

It's not always necessary to have an expansive view of where you have been and where you are going, but it's crucial right now. So I suggest that you take an inventory of the big picture. For guidance, study this advice from philosopher Friedrich Nietzsche: "What have you truly loved? What has uplifted your soul, what has dominated and delighted it at the same time? Assemble these revered objects in a row before you and they may reveal a law by their nature and their order: the fundamental law of your very self."

LEO (July 23-Aug. 22):

Sportswear manufacturer Adidas is looking for ways to repurpose trash that humans dump in the oceans. One of its creations is a type of shoe made from illegal deep-sea nets that have been confiscated from poachers. I invite you to get inspired by Adidas's work. From an astrological perspective, now is a good time to expand and refine your personal approach to recycling. Brainstorm about how you could convert waste and refuse into useful, beautiful resources -- not just literally, but also metaphorically. For example, is there a ruined or used-up dream that could be transformed into raw material for a shiny new dream?

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WHY IS IT CALLED "FREE WILL" ASTROLOGY?

It's called Free Will Astrology because my goal is to create horoscopes that nurture your free will!

And if you ever want more than the 'scopes you're reading here, keep in mind that I also create EXPANDED AUDIO HOROSCOPES for you. They're four-to-five-minute meditations on the current state of your destiny.

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"Your audio horoscopes help me love myself better, and I mean that in a non-narcissistic way."
-Deva P., Indianapolis

"I'm really grateful for the way you pick up my telepathic requests and answer them in your expanded audio 'scopes."
-Marion H., Birmingham, AL

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P.S. My long-range, big-picture audio horoscopes for the coming months are still available. Register and/or log in through the main page, and then access the horoscopes by clicking on "Long Range Prediction." (Choose from Part 1, Part 2, Part 3.)

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VIRGO (Aug. 23-Sept. 22):

"There isn't enough of anything as long as we live," wrote Raymond Carver. "But at intervals a sweetness appears and, given a chance, prevails." According to my analysis of the astrological omens, Virgo, you'll soon be gliding through one of these intervals. Now and then you may even experience the strange sensation of being completely satisfied with the quality and amount of sweetness that arrives. To ensure optimal results, be as free from greed as you can possibly be.

LIBRA (Sept. 23-Oct. 22):

"For a wound to heal, you have to clean it out," says author Yasmin Mogahed. "Again, and again, and again. And this cleaning process stings. The cleaning of a wound hurts. Yes. Healing takes so much work. So much persistence. And so much patience." According to my analysis, Libra, you should be attending to this tough but glorious task. Although the work might be hard, it won't be anywhere near as hard as it usually is. And you are likely to make more progress than you would be able to at other times.

SCORPIO (Oct. 23-Nov. 21):

"The other day, lying in bed," writes poet Rodger Kamenetz, "I felt my heart beating for the first time in a long while. I realized how little I live in my body, how much in my mind." He speaks for the majority of us. We spend much of our lives entranced by the relentless jabber that unfolds between our ears. But I want to let you know, Scorpio, that the moment is ripe to rebel against this tendency in yourself. In the coming weeks, you will have a natural talent for celebrating your body. You'll be able to commune deeply with its sensations, to learn more about how it works, and to exult in the pleasure it gives you and the wisdom it provides.

SAGITTARIUS (Nov. 22-Dec. 21):

In his "Dream Song 67," poet John Berryman confesses, "I am obliged to perform in complete darkness operations of great delicacy on my self." I hope you will consider embarking on similar heroics, Sagittarius. It's not an especially favorable time to overhaul your environment or try to get people to change in accordance with your wishes. But it's a perfect moment to spruce up your inner world -- to tinker with and refine it so that everything in there works with more grace.

And unlike Berryman, you won't have to proceed in darkness. The light might not be bright, but there'll be enough of a glow to see what you're doing.

CAPRICORN (Dec. 22-Jan. 19):

Here's the dictionary's definition of the word "indelible": "having the quality of being difficult to remove, wash away, blot out, or efface; incapable of being canceled, lost, or forgotten." The word is often used in reference to unpleasant matters: stains on clothes, biases that distort the truth, superstitions held with unshakable conviction, or painful memories of romantic break-ups. I am happy to let you know that you now have more power than usual to dissolve seemingly indelible stuff like that. Here's a trick that might help you: Find a new teacher or teaching that uplifts you with indelible epiphanies.

AQUARIUS (Jan. 20-Feb. 18):

According to poet Tony Hoagland, most of us rarely "manage to finish a thought or a feeling; we usually get lazy or distracted and quit halfway through." Why? Hoagland theorizes that we "don't have the time to complete the process, and we dislike the difficulty and discomfort of the task." There's a cost for this negligence: "We walk around full of half-finished experiences." That's why Hoagland became a poet. He says that "poems model the possibility of feeling all the way through an emotional process" and "thinking all the way through a thought." The coming weeks will be a favorable time to get more in the habit of finishing your own feelings and thoughts, Aquarius. It will also be more important than usual that you do so! (Hoagland's comments appeared in *Gulf Coast: A Journal of Literature and Fine Arts*.)

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HOMEWORK:

Imagine gazing into the eyes of the person you were ten years ago. What do you want to say to the Old You? Freewillastrology.com

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Submissions sent to Rob Breznsny's Astrology Newsletter or in response to "homework assignments" may be published in a variety of formats at Rob Breznsny's discretion, including but not limited to newsletters, books, the Free Will Astrology column, and Free Will Astrology website. We reserve the right to edit submissions for length, style, and content. Requests for anonymity will be honored. We are not responsible for unsolicited submission of any creative material.

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