



Rob Brezsnys's Astrology Newsletter
November 12, 2014
FreeWillAstrology.com

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My book
PRONOIA IS THE ANTIDOTE FOR PARANOIA
is available at Amazon: bit.ly/Pronoia
or Powells: bit.ly/PronoiaPowells

Below are excerpts.

One of life's great bounties is its changeableness, which ensures that boredom will never last very long. You may underestimate the intensity of your longing for continual transformation, but the universe doesn't.

That's why it provides you with the boundless entertainment of your ever-shifting story. That's why it is always revising the challenges it sends your way, providing your curious soul with a rich variety of unpredictable teachings.

Neuroscientists have turned up evidence that suggests you love this aspect of the universe's behavior. They say that you are literally addicted to learning. At the moment when you grasp a lesson you've been grappling with, your brain experiences a rush of a natural opium-like chemical, boosting your pleasure levels. You crave this experience. You thrive on it.

So the universe is built in such a way as to discourage boredom. It does this not just by generating an endless stream of interesting novelty, and not only by giving you an instinctive lust to keep learning, but also by making available an abundance of ways to break free of your habitual thoughts.

You can go to school, travel, read, listen to experts, converse with people who think differently from you, and absorb the works of creative artists. You can replenish and stretch your mind through exercise, sex, psychotherapy, spiritual practices, and self-expression. You can take drugs and medicines that alter your perspectives.

And here's the best part of this excellent news: Every method that exists for expanding your consciousness is more lavishly available right now than it has been at any previous time in history.

Never before have there been so many schools, educational programs, workshops, and enrichment courses. Virtually any subject or skill you want to study, you can. You don't even have to leave your home to do it. The number of online classes is steadily mounting

Read the rest of this essay here:
bit.ly/ObviousMiracle7

(excerpted from the book *Pronoia Is the Antidote for Paranoia*: bit.ly/Pronoia)

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Notice how you feel as you speak the following: "The strong, independent part of me resisted the embarrassing truth for a long time, but I finally came to accept that I'm someone who craves vast amounts of love. Ever since I surrendered to this need, it doesn't nag me all the time, as it used to. In fact, it feels comforting, like a source of sweetness that doesn't go away. I never thought I'd say this, but I've come to treasure the feeling of having a voracious yearning to be loved."

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A common obstruction to a vital intimate relationship is what I call the assumption of clairvoyance. You imagine, perhaps unconsciously, that your partner or friend is somehow magically psychic when it comes to you -- so much so that he or she should unfailingly intuit exactly what you need, even if you don't ask for it.

This fantasy may seem romantic, but it can undermine the most promising alliances.

To counteract any tendencies you might have to indulge in the assumption of clairvoyance, practice stating your desires aloud.

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According to Jewish legend, there are in each generation 36 righteous humans who prevent the rest of us from being destroyed. Through their extraordinary good deeds and their love of the divine spark, they save the world over and over again. They're not famous saints, though. They

ARIES (March 21-April 19):

We all have addictive and obsessive tendencies. They are fundamental to being human. So the challenge is not to eliminate them -- that's not possible -- but rather to harness them. If you hope to keep them from dragging you down, you must work hard to channel them into activities that enhance your life. How are you doing on this score, Aries? Are you chronically dependent on drugs, gambling, sugar, or chaotic relationships? Or are you, instead, hooked on the courage you summon when you face your fears and the willpower you invoke as you free yourself from your limitations? Now is an excellent time to upgrade your addictive and obsessive tendencies.

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YOU'VE ALWAYS GOT MORE HELP AVAILABLE THAN YOU IMAGINE

Somewhere there's a treasure that has no value to anyone but you, and a secret that's meaningless to everyone except you, and a frontier that harbors a revelation only you would know how to exploit. Why not go in search of those things?

For inspiration, tune in to my EXPANDED AUDIO HOROSCOPES. They're four-to-five-minute meditations on the current state of your destiny and where you're headed.

They're available here:
RealAstrology.com

You can also access them by phone:
1-877-873-4888

"The best part about your audio horoscopes is that they pat me on the head and kick me in the ass at the same time."
- Rita L., San Diego

"Your audio oracles go beyond helping me find the truth -- they inspire me to find the WILD truth."
- Patrick K., Montreal

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TAURUS (April 20-May 20):

Our planet's most abundant mineral is called bridgmanite. It's an amalgam of iron, magnesium, silicon, and oxygen. Until recently, no one had actually seen it because it lies so deep underground it can't be reached by digging tools. Scientists have only known about it from studying how earthquake waves moved through it. That changed in the last few years, when two mineralogists found bridgmanite in an ancient meteorite. They were able to analyze the nuances of this basic mineral for the first time. I predict a comparable development for you, Taurus. In the coming months, you will become more familiar with a core part of you that has always been a mystery. The revelations may occur with the help of an influence that resembles a meteorite.

GEMINI (May 21-June 20):

Some conspiracy theorists are paranoid that aliens or government agencies use radio waves to try to control their minds. They wear tin foil hats to protect themselves from the evil transmissions. But a recent study shows that this protective head gear has an effect that's opposite to what it's supposed to. In fact, it actually amplifies the intensity of radio frequencies, making it even more likely that mind-control signals would work their dastardly magic. This problem probably does not apply to you, but I suspect you are suffering from a comparable glitch. An approach you're pursuing or an attitude you're cultivating is having an impact contrary to what you imagine. Now is an excellent time to make adjustments.

CANCER (June 21-July 22):

I can't remember the last time you've had as much artistic freedom as you have now. It's as if life has given you a slew of wild cards and X-factors to play with. You don't have to answer to the past as much as you usually do. You are less beholden to the demands of duty and the constraints of karma. Here's the best perk: You have been authorized by both the higher powers and lower powers of the cosmos to fall in love. With whom? With what? Everyone! Everything!

LEO (July 23-Aug. 22):

For much of its history, the United States claimed ownership of the ocean within three miles of its coasts. That changed in 1988, when the federal government declared that hereafter it would have sovereignty over the ocean as far as 12 miles from land. With that action, American territory increased dramatically. I invite you to consider a comparable expansion in the coming months, Leo. Seize more space. Seek further privileges. Ask for a bigger piece of everything.

VIRGO (Aug. 23-Sept. 22):

Poland's most renowned ghost hunter is frustrated. Having invested a fortune in spectral detection equipment, Piotr Shalkevitz finds that there are fewer and fewer spooks to investigate as the years go by. I'm not qualified to speak about whether or not the whole world is experiencing a decline in the ghost population. But I'm confident that this is exactly what is happening for you Virgos. Recently, the haunted elements of your life have begun to dissipate. And in the next eight months, I expect that you will be freed from most, maybe all, of the ghosts and pesky demons that attached themselves to you once upon a time.

LIBRA (Sept. 23-Oct. 22):

"To improve is to change, so to be perfect is to have changed often." Winston Churchill said that, and now I'm passing it along to you -- with one caveat. I don't expect you to be perfect, and never will. To shoot for perfection is risky. It may set up unrealistic expectations that lead to bad mental hygiene. It tempts you to avoid messy experiences, some of which might be essential to your growth. So I will offer a revised version of Churchill's maxim for your use: If you want to improve, you must change. If you want to keep improving, you must change often. And the coming months will be prime time for you to keep improving and improving and improving.

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HOMEWORK:

What's the bravest thing you ever did? What will be the next brave thing you do? Testify at Truthrooster@gmail.com.

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Submissions sent to the Free Will Astrology Weekly Newsletter or in response to "homework assignments" may be published in a variety of formats at Rob Brezsny's discretion, including but not limited to newsletters, books, the Free Will Astrology column, and Free Will Astrology website. We reserve the right to edit such submissions for length, style, and content. Requests for anonymity will be honored with submissions; otherwise, reader names, screen names, or initials will be used. Please be sure to note your preference when sending to us. We are not responsible for unsolicited submission of any creative material.

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