



Rob Brezsny's Astrology Newsletter
December 2, 2015
FreeWillAstrology.com

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My book *PRONOIA IS THE ANTIDOTE FOR PARANOIA* is available at Amazon: bit.ly/Pronoia or Powells: bit.ly/PronoiaPowells

Below are excerpts.

The phrase "new roses" can serve as an antidote to neurosis -- as a kind of magical spell. You might invoke it when you're in danger of getting undermined by either your own neurosis or someone else's.

If you notice, for instance, that your subconscious mind is spiraling down into a sour fantasy stirred up by one of your habitual fears, you could mutter a cheerful round of "new roses, new roses, new roses."

If your allies slip into the same compulsive behavior that they tend to get stuck in whenever stress overflows, you could chant "new roses, new roses, new roses" in a tuneful, affectionate tone.

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You don't have to tone down or apologize for your prowess, because you love it when other people shine. You exult in your own excellence without regarding it as a sign of inherent superiority. As you ripen more and more of your latent aptitude, you inspire the rest of us to claim our own idiosyncratic magnificence.

You're a star -- and so am I. My success encourages your brilliance, and vice versa. Your charisma enhances my power -- and vice versa.

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Life is a vast and intricate conspiracy designed to keep us well-supplied with blessings. What kind of blessings? Ten million dollars, a gorgeous physique, a perfect marriage, a luxurious home, and high status? Maybe.

But just as likely: interesting surprises, dizzying adventures, gifts you hardly know what to do with, and conundrums that dare you to get smarter. Novelist William Vollman referred to the latter types of blessings when he said that "the most important and enjoyable thing in life is doing something that's a complicated, tricky problem for you that you don't know how to solve."

The Christian writer C. S. Lewis said: "I thank God that He hasn't given me all the things I've prayed for, because as I look back now I realize it would have been disastrous to have received some of them."

Pronoia provides the boons and prods your soul needs, not necessarily those your ego craves.

Pronoia doesn't promise uninterrupted progress forever. It's not a slick commercial for a perfect summer day that never ends. Grace emerges in the ebb and flow, not just the flow. The waning reveals a different kind of blessing than the waxing.

But whether it's our time to ferment in the valley of shadows or rise up singing in the sun-splashed meadow, fresh power to transform ourselves is always on the way. Our suffering won't last, nor will our triumph. Without fail, life will deliver the creative energy we need to change into the new thing we must become.

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"If you're really listening, if you're awake to the poignant beauty of the world, your heart breaks regularly. In fact, your heart is made to break; its purpose is to burst open again and again so that it can hold ever-more wonders."

-Andrew Harvey, *The Return of the Mother*

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"To feel the love of people whom we love is a fire that feeds our life. But to feel the affection that comes from those we do not know, from those unknown to us, who are watching over our sleep and solitude, over our dangers and our weakness -- that is something still greater and more beautiful because it widens the boundaries of our being, and unites all living things."

-Pablo Neruda, *The Book of Virtues*

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"No work is more worthwhile than to be a sign of divine joy and a fountain of divine love."

-Andrew Harvey

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"We live in a world of theophanies. Holiness comes wrapped in the ordinary. There are burning bushes all around you. Every tree is full of angels. Hidden beauty is waiting in every crumb. Life wants to lead you from crumbs to angels, but this can happen only if you are willing to unwrap the ordinary by staying with it long enough to harvest its treasure."

-Macrina Wiederkehr

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"Start doing the things you think should be done, and start being what you think society should become. Do you believe in free speech? Then speak freely. Do you love the truth? Then tell it. Do you believe in an open society? Then act in the open. Do you believe in a decent and humane society? Then behave decently and humanely."

- Adam Michnik

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"Give us this day our daily hunger," prayed French philosopher Gaston Bachelard. "Give us this day our holy longings," prayed me.

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This is what my Goddess friend Durga told me, and I believe her:

"1. I vow to Siamese-twin together my bad-ass, no-hype, wide-eyed self with my tricky, strategic, puzzle-loving self.

"2. I vow to rage on like a dancing warrior in the urban wilderness, keeping peak experiences and total slaphappy victory at the top of my priority list, while at the same time I play hide-and-seek with the dark delicious secrets that fuel my soul's lust for wicked meaning.

"3. I vow to deepen the collaborative efforts of my suck-out-the-marrow-and-spit-out-the-bones craziness and my listen-carefully-to-the-flow-of-the-underground-river caginess."

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MORE PRONOIA RESOURCES:

Rojava is a Kurdish region in Northern Syria that's ruled by feminists. Rojava's constitution enshrines gender equality and religious freedom. Recruits to Rojava's 6,000-strong police force receive their weapons only after two weeks of feminist instruction. tinyurl.com/jx8c96f

Wind-power company to replace bird-killing Altamont turbines tinyurl.com/oa5kq22

California bans antibiotics in meat. tinyurl.com/jf48h6w

(Note: I endorse these because I like them. They are not advertisements, and I get no kickbacks.)

Please tell me your own personal nominations for PRONOIA RESOURCES.

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FREE WILL ASTROLOGY

Week beginning December 3

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SAGITTARIUS (Nov. 22-Dec. 21):

"Like all explorers, we are drawn to discover what's out there without knowing yet if we have the courage to face it." Buddhist teacher Pema Chödrön said that, and now I'm telling you. According to my divinations, a new frontier is calling to you. An unprecedented question has awakened. The urge to leave your familiar circle is increasingly tempting. I don't know if you should you surrender to this brewing fascination. I don't know if you will be able to gather the resources you would require to carry out your quest. What do you think? Will you be able to summon the necessary audacity? Maybe the better inquiry is this: Do you vow to use all your soulful ingenuity to summon the necessary audacity?

CAPRICORN (Dec. 22-Jan. 19):

"Once I witnessed a windstorm so severe that two 100-year-old trees were uprooted on the spot," Mary Ruefle wrote in her book *Madness, Rack, and Honey*. "The next day, walking among the wreckage, I found the friable nests of birds, completely intact and unharmed on the ground." I think that's a paradox you'd be wise to keep in mind, Capricorn. In the coming weeks, what's most delicate and vulnerable about you will have more staying power than what's massive and fixed. Trust your grace and tenderness more than your fierceness and forcefulness. They will make you as smart as you need to be.

AQUARIUS (Jan. 20-Feb. 18):

Aztec king Montezuma II quenched his daily thirst with one specific beverage. He rarely drank anything else. It was ground cocoa beans mixed with chili peppers, water, vanilla, and annatto.

anything else. It was ground cocoa beans mixed with chili peppers, water, vanilla, and amaranth. Spiced chocolate? You could call it that. The frothy brew was often served to him in golden goblets, each of which he used once and then hurled from his royal balcony into the lake below. He regarded this elixir as an aphrodisiac, and liked to quaff a few flagons before heading off to his harem. I bring this up, Aquarius, because the coming weeks will be one of those exceptional times when you have a poetic license to be almost Montezuma-like. What's your personal equivalent of his primal chocolate, golden goblets, and harem?

PISCES (Feb. 19-March 20):

"Unfortunately, I'm pretty lucky," my friend Rico said to me recently. He meant that his relentless good fortune constantly threatens to undermine his ambition. How can he be motivated to try harder and grow smarter and get stronger if life is always showering him with blessings? He almost wishes he could suffer more so that he would have more angst to push against. I hope you won't fall under the spell of that twisted logic in the coming weeks, Pisces. This is a phase of your cycle when you're likely to be the beneficiary of an extra-strong flow of help and serendipity. Please say this affirmation as often as necessary: "Fortunately, I'm pretty lucky."

ARIES (March 21-April 19):

"Charm is a way of getting the answer 'yes' without having asked any clear question," wrote French author Albert Camus. I have rarely seen you better poised than you are now to embody and capitalize on this definition of "charm," Aries. That's good news, right? Well, mostly. But there are two caveats. First, wield your mojo as responsibly as you can. Infuse your bewitching allure with integrity. Second, be precise about what it is you want to achieve -- even if you don't come right out and tell everyone what it is. Resist the temptation to throw your charm around haphazardly.

TAURUS (April 20-May 20):

I suspect that in the coming days you will have an uncanny power to make at least one of your resurrection fantasies come true. Here are some of the possibilities. 1. If you're brave enough to change your mind and shed some pride, you could retrieve an expired dream from limbo. 2. By stirring up a bit more chutzpah that you usually have at your disposal, you might be able to revive and even restore a forsaken promise. 3. Through an act of grace, it's possible you will reanimate an ideal that was damaged or abandoned.

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YOU NEED MAGIC EVERY DAY

Every day, you have to wade through a relentless surge of soul-less facts. The experience tends to shut down your sense of wonder.

Every day, you're over-exposed to cynical narratives that have been sucked free of delight and mystery. That's why you have to make such strenuous efforts to keep your world enchanted.

I like to think I can contribute to the sacred cause of feeding your sense of wonder and enchantment. In fact, that's one of my prime motivations for offering you the free weekly horoscopes you read in this newsletter.

If you ever want more of that good stuff, and think it's worth paying for, please consider trying out my EXPANDED AUDIO HOROSCOPES. They're four-to-five-minute meditations on the current state of your destiny.

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You can also listen over the phone by calling 1-877-873-4888.

The cost is \$6 per sign on the Web (discounts available for bulk purchases), or \$1.99 per minute by phone.

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"I don't much believe in astrology. But that doesn't seem to get in the way of me deriving a whole lot of benefits from your expanded audio horoscopes."
- A. Arrosto, Indianapolis

"You have an amazing aptitude for cutting through the lies I tell myself. Thanks for the gentle shocks."
- T. Preneris, Toronto

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GEMINI (May 21-June 20):

To the other eleven signs of the zodiac, the Way of the Gemini sometimes seems rife with paradox and contradiction. Many non-Geminis would feel paralyzed if they had to live in the midst of so much hubbub. But when you are at your best, you thrive in the web of riddles. In fact, your willingness to abide there is often what generates your special magic. Your breakthroughs are made possible by your high tolerance for uncertainty. How many times have I seen a Gemini who has been lost in indecision but then suddenly erupts with a burst of crackling insights? This is the kind of subtle miracle I expect to happen soon.

CANCER (June 21-July 22):

In September of 1715, a band of Jacobite rebels gathered for a guerrilla attack on Edinburgh Castle in Scotland. Their plan was to scale the walls with rope ladders, aided by a double agent who was disguised as a castle sentry. But the scheme failed before it began. The rope ladders turned out to be too short to serve their intended purpose. The rebels retreated in disarray. Please make sure you're not like them in the coming weeks, Cancerian. If you want to engage in

Please make sure you're not like them in the coming weeks, Cancerian. If you want to engage in a strenuous action, an innovative experiment, or a bold stroke, be meticulous in your preparations. Don't scrimp on your props, accouterments, and resources.

LEO (July 23-Aug. 22):

If you give children the option of choosing between food that's mushy and food that's crunchy, a majority will choose the crunchy stuff. It's more exciting to their mouths, a more lively texture for their teeth and tongues to play with. This has nothing to do with nutritional value, of course. Soggy oatmeal may foster a kid's well-being better than crispy potato chips. Let's apply this lesson to the way you feed your inner child in the coming weeks. Metaphorically speaking, I suggest you serve that precious part of you the kind of sustenance that's both crunchy and healthy. In other words, make sure that what's wholesome is also fun, and vice versa.

VIRGO (Aug. 23-Sept. 22):

Your mascot is a famous white oak in Athens, Georgia. It's called the Tree That Owns Itself. According to legend, it belongs to no person or institution, but only to itself. The earth in which it's planted and the land around it are also its sole possession. With this icon as your inspiration, I invite you to enhance and celebrate your sovereignty during the next seven months. What actions will enable you to own yourself more thoroughly? How can you boost your autonomy and become, more than ever before, the boss of you? It's prime time to expedite this effort.

LIBRA (Sept. 23-Oct. 22):

Police in Los Angeles conducted an experiment on a ten-mile span of freeway. Drivers in three unmarked cars raced along as fast as they could while remaining in the same lane. The driver of the fourth car not only moved at top speed, but also changed lanes and jockeyed for position. Can you guess the results? The car that weaved in and out of the traffic flow arrived just slightly ahead of the other three. Apply this lesson to your activities in the coming week, please. There will be virtually no advantage to indulging in frenetic, erratic, breakneck exertion. Be steady and smooth and straightforward.

SCORPIO (Oct. 23-Nov. 21):

You will generate lucky anomalies and helpful flukes if you use shortcuts, flee from boredom, and work smarter rather than harder. On the other hand, you'll drum up wearisome weirdness and fruitless flukes if you meander all over the place, lose yourself in far-off fantasies, and act as if you have all the time in the world. Be brisk and concise, Scorpio. Avoid loafing and vacillating. Associate with bubbly activators who make you laugh and loosen your iron grip. It's a favorable time to polish off a lot of practical details with a light touch.

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HOMEWORK:

What's the most selfish, narcissistic thing about you? Do you think that maybe you should transform it? Testify at FreeWillAstrology.com.

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Submissions sent to the Free Will Astrology Weekly Newsletter or in response to "homework assignments" may be published in a variety of formats at Rob Brezsny's discretion, including but not limited to newsletters, books, the Free Will Astrology column, and Free Will Astrology website. We reserve the right to edit such submissions for length, style, and content. Requests for anonymity will be honored with submissions; otherwise, reader names, screen names, or initials will be used. Please be sure to note your preference when sending to us. We are not responsible for unsolicited submission of any creative material.

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