

Rob Brezsnys's Astrology Newsletter

July 27, 2016

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See a pretty version of this newsletter: <http://bit.ly/2adysnF>

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My book **PRONOIA IS THE ANTIDOTE FOR PARANOIA** is available at Amazon: <http://bit.ly/Pronoia> or Powells: <http://bit.ly/PronoiaPowells>

Below are excerpts.

WHAT NOURISHES YOU EMOTIONALLY AND SPIRITUALLY?

I'm not talking about what entertains you or flatters you or takes your mind off your problems.

I'm referring to the influences that make you stronger and the people who see you for who you really are and the situations that teach you life-long lessons.

I mean the beauty that replenishes your psyche and the symbols that consistently restore your balance and the memories that keep feeding your ability to rise to each new challenge.

I invite you to take inventory of these precious assets. And then make a special point of nurturing them back.

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WHERE IS MAGIC?

I hope you can obtain the Avatar Elixir stashed in the golden obelisk in the underground fortress beneath the glass mountain. It will allow you to produce the "triple-helix" energy that will give you the power to cross freely back and forth through the gateway between universes.

Then wild creatures will seek out your influence. Rivers and winds will become your allies. The cells of your body will communicate with you clearly and joyfully. Every star in the sky will shine directly on you.

And if for some reason you're not able to get your hands on that Avatar Elixir, you may be able to achieve similar results by drinking a bottle of beer stashed in the lower left rear section of the beverage cooler at a convenience store within five miles of your home.

Magic might be wherever you think it is.

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"I love you not only for what you are, but for what I am when I am with you. I love you not only for what you have made of yourself, but for what you are making of me. I love you for the part of me that you bring out."

- Erich Fried

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THE SEASONS OF ROT AND REGENERATION

Each one of us is a blend of life and death. In the most literal sense, our bodies always contain old cells that are dying and new cells that are emerging as replacements.

From a more metaphorical perspective, our familiar ways of seeing and thinking and feeling are constantly atrophying, even as fresh modes emerge. Both losing and winning are woven into every day; sinking down

...shrinking and expanding.

In any given phase of our lives, one or the other polarity is often more pronounced. But sometimes they are evenly balanced; the Seasons of Rot and of Regeneration happen at the same time.

Where are you at in the cycle right now?

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IT'S ALL ALIVE

Yua is a term the Yupiit people of Alaska use for the spirit that inhabits all things, both animate and inanimate. A rock, for instance, has as much yua as a caribou, spruce tree, or human being, and therefore merits the same measure of compassion.

If a Yupiit goes out for a hike and spies a chunk of wood lying on a frozen river bank, she might pick it up and put it in a new position, allowing its previously hidden side to get fresh air and sun. In this way, she would bestow a blessing on the wood's yua.

(Source: Earl Shorris, "The Last Word," Harper's, August 2000)

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If given a choice between arguing and pie-fighting, I choose pie-fighting.
<http://tinyurl.com/za237du>

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MORE PRONOIA RESOURCES:

A beer company created fully edible 6-pack rings from brewing byproducts such as wheat and barley; the rings are just as strong as the plastic variety, yet completely digestible and biodegradable. They feed rather than strangle wildlife.
<http://tinyurl.com/hxl7dpw>

Australia returns 50,000 hectares of land to Aboriginals.
<http://tinyurl.com/gsmolso>

Daphne Sheldrick has dedicated her life to raising orphaned elephants. Once they are old enough, they are taken to protected areas and integrated with other orphan groups.
<http://tinyurl.com/j83reft>

(Note: I endorse these because I like them. They aren't advertisements, and I get no kickbacks.)

Please tell me your own nominations for PRONOIA RESOURCES:
Truthrooster@gmail.com.

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FREE WILL ASTROLOGY

Week beginning July 28
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<http://FreeWillAstrology.com>
Grammar key: Asterisks equal *italics**

LEO (July 23-Aug. 22): Be alert for white feathers gliding on the wind. Before eating potato chips, examine each one to see if it bears a likeness of Rihanna or the Virgin Mary. Keep an eye out, too, for portents like robots wearing dreadlocked wigs or antique gold buttons lying in the gutter or senior citizens cursing at invisible Martians. The appearance of anomalies like these will be omens that suggest you will soon be the recipient of crazy good fortune. But if you would rather not wait around for chance events to trigger your good luck, simply make it your fierce intention to generate it. Use your optimism-fueled willpower and your flair for creative improvisation. You will have abundant access to these talents

in the coming weeks.

VIRGO (Aug. 23-Sept. 22): You have just begun your big test. How are you doing so far? According to my analysis, the preliminary signs suggest that you have a good chance of proving the old maxim, "If it doesn't make you so crazy that you put your clothes on inside-out and try to kiss the sky until you cry, it will help you win one of your biggest arguments with Life." In fact, I suspect we will ultimately see you undergo at least one miraculous and certifiably melodramatic transformation. A wart on your attitude could dissolve, for example. A luminous visitation may heal one of your blind spots. You might find a satisfactory substitute for kissing the sky.

LIBRA (Sept. 23-Oct. 22): For many years, my occupation was "starving artist." I focused on improving my skills as a writer and musician, even though those activities rarely earned me any money. To ensure my survival, I worked as little as necessary at low-end jobs -- scrubbing dishes at restaurants, digging ditches for construction companies, delivering newspapers in the middle of the night, and volunteering for medical experiments. During the long hours spent doing tasks that had little meaning to me, I worked diligently to remain upbeat. One trick that worked well was imagining future scenes when I would be engaged in exciting creative work that paid me a decent wage. It took a while, but eventually those visions materialized in my actual life. I urge you to try this strategy in the coming months, Libra. Harness your mind's eye in the service of generating the destiny you want to inhabit.

SCORPIO (Oct. 23-Nov. 21): You have every right to celebrate your own personal Independence Day sometime soon. In fact, given the current astrological omens, you'd be justified in embarking on a full-scale emancipation spree in the coming weeks. It will be prime time to seize more freedom and declare more autonomy and build more self-sufficiency. Here's an important nuance to the work you have ahead of you: Make sure you escape the tyranny of not just the people and institutions that limit your sovereignty, but also the voices in your own head that tend to hinder your flow.

SAGITTARIUS (Nov. 22-Dec. 21): Of all the forbidden fruits that you fantasize about, which one is your favorite? Among the intriguing places you consider to be outside of your comfort zone, which might inspire you to redefine the meaning of "comfort"? The coming weeks will be a favorable time to reconfigure your relationship with these potential catalysts. And while you're out on the frontier dreaming of fun experiments, you might also want to flirt with other wild cards and strange attractors. Life is in the mood to tickle you with useful surprises.

CAPRICORN (Dec. 22-Jan. 19): You have a special talent for accessing wise innocence. In some ways you're virginal, fresh, and raw, and in other ways you're mature, seasoned, and well-developed. I hope you will regard this not as a confusing paradox but rather as an exotic strength. With your inner child and your inner mentor working in tandem, you could accomplish heroic feats of healing. Their brilliant collaboration could also lead to the mending of an old rift.

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YOU'VE ALWAYS GOT MORE HELP AVAILABLE THAN YOU IMAGINE

What do you want to be when you grow up? Is it possible that you will eventually develop beautiful capacities and sublime understandings that you can't even imagine right now?

I might be able to help you move in the direction of becoming more of the person you were born to be.

Tune in to my EXPANDED AUDIO HOROSCOPES

To listen to your Expanded Audio Horoscope online, go to <http://RealAstrology.com>.

Register and/or log in through the main page.

You can also listen over the phone by calling 1-877-873-4888.

The cost is \$6 per sign on the Web (discounts available for bulk purchases), or \$1.99 per minute by phone. Each forecast is 4-5 minutes long.

The Expanded Audio Horoscopes work on most smart phones and tablets.

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"Your expanded astrology thingees help me remember who I really am." - Gareth N., Toronto

"I never knew it was possible to get my butt kicked and my head patted at the same time -- until I listened to you, Rob." -Kristi P., Portland, OR

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AQUARIUS (Jan. 20-Feb. 18): "Where is everybody when I need them?" Even if you haven't actually spoken those words recently, I'm guessing the voices in your head have whispered them. But from what I can tell, that complaint will soon be irrelevant. It will no longer match reality. Your allies will start offering more help and resources. They may not be perfectly conscientious in figuring out how to be of service, but they'll be pretty good. Here's what you can do to encourage optimal results: 1. Purge your low, outmoded expectations. 2. Open your mind and heart to the possibility that people can change. 3. Humbly ask -- out loud, not just in the privacy of your imagination -- for precisely what you want.

PISCES (Feb. 19-March 20): Millions of Pisceans less fortunate than you won't read this horoscope. Uninformed about the rocky patch of Yellow Brick Road that lies just ahead, they may blow a gasket or get a flat tire. You, on the other hand, will benefit from my oracular foreshadowing, as well as my inside connections with the Lords of Funky Karma. You will therefore be likely to drive with relaxed caution, keeping your vehicle unmarred in the process. That's why I'm predicting that although you may not arrive speedily at the next leg of your trip, you will do so safely and in style.

ARIES (March 21-April 19): Free your body. Don't ruminate and agonize about it. FREE YOUR BODY! Be brave and forceful. Do it simply and easily. Free your gorgeously imperfect, wildly intelligent body. Allow it to be itself in all of its glory. Tell it you're ready to learn more of its secrets and adore its mysteries. Be in awe of its unfathomable power to endlessly carry out the millions of chemical reactions that keep you alive and thriving. How can you not be overwhelmed with gratitude for your hungry, curious, unpredictable body? Be grateful for its magic. Love the blessings it bestows on you. Celebrate its fierce animal elegance.

TAURUS (April 20-May 20): The people of many cultures have imagined the sun god as possessing masculine qualities. But in some traditions, the Mighty Father is incomplete without the revitalizing energies of the Divine Mother. The Maoris, for example, believe that every night the solar deity has to marinate in her nourishing uterine bath. Otherwise he wouldn't be strong enough to rise in the morning. And how does this apply to you? Well, you currently have resemblances to the weary old sun as it dips below the horizon. I suspect it's time to recharge your powers through an extended immersion in the deep, dark waters of the primal feminine.

GEMINI (May 21-June 20): An Interesting Opportunity is definitely in your vicinity. It may slink tantalizingly close to you in the coming days, even whisper your name from afar. But I doubt that it will knock on your door. It probably won't call you seven times on the phone or flash you a big smile or send you an engraved invitation. So you should make yourself alert for the Interesting Opportunity's unobtrusive behavior. It could be a bit shy or secretive or modest. Once you notice it, you may have to come on strong -- you know, talk to it sweetly or ply it with treats.

CANCER (June 21-July 22): [Editor's note: The counsel offered in the following oracle was channeled from the Goddess by Rob Brezsny. If you have any problems with it, direct your protests to the Queen Wow, not Brezsny.] It's time to get more earthy and practical about practicing your high ideals and spiritual values. Translate your loftiest intentions into your most intimate behavior. Ask yourself, "How does Goddess want me to respond when my co-worker pisses me off?", or "How would Goddess like me to brush my teeth and watch TV and make love?" For extra credit, get a t-shirt that says, "Goddess was my co-pilot, but we crash-landed in the wilderness and I was forced to eat her."

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Homework: Is it possible there's something you really need but you don't know what it is? Write Truthrooster@gmail.com.

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NEED TO CHANGE YOUR EMAIL ADDRESS?

To join or leave the email list for this newsletter, or to change the address where you receive it, go to:
<http://www.freewillastrology.com/newsletter/>

Once you join, check these points to ensure you'll actually receive the newsletter:

1. Add my address, televisionary@comcast.net, to your address book so that the newsletter won't be treated as spam and filtered out.
2. Adjust your spam filter so it doesn't treat my address as spam.
3. Tell your company's IT group to let my address pass through any filtering software they have set up.
4. If my newsletters don't reach your inbox, look in your "Bulk Mail" or "Junk Mail" folder.
5. Problems could originate with your email provider. It may be using a "content filter" that prevents my newsletter from reaching you. If you suspect that's true, complain. Tell your email provider to stop blocking my newsletter.

P.S. I totally respect your privacy. I'll never sell or give away your address to anyone.

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