreak of pettiness, or if a critical little voice in your head blurts out a curse, or if a pesky ghost starts to nag you, simply say, "To hell with my suffering," and then, "It's all too beautiful."

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TELEPATHICS ANONYMOUS

Telepathics Anonymous is a 12-step program for those who aren't aware of how the thoughts and feelings of others leak over into their own.

Are you suffering because you imagine your psyche is an utterly separate and sealed-off territory? Would reality make a lot more sense if you knew for sure that you are in continual extrasensory contact with more souls than you can imagine?

Telepathics Anonymous offers proof that human minds overlap all the time!

As a get-acquainted gift, Telepathics Anonymous would like to present you with an omen concerning the future of your relationship with love. Look for it exactly 95 hours and 19 minutes from right now.

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ATTUNE YOURSELF TO BEAUTY

What do you need to kill off in yourself in order to tune in to the beauty that's hidden from you? What worn-out shticks are blinding you to the blessings that life is conspiring to give you?

Which of your theories may have been useful and even brilliant in the past but are now keeping you from becoming aware of the ever-fresh creation that unfolds before you?

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MORE PRONOIA RESOURCES:

20 Ways to practice gratitude: tinyurl.com/y9uhf73e

Intelligent Optimism: www.intelligentoptimism.com/news

China breaks ground on first "Forest City" that fights air pollution | a community where all buildings are entirely covered in nearly a million plants of over 100 species, as well as 40,000 trees, (inhabitat.com)

tinyurl.com/yaee63b5

(Note: I endorse these because I like them. They aren't advertisements, and I get no kickbacks.)

Please tell me your own nominations for PRONOIA RESOURCES: Truthrooster@gmail.com.

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FREE WILL ASTROLOGY

Week beginning July 6

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CANCER (June 21-July 22):

It's prime time for you to break through any inhibitions you might have about accessing and expressing your passion. To help you in this righteous cause, I've assembled a batch of words you should be ready to use with frequency and sweet abandon. Consider writing at least part of this list on your forearm with a felt-tip pen every morning so it's always close at hand: enamored, piqued, enchanted, stirred, roused, enthused, delighted, animated, elevated, thrilled, captivated, turned-on, enthralled, exuberant, fired up, awakened.

LEO (July 23-Aug. 22):

Matt Groening, creator of the cartoon series *The Simpsons*, says that a great turning point in his early years came when his Scoutmaster told him he was the worst Boy Scout in history. While this might have demoralized other teenagers, it energized Groening. "Well, somebody's got to be the worst," he triumphantly told the Scoutmaster. And then, "instead of the earth opening up and swallowing me, instead of the flames of hell fire licking at my knees -- nothing happened. And I was free." I suspect you may soon be blessed with a comparable liberation, Leo. Maybe you'll be released from having to live up to an expectation you shouldn't even live up to. Or maybe you'll be criticized in a way that will motivate your drive for excellence for years to come.

VIRGO (Aug. 23-Sept. 22):

Nineteen of my readers who work in the advertising industry signed a petition requesting that I

stop badmouthing their field. "Without advertising," they testified, "life itself would be impossible." In response, I agreed to attend their re-education seminar. There, under their tutelage, I came to acknowledge that everything we do can be construed as a kind of advertising. Each of us is engaged in a mostly unconscious campaign to promote our unique way of looking at and being in the world. Realizing the truth, I now feel no reservations about urging you Virgos to take advantage of the current astrological omens. They suggest that you can and should be aggressive and ingenious about marketing yourself, your ideas, and your products.

LIBRA (Sept. 23-Oct. 22):

In 2003, the American Film Institute announced the creation of a new prize to honor acting talent. Dubbed the Charlton Heston Award, it was designed to be handed out periodically to luminaries who have distinguished themselves over the course of long careers. The first recipient of the award was, oddly enough, Charlton Heston himself, born under the sign of Libra. I hope you're inspired by this story to wipe away any false modesty you might be suffering from. The astrological omens suggest it's a favorable moment to create a big new award named after you and bestow it upon yourself. As part of the festivities, tell yourself about what makes you special, amazing, and valuable.

SCORPIO (Oct. 23-Nov. 21):

Here's your riddle: What unscratchable itch drives you half-crazy? But you're secretly glad it drives you half-crazy, because you know your half-craziness will eventually lead you to an experience or resource that will relieve the itch. Here's your prophecy: Sometime soon, scratching the unscratchable itch will lead you to the experience or resource that will finally relieve the itch. Here's your homework: Prepare yourself emotionally to fully receive and welcome the new experience or resource. Make sure you're not so addicted to scratching the unscratchable itch that you fail to take advantage of the healing it's bringing you.

SAGITTARIUS (Nov. 22-Dec. 21):

The best way to go forward is to go backward; the path to the bright future requires a shadowy regression. Put another way, you should return to the roots of a triumph in order to find a hidden flaw that might eventually threaten to undo your success. Correct that flaw now and you'll make it unnecessary for karmic repercussions to undermine you later. But please don't get all solemn-faced and anxious about this assignment. Approach it with humorous self-correction and you'll ensure that all goes well.

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BRAINSTORM ABOUT THE BIG PICTURE OF YOUR LIFE

with my Expanded Audio Horoscopes for the Second Half of 2017 and onward into 2018.

In the coming months, what areas of your life are likely to receive unexpected assistance and divine inspiration?

Where are you likely to find most success?

How can you best cooperate with the cosmic rhythms?

What questions should you be asking?

To hear my LONG-TERM AUDIO FORECAST, register and/or sign in here:

RealAstrology.com

After you log in through the main page, click on the link "Long Term Forecast for Second Half of 2017."

You can also listen to your short-term forecast for the coming week by clicking on "This week (July 4, 2017)."

The horoscopes cost \$6 apiece. Discounts are available for multiple purchases.

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CAPRICORN (Dec. 22-Jan. 19):

Are you familiar with the psychological concepts of anima and animus? You're in the midst of being intoxicated by one of those creatures from inner space. Though you may not be fully conscious of it, you women are experiencing a mystical marriage with an imaginal character that personifies all that's masculine in your psyche. You men are going through the analogous process with a female figure within you. I believe this is true no matter what your sexual orientation is. While this awesome psychological event may be fun, educational, and even ecstatic, it could also be confusing to your relationships with real people. Don't expect them to act like or live up to the very real fantasy you're communing with.

AQUARIUS (Jan. 20-Feb. 18):

As a recovering save-the-world addict, I have felt compassionate skepticism towards my fellow junkies who are still in the throes of their obsession. But recently I've discovered that just as a small minority of alcoholics can safely take a drink now and then, so can a few save-the-world-aholics actually save the world a little bit at a time without getting strung-out. With that as a disclaimer, Aquarius, I'm letting you know that the cosmos has authorized you to pursue your own brand of fanatical idealism in the coming weeks. To keep yourself honest, make fun of your zealotry every now and then.

PISCES (Feb. 19-March 20):

The potential breakthrough I foresee for you is a rare species of joy. It's a gritty, hard-earned pleasure that will spawn beautiful questions you'll be glad to have awakened. It's a surprising

departure from your usual approach to feeling good that will expand your understanding of what happiness means. Here's one way to ensure that it will visit you in all of its glory: Situate yourself between the fabulous contradictions in your life and say, "Squeeze me, tease me, please me."

ARIES (March 21-April 19):

Unless you were raised by a pack of feral raccoons or a fundamentalist cult, now is a perfect time to dive in to your second childhood. Is there a toy you wanted as a kid but never got? Buy it for yourself now! What were the delicious foods you craved back then? Eat them! Where were the special places you loved? Go there, or to spots that remind you of them. Who were the people you were excited to be with? Talk with them. Actions like these will get you geared up for a full-scale immersion in innocent eagerness. And that would be just the right medicine for your soul.

TAURUS (April 20-May 20):

What I wish for you, Taurus, is toasted ice cream and secrets in plain sight and a sacred twist of humorous purity. I would love for you to experience a powerful surrender and a calm climax and a sweeping vision of a small but pithy clue. I very much hope that you will get to take a big trip to an intimate turning point that's not too far away. I pray you will find or create a barrier that draws people together instead of keeping them apart.

GEMINI (May 21-June 20):

In Dr. Seuss's book, *Horton Hatches an Egg*, an elephant assumes the duty of sitting on a bird's egg, committed to keeping it warm until hatching time. The nest is located high in a tree, which makes the undertaking even more incongruous. By the climax of the tale, Horton has had to persist in his loyal service through a number of challenges. But all ends well, and there's an added bonus: The creature that's born is miraculously part-bird, part-elephant. I see similarities between this story and your life right now, Gemini. The duty you're carrying out doesn't come naturally, and you're not even sure you're doing it right. But if you keep at it till it's completed, you'll earn a surprising reward.

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HOMEWORK:

What was the pain that healed you most? What was the pleasure that hurt you the worst? Testify at FreeWillAstrology.com.

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Submissions sent to Rob Brezsny's Astrology Newsletter or in response to "homework assignments" may be published in a variety of formats at Rob Brezsny's discretion, including but not limited to newsletters, books, the Free Will Astrology column, and Free Will Astrology website. We reserve the right to edit submissions for length, style, and content. Requests for anonymity will be honored. We are not responsible for unsolicited submission of any creative material.

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