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FEED YOUR IMAGINATION WITH BEAUTY

Think of all the stories, images, and sounds you invite into your beautiful head. Do you absorb a relentless barrage of fear-inducing news reports and violent movies and gossipy tales of decline and degeneration? Does your diet consist primarily of repulsive memes that stimulate your revulsion?

If so, that's the equivalent, for your psyche, of eating rotting bear intestines and crud scraped off the inner wall of a dumpster and pitchers full of trans fats recovered from the deep fryer in the kitchen at a Dunkin' Donuts.

Maybe, on the other hand, you seek out, at least half the time, stories that loosen your fixations and riffs that stretch your understanding of the human condition and news about the things that are working pretty well. If so, you're taking decent care of your precious insides; you're fostering your mental health.

Nigerian writer Ben Okri: "Beware of the stories you read or tell; subtly, at night, beneath the waters of consciousness, they are altering your world."

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YOU ARE THE CHOSEN ONE . . .

1. The Master Codex is hidden in the wall between the Hall of Mists and the Soul Kitchen. When you find it, add graffiti and cartoons to it.
2. The Beasts of the Wheels of Time are quite ticklish. That's one of the keys to rendering them harmless. Another key is to entertain them with the gibberish they love.
3. It's OK to steal the celestial trumpet from the stingy angel if you use it to heal a broken soul.
4. At least once a year, dive into the sleep mirror and cleanse the water you find there.
5. Find an animal you trust, and persuade it to help you steal at least two Peaches of Immortality from the Queen of Shapeshifters. (One peach for you and one for an enemy you care for.)
6. Sing your way into the Magic Dumping Ground during a full moon and befriend the Holy Squirmer. She will give you the elegant dreamsquawk signs.
7. The Frost Worm will let you pass unscathed through the Forgotten Realm if you have learned to use your third eye to watch TV.
8. The Pearl of Great Price is much closer than you think. To get another clue about its whereabouts, tell jokes to the Caller in the Darkness.
9. You are the Chosen One, but then so is everyone else.

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"The entire universe contributes incessantly to your existence. Hence the entire universe is your body."

- Sri Nisargadatta Maharaj



fertility and creativity to generate transformations that will improve your life forever?

VIRGO (Aug. 23-Sept. 22): Mythologist Joseph Campbell said that heroes are those who give their lives to something bigger than themselves. That's never an easy assignment for anyone, but right now it's less difficult for you than ever before. As you prepare for the joyous ordeal, I urge you to shed the expectation that it will require you to make a burdensome sacrifice. Instead, picture the process as involving the loss of a small pleasure that paves the way for a greater pleasure. Imagine you will finally be able to give a giant gift you've been bursting to express.

LIBRA (Sept. 23-Oct. 22): In 1903, the Wright Brothers put wings on a heavy machine and got the contraption to fly up off the ground for 59 seconds. No one had ever done such a thing. Sixty-six years later, American astronauts succeeded at an equally momentous feat. They piloted a craft that departed from the Earth and landed on the surface of the moon. The first motorcycle was another quantum leap in humans' ability to travel. Two German inventors created the first one in 1885. But it took 120 years before any person did a back-flip while riding a motorcycle. If I had to compare your next potential breakthrough to one or the other marvelous invention, I'd say it'll be more metaphorically similar to a motorcycle flip than the moon-landing. It may not be crucial to the evolution of the human race, but it'll be impressive—and a testament to your hard work.

SCORPIO (Oct. 23-Nov. 21): In the year 37 AD, Saul of Tarsus was traveling by foot from Jerusalem to Damascus, Syria. He was on a mission to find and arrest devotees of Jesus, then bring them back to Jerusalem to be punished. Saul's plans got waylaid, however—or so the story goes. A "light from heaven" knocked him down, turned him blind, and spoke to him in the voice of Jesus. Three days later, Saul's blindness was healed and he pledged himself to forevermore be one of those devotees of Jesus he had previously persecuted. I don't expect a transformation quite so spectacular for you in the coming weeks, Scorpio. But I do suspect you will change your mind about an important issue, and consider making a fundamental edit of your belief system.

SAGITTARIUS (Nov. 22-Dec. 21): You could be a disorienting or even disruptive influence to some people. You may also have healing and inspirational effects. And yes, both of those statements are true. You should probably warn your allies that you might be almost unbearably interesting. Let them know you could change their minds and disprove their theories. But also tell them that if they remain open to your rowdy grace and boisterous poise, you might provide them with curative stimulation they didn't even know they needed.

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WHAT'S TO COME?

BRAINSTORM ABOUT THE BIG PICTURE OF YOUR LIFE

with my Expanded Audio Horoscopes for the Second Half of 2019 and beyond:

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What will be the story of your life during the rest of 2019 and beyond? How can you exert your free will to create the adventures that'll bring out the best in you, even as you find graceful ways to cooperate with the tides of destiny?

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The cost is \$6 per sign on the Web (discounts available for bulk purchases), or \$1.99 per minute by phone.

The Expanded Audio Horoscopes work on most smart phones and tablets.

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CAPRICORN (Dec. 22-Jan. 19): Some children are repelled by the taste of broccoli. Food researchers at the McDonald's restaurant chain decided to address the problem. In an effort to render this ultra-healthy vegetable more palatable, they concocted a version that tasted like bubble gum. Kids didn't like it, though. It confused them. But you have to give credit to the food researchers for thinking inventively. I encourage you to get equally creative, even a bit wacky or odd, in your efforts to solve a knotty dilemma. Allow your brainstorm to be playful and experimental.

AQUARIUS (Jan. 20-Feb. 18): Spank yourself for me, please. Ten sound swats ought to do it. According to my astrological assessments, that will be sufficient to rein yourself in from the possibility of committing excesses and extravagance. By enacting this humorous yet serious ritual, you will set in motion corrective forces that tweak your unconscious mind in just the right way so as to prevent you from getting too much of a good thing; you will avoid asking for too much or venturing too far. Instead, you will be content with and grateful for the exact bounty you have gathered in recent weeks.

PISCES (Feb. 19-March 20): Your inspiration for the coming weeks is a poem by Piscean poet Henry Wadsworth Longfellow. It begins like this: "The holiest of all holidays are those / Kept by ourselves in silence and apart; / The secret anniversaries of the heart, / When the full river of feeling overflows." In accordance with astrological omens, Pisces, I invite you to create your own secret holiday of the heart, which you will celebrate at this time of year for the rest of your long life. Be imaginative and full of deep feelings as you dream up the marvelous reasons why you will observe this sacred anniversary. Design special rituals you will perform to rouse your gratitude for the miracle of your destiny.

ARIES (March 21-April 19): Orfield Laboratories is an architectural company that designs rooms for ultimate comfort. They sculpt the acoustic environment so that sounds are soft, clear, and pleasant to the human ear. They ensure that the temperature is just right and the air quality is always fresh. At night the artificial light is gentle on the eyes, and by day the sunlight is rejuvenating. In the coming weeks, I'd love for you to be in places like this on a regular basis. According to my analysis of the astrological rhythms, it's recharging time for you. You need and deserve an abundance of cozy relaxation.

TAURUS (April 20-May 20): I hope that during the next four weeks, you will make plans to expedite and deepen your education. You'll be able to make dramatic progress in figuring out what will be most important for you to learn in the next three years. We all have pockets of ignorance about how we understand reality, and now is an excellent time for you to identify what your pockets are and to begin illuminating them. Every one of us lacks some key training or knowledge that could help us fulfill our noblest dreams, and now is a favorable time for you to address that issue.

GEMINI (May 21-June 20): In the next four weeks, you're not likely to win the biggest prize or tame the fiercest monster or wield the greatest power. However, you could very well earn a second- or third-best honor. I won't be surprised if you claim a decent prize or outsmart a somewhat menacing dragon or gain an interesting new kind of clout. Oddly enough, this less-than-supreme accomplishment may be exactly right for you. The lower levels of pressure and responsibility will keep you sane and healthy. The stress of your moderate success will be very manageable. So give thanks for this just-right blessing!

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Homework: It's my birthday. If you feel moved, send me love and blessings! Info about how to do that at [FreeWillAstrology.com](http://FreeWillAstrology.com)

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NEED TO CHANGE YOUR EMAIL ADDRESS?

To join or leave the email list for this newsletter, or to change the address where you receive it, go to:  
<https://FreeWillAstrology.com/newsletter/>

Once you join, check these points to ensure you'll actually receive the newsletter:

1. Add my address, [televisionary@comcast.net](mailto:televisionary@comcast.net), to your address book so that the newsletter won't be treated as spam and filtered out.
2. Adjust your spam filter so it doesn't treat my address as spam.
3. Tell your company's IT group to let my address pass through any filtering software they have set up.
4. If my newsletters don't reach your inbox, look in your "Bulk Mail" or "Junk Mail" folder.
5. Problems could originate with your email provider. It may be using a "content filter" that prevents my newsletter from reaching you. If you suspect that's true, complain. Tell your email provider to stop blocking my newsletter.

P.S. I totally respect your privacy. I'll never sell or give away your address to anyone.

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