



clear and simple feeling of knowing exactly what to do, and it could be easy and fun.

What question will you ask the Divine Wow today?

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### YOUR VITALITY

"There is a vitality, a life force, a quickening that is translated through you into action, and because there is only one of you in all time, this expression is unique. If you block it, it will never exist through any other medium. It will be lost. The world will not have it.

"It is not your business to determine how good it is, nor how valuable it is, nor how it compares with other expressions. It is your business to keep it yours clearly and directly, to keep the channel open."

—Martha Graham

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### WHAT IF YOUR DESIRES ARE HOLY?

Some spiritual traditions teach the doctrine, "Kill off your longings." In their view, attachment to desire is at the root of human suffering.

But the religion of materialism takes the opposite tack, asserting that the meaning of life is to be found in indulging desires. Its creed is, "Feed your cravings like a French foie gras farmer cramming eight pounds of maize down a goose's gullet every day."

At the Beauty and Truth Lab, we walk a middle path. We believe there are both degrading desires that enslave you and sacred desires that liberate you.

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Psychologist Carl Jung believed that all desires have a sacred origin, no matter how odd they may seem.

Frustration and ignorance may contort them into distorted caricatures, but it is always possible to locate the divine source from which they arose.

In describing one of his addictive patients, Jung said: "His craving for alcohol was the equivalent on a low level of the spiritual thirst for wholeness, or as expressed in medieval language: the union with God."

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"The primordial fire that sparked millions of galaxies is the same fire that sparks the human creative impulse."

—Cindy Spring

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"The human reproductive drive is a watered-down version of the godsex that spawned our solar system."

—"Lieutenant" Anfortas, the homeless guy in the Safeway parking lot

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"Feelings that originate in the human genitalia are among the most powerful forces on earth. They have a complex relationship with the feelings that stem from the human heart: at various times in competition or in harmony.

Together these primal energies have forged and toppled empires;

unleashed terrible and wonderful ideas; and generated the greatest stories ever told. Our goal is to harness our sexual urges in service to the heart's wisdom."

—Sheila Samizdat

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"Mad! One must become mad with love in order to realize God. When a person attains ecstatic love of God, all the pores of the skin, even the roots of the hair, become like so many sex organs, and in every pore the aspirant enjoys the happiness of communion with the Supreme Universal Self."

—Ramakrishna

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Like all of us, you have desires for things that you don't really need and aren't good for you. But you shouldn't disparage yourself for having them, nor should you conclude that every desire is tainted.

Rather, think of your misguided longings as the bumbling, amateur expressions of a faculty that will one day be far more expert. They're how you practice as you work toward the goal of becoming a master of desire. It may take a while, but eventually you will get the hang of wanting things that are really good for you, and good for everyone else, too.

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"The only way anyone is ever cured of desiring nonsensical things is by getting the nonsensical things and then experiencing the unpleasant but educational consequences."

—Ann Davies

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"To become a master of desire, keep talking yourself out of being attached to trivial goals and keep talking yourself into being thrilled about the precious few goals that are really important. Here's another way to say it: Wean yourself from ego-driven desires and pour your libido into a longing for beauty, truth, goodness, justice, integrity, creativity, love, and an intimate relationship with the Wild Divine."

—Raye Sangfreud

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"God has desires. Since I want to be close to God and to model myself after God, I therefore don't aspire to extinguish my desires, but rather to make my desires more God-like: i.e., imbued with an inexorable ambition to create the greatest and most interesting blessings for everyone and everything."

—Collin Klumper

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As much as I love men and women, they can't satisfy the full extent of my yearning. I need intimate relations with clouds and eagles and sea anemones and mountains and spirits of the dead and kitchen appliances and the creatures in my dreams.

To be continued. To be enhanced and amplified and enlarged upon, world without end, amen. One day I really do hope to be a wise enough lover to be an ocean-fucker and sky-sucker and earth-boinker.

—Jumbler Javalina

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"When I hold you, I hold everything: crones praying in the foamy sand at low tide, a shocked waterfall gracing a new housing development, the foxglove by the fence sipping the fragrance of distant blue straggler stars,



Here's what philosopher Robert Anton Wilson wrote about \*The Televisionary Oracle\*: "A book so weird it might drive you stark raving sane."

I'm still waiting for Tom Robbins' prophecy to come true, but there's plenty of time.

Twenty years later, Wilson's description remains apt: \*The Televisionary Oracle\* may be the only book ever written by a man about the shamanic potencies of menstruation.

One of the book's plotlines is the kidnap of a rock star by a women's mystery school. Another is the coming-of-age story of Rapunzel Blavatsky, who the mystery school regards as the reincarnation of Mary Magdalene. An important character in the book is Jumbler Javalina, a transgender person who has an intimate relationship with Rapunzel.

The story also deals with my . . . I mean the rockstar's . . . life-changing actions in response to the death of his manager, rock impresario Bill Graham.

Would I . . . I mean the rockstar . . . be writing a syndicated astrology column today if Graham hadn't died in a helicopter crash? We'll never know. But \*The Televisionary Oracle\* provides clues.

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\*The Televisionary Oracle\* is available as an ebook at Barnes & Noble: <https://tinyurl.com/yyd7zksy>

It's available from Amazon in hard copy or ebook: <https://tinyurl.com/y4gyfmo6>

It's available through the publisher: <https://tinyurl.com/y5bym5ok>

and also through Bookshop.org: <https://tinyurl.com/yxpdthzz>

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### DETOUR INTO RIDICULOUSNESS

Instead of being so relentlessly serious and thoughtful, I'm going to take a momentary detour into ridiculousness. See here: <https://tinyurl.com/y65wpp2p>

I realize this may compromise my dignity and tempt some people to suspect I have less gravitas than I allegedly should have.

I may disappoint those who would like to believe I am a shaman, expert, authority, pundit, or intellectual.

And that's a good thing!

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### MORE PRONOIA RESOURCES:

In all the news media, from mainstream to alternative, there is only one source I know of that regularly calls on poets to add their flavors: the PBS News Hour. This is largely due to the influence of my old friend Jeff Brown, who is one of main journalists there. Check out the News Hour poetry page: <https://www.pbs.org/newshour/arts/poetry>

The Center for Compassion and Altruism Research and Education investigates methods for cultivating compassion and promoting altruism within individuals and society through rigorous research, scientific collaborations, and academic conferences. See its "Compassion Wiki" at <https://tinyurl.com/lfnrlgf>

Srinivasa Ramanujan was one of India's greatest mathematical geniuses.

He lacked formal training and his work was thought peculiar by his fellow mathematicians, but he made dramatic breakthroughs that are highly regarded. He attributed his success to the Hindu goddess Namakkal. She appeared regularly in his dreams, where she revealed innovative formulas he had only to verify when he awoke.

<https://tinyurl.com/zmrkfc9>

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For a lot more pronoiac resources and ideas, read my book *\*Pronoia Is the Antidote for Paranoia: How the Whole World is Conspiring to Shower You with Blessings\**

Available at Barnes & Noble: <https://tinyurl.com/PronoiaBN>

Available at Amazon: <https://bit.ly/Pronoia>

A free preview of the book is available here:

<https://tinyurl.com/PronoiaPreview>

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Please tell me your own nominations for PRONOIA RESOURCES:  
Truthrooster@gmail.com.

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### FREE WILL ASTROLOGY

December 3

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Grammar key: Asterisks equal *italics*\*

SAGITTARIUS (Nov. 22-Dec. 21): "Pictures of perfection, as you know, make me sick and wicked," observed Sagittarian author Jane Austen. She wrote this confession in a letter to her niece, Fanny, whose boyfriend thought that the women characters in Jane's novels were too naughty. In the coming weeks, I encourage you Sagittarians to regard pictures of perfection with a similar disdain. To accomplish all the brisk innovations you have a mandate to generate, you must cultivate a deep respect for the messiness of creativity; you must understand that your dynamic imagination needs room to experiment with possibilities that may at first appear disorderly. For inspiration, keep in mind this quote from Pulitzer Prize-winning historian Laurel Thatcher Ulrich: "Well-behaved women seldom make history."

CAPRICORN (Dec. 22-Jan. 19): Capricorn novelist Anne Brontë (1820-1849) said, "Smiles and tears are so alike with me, they are neither of them confined to any particular feelings: I often cry when I am happy, and smile when I am sad." I suspect you could have experiences like hers in the coming weeks. I bet you'll feel a welter of unique and unfamiliar emotions. Some of them may seem paradoxical or mysterious, although I think they'll all be interesting and catalytic. I suggest you welcome them and allow them to teach you new secrets about your deep self and the mysterious nature of your life.

AQUARIUS (Jan. 20-Feb. 18): Aquarian philosopher Simone Weil formulated resolutions so as to avoid undermining herself. First, she vowed she would only deal with difficulties that actually confronted her, not far-off or hypothetical problems. Second, she would allow herself to feel only those feelings that were needed to inspire her and make her take effective action. All other feelings were to be shed, including imaginary feelings—that is, those not rooted in any real, objective situation. Third, she vowed, she would "never react to evil in such a way as to augment it." Dear Aquarius, I think all of these resolutions would be very useful for you to adopt in the coming weeks.

PISCES (Feb. 19-March 20): In June 2019, the young Piscean singer Justin Bieber addressed a tweet to 56-year-old actor Tom Cruise, challenging him to a mixed martial arts cage fight. "If you don't take this fight," said Bieber, "you will never live it down." A few days later, Bieber retracted his dare, confessing that Cruise "would probably whoop my ass

in a fight." If Bieber had waited until December 2020 to make his proposal, he might have had more confidence to follow through—and he might also have been better able to whoop Cruise's ass. You Pisceans are currently at the peak of your power and prowess.

ARIES (March 21-April 19): An anonymous blogger on Tumblr writes the following: "What I'd really like is for someone to objectively watch me for a week and then sit down with me for a few hours and explain to me what I am like and how I look to others and what my personality is in detail and how I need to improve. Where do I sign up for that?" I can assure you that the person who composed this message is not an Aries. More than any other sign of the zodiac, you Rams want to \*be\* yourself, to inhabit your experience purely and completely—not see yourself from the perspective of outside observers. Now is a good time to emphasize this specialty.

TAURUS (April 20-May 20): "Humans like to be scared," declares author Cathy Bell. "We love the wicked witch's cackle, the wolf's hot breath, and the old lady who eats children, because sometimes, when the scary is over, all we remember is the magic." I suppose that what she says is a tiny bit true. But there are also many ways to access the magic that don't require encounters with dread. And that's exactly what I predict for you in the coming weeks, Taurus: marvelous experiences—including catharses, epiphanies, and breakthroughs—that are neither spurred by fear nor infused with it.

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### ARE YOU THE HERO OF YOUR OWN LIFE?

"Whether I shall turn out to be the hero of my own life, or whether that station will be held by anybody else, these pages must show." So begins Charles Dickens' novel \*David Copperfield\*.

I'd like to inspire you to create a story of your own that begins with similar words. That's why I provide these free horoscopes for you.

If you'd ever enjoy getting even more assistance from me, tune into your EXPANDED AUDIO HOROSCOPE, which I create for you each week. They're four-to-five-minute meditations on the current state of your destiny.

To buy and listen to your Expanded Audio Horoscope online, go to <https://RealAstrology.com>

Register and/or log in through the main page.

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The cost is \$6 per sign on the On the Web. (Discounts are available for bulk purchases.)

You can also listen over the phone by calling 1-877-873-4888. The cost is \$1.99 per minute. Each forecast is 4-5 minutes long.

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"Your expanded horoscopes get more personal and intimate with me than some of my closest friends. Thanks for the loving reflections."  
—Ari Schlectman., Ann Arbor, MI

"When I listen to your audio 'scopes, my free will lights up."  
—Alex Denares., Los Angeles

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GEMINI (May 21-June 20): In 1994, the animated movie \*The Lion King\* told the story of the difficult journey made by a young lion as he struggled to claim his destiny as rightful king. A remake of the film appeared in 2019. During the intervening 25 years, the number of real lions living in nature declined dramatically. There are now just 20,000. Why am I telling you such bad news? I hope to inspire you to make 2021 a year when you will resist trends like this. Your assignment is to nurture

and foster wildness in every way that's meaningful for you—whether that means helping to preserve habitats of animals in danger of extinction or feeding and championing the wildness inside you and those you care about. Get started!

**CANCER (June 21-July 22):** Is there anyone whose forgiveness you would like to have? Is there anyone to whom you should make atonement? Now is a favorable phase to initiate such actions. In a related subject, would you benefit from forgiving a certain person whom you feel wronged you? Might there be healing for you in asking that person to make amends? The coming weeks will provide the best opportunity you have had in a long time to seek these changes.

**LEO (July 23-Aug. 22):** Scientists know that the Earth's rotation is gradually slowing down—but at the very slow rate of two milliseconds every 100 years. What that means is that 200 million years from now, one day will last 25 hours. Think of how much more we humans will be able to get done with an extra hour every day! I suspect you may get a preview of this effect in the coming weeks, Leo. You'll be extra efficient. You'll be focused and intense in a relaxing way. Not only that: You will also be extra appreciative of the monumental privilege of being alive. As a result, you will seem to have more of the precious luxury of time.

**VIRGO (Aug. 23-Sept. 22):** Adventurer Tim Peck says there are three kinds of fun. The first is pure pleasure, enjoyed in full as it's happening. The second kind of fun feels challenging when it's underway, but interesting and meaningful in retrospect. Examples are giving birth to a baby or taking an arduous hike uphill through deep snow. The third variety is no fun at all. It's irksome while you're doing it, and equally disagreeable as you think about it later. Now I'll propose a fourth type of fun, which I suspect you'll specialize in during the coming weeks. It's rather boring or tedious or nondescript while it's going on, but in retrospect you are very glad you did it.

**LIBRA (Sept. 23-Oct. 22):** "I made the wrong mistakes," said Libran composer and jazz pianist Thelonious Monk. He had just completed an improvisatory performance he wasn't satisfied with. On countless other occasions, however, he made the right mistakes. The unexpected notes and tempo shifts he tried often resulted in music that pleased him. I hope that in the coming weeks you make a clear demarcation between wrong mistakes and right mistakes, dear Libra. The latter could help bring about just the transformations you need.

**SCORPIO (Oct. 23-Nov. 21):** "Home is not where you were born," writes Naguib Mahfouz. "Home is where all your attempts to escape cease." I propose we make that one of your mottoes for the next 12 months, Scorpio. According to my astrological analysis, you will receive all the inspiration and support you need as you strive to be at peace with exactly who you are. You'll feel an ever-diminishing urge to wish you were doing something else besides what you're actually doing. You'll be less and less tempted to believe your destiny lies elsewhere, with different companions and different adventures. To your growing satisfaction, you will refrain from trying to flee from the gifts that have been given you, and you will instead accept the gifts just as they are. And it all starts now.

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Homework: What parts of your past weigh you down and limit your imagination? What can you do to free yourself? Testify at [FreeWillAstrology.com](http://FreeWillAstrology.com).

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NEED TO CHANGE YOUR EMAIL ADDRESS?

To join or leave the email list for this newsletter, or to change the address where you receive it, go to:  
<https://FreeWillAstrology.com/newsletter/>

Once you join, check these points to ensure you'll actually receive the newsletter:

1. Add my address, [televisionary@comcast.net](mailto:televisionary@comcast.net), to your address book so that the newsletter won't be treated as spam and filtered out.

2. Adjust your spam filter so it doesn't treat my address as spam.
3. Tell your company's IT group to let my address pass through any filtering software they have set up.
4. If my newsletters don't reach your inbox, look in your "Bulk Mail" or "Junk Mail" folder.
5. Problems could originate with your email provider. It may be using a "content filter" that prevents my newsletter from reaching you. If you suspect that's true, complain. Tell your email provider to stop blocking my newsletter.

P.S. I totally respect your privacy. I'll never sell or give away your address to anyone.

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