



Rob Brezsnys's Astrology Newsletter
October 22, 2014
FreeWillAstrology.com

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My book
PRONOIA IS THE ANTIDOTE FOR PARANOIA
is available at Amazon: bit.ly/Pronoia
or Powells: bit.ly/PronoiaPowells

Below is an excerpt.

I invite you to consider making these pledges:

I pledge:
to push hard to get better and smarter,
grow my devotion to the truth,
fuel my commitment to beauty,
refine my emotions,
hone my dreams,
wrestle with my shadow,
purge my ignorance,
and soften my heart;
even as I always accept myself
for exactly who I am,
with all of my so-called foibles and wobbles.

I pledge:
to wake myself up,
never hold back,
have nothing to lose,
go all the way,
kiss the stormy sky,
be the hero of my own story,
ask for everything I need
and give everything I have,
take myself to the river
when it's time to go to the river,
and take myself to the mountaintop
when it's time to go to the mountaintop.

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Unconditional, a poem by Jennifer Welwood:

Willing to experience aloneness,
I discover connection everywhere;
Turning to face my fear,
I meet the warrior who lives within;
Opening to my loss,
I gain the embrace of the universe;
Surrendering into emptiness,
I find fullness without end.

Each condition I flee from pursues me,
Each condition I welcome transforms me
And becomes itself transformed
Into its radiant jewel-like essence.
I bow to the one who has made it so,
Who has crafted this Master Game;
To play it is purest delight;
To honor its form -- true devotion.

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More poetry from Jennifer Welwood: jenniferwelwood.com/poetry

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An interviewer urged the Dalai Lama to discourse on how to cultivate loving kindness. His Holiness said, "That may be too much to ask. How about if we just work on getting the 'kindness' part right?"

Its lead singer was Waldo, an African grey parrot. A review by Aquarius Records called Waldo's squawks "completely and stupidly brilliant." For Hatebeak's second album, they collaborated with animal rights' activists in the band Caninus, whose lead vocalists were two pitbull terriers, Basil and Budgie. In the coming weeks, Pisces, I'd love to see you get inspired by these experiments. I think you will generate interesting results as you explore expansive, even unprecedented approaches in your own chosen field.

ARIES (March 21-April 19):

The driest place on the planet is the Atacama Desert in northern Chile. It gets about a half-inch of rain per year. And yet in 2011, archaeologists discovered that it's also home to a site containing the fossilized skeletons of numerous whales and other ancient sea creatures. I'm detecting a metaphorically comparable anomaly in your vicinity, Aries. A seemingly arid, empty part of your life harbors buried secrets that are available for you to explore. If you follow the clues, you may discover rich pickings that will inspire you to revise your history.

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LOVE YOUR LIFE

"Whether I shall turn out to be the hero of my own life, or whether that station will be held by anybody else, these pages must show." So begins Charles Dickens' novel "David Copperfield." So let me ask you: Are you becoming the hero of your own life? Are you figuring out the secrets of how to create your destiny -- and not just waiting around for destiny to happen to you?

If you'd like help in this noble work, consider trying my EXPANDED AUDIO HOROSCOPES. They're four-to-five-minute meditations on the current state of your destiny and where you're headed.

They are not repeats or extensions of the written 'scopes you read here for free. They are entirely fresh explorations of your astrological omens, and are designed to help you tune in to your soul's code. (P.S. They're not free.)

Register and/or sign in at RealAstrology.com

They're available on your tablets and smart phones as well as your computers.

"I don't much believe in astrology. But that doesn't seem to get in the way of me deriving a whole lot of benefits from your expanded audio horoscopes."

- A. Arrosto, Indianapolis

"You have an amazing aptitude for cutting through the lies I tell myself. Thanks for the gentle shocks."

- T. Preneris, Toronto

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TAURUS (April 20-May 20):

Businessman Warren Buffet is worth \$65.5 billion, but regularly gives away 27 percent of his fortune to charity. Microsoft co-founder Bill Gates owns \$78 billion, and donates 36 percent. Then there are the members of the Walton family, owners of Walmart, where 100 million Americans shop weekly. The Waltons have \$136 billion, of which they contribute .04 percent to good causes. You are not wealthy in the same way these people are, Taurus. Your riches consist of resources like your skills, relationships, emotional intelligence, creative power, and capacity for love. My invitation to you is to be extra generous with those assets -- not as lavish as Buffet or Gates, perhaps, but much more than the Waltons. You are in a phase when giving your gifts is one of the best things you can do to bolster your own health, wealth, and well-being.

GEMINI (May 21-June 20):

You have two options. You can be in denial about your real feelings and ignore what needs to be fixed and wait for trouble to come find you. Or else you can vow to be resilient and summon your feistiest curiosity and go out searching for trouble. The difference between these two approaches is dramatic. If you mope and sigh and hide, the messy trouble that arrives will be indigestible. But if you are brave and proactive, the interesting trouble you get will ultimately evolve into a blessing.

CANCER (June 21-July 22):

Astronauts on the International Space Station never wash their underwear. They don't have enough water at their disposal to waste on a luxury like that. Instead, they fling the dirty laundry out into space. As it falls to Earth, it burns up in the atmosphere. I wish you had an amenity like that right now. In fact, I wish you had a host of amenities like that. If there was ever a time when you should be liberated from having to wash your underwear, make your bed, sweep the floor, and do the dishes, it would be now. Why? Because there are much better ways to spend your time. You've got sacred quests to embark on, heroic adventures to accomplish, historical turning points to initiate.

LEO (July 23-Aug. 22):

What are those new whisperings in your head? Are they messages from your inner teacher? Beacons beamed back through time from the Future You? Clues from the wise parts of your unconscious mind? Whatever they are, Leo, pay attention. These signals from the Great Beyond may not be clear yet, but if you are sufficiently patient, they will eventually tell you how to take advantage of a big plot twist. But here's a caveat: Don't automatically believe every single thing the whisperings tell you. Their counsel may not be 100-percent accurate. Be both receptive and discerning toward them.

VIRGO (Aug. 23-Sept. 22):

In the English-speaking world, a sundae is a luxurious dessert that features ice cream topped with sweet treats like syrup, sprinkles, and fruits. In Korea, a sundae is something very different. It consists of a cow's or pig's intestines crammed with noodles, barley, and pig's blood. I expect that in the coming week you will be faced with a decision that has metaphorical similarities to

the choice between a sundae and a sundae. Make sure you are quite clear about the true nature of each option.

LIBRA (Sept. 23-Oct. 22):

The average serving of pasta on a typical American's plate is almost 480 percent bigger than what's recommended as a healthy portion. So says a research paper titled "The Contribution of Expanding Portion Sizes to the U.S. Obesity Epidemic," by Lisa R. Young and Marion Nestle. Muffins are 333 percent larger than they need to be, the authors say, and steaks are 224 percent excessive. Don't get caught up in this trend, Libra. Get what you need, but not way, way more than what you need. For that matter, be judicious in your approach to all of life's necessities. The coming phase is a time when you will thrive by applying the Goldilocks principle: neither too much nor too little, but just right.

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HOMEWORK:

I invite you to carry out a prank that makes someone feel really good. Report results by going to FreeWillAstrology.com and clicking on "Email Rob."

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