

Rob Brezsny's Astrology Newsletter

February 3, 2016

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See a pretty version of this newsletter: <http://bit.ly/1nZOkh6>

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My book *\*PRONOIA IS THE ANTIDOTE FOR PARANOIA\**  
is available at Amazon: <http://bit.ly/Pronoia>  
or Powells: <http://bit.ly/PronoiaPowells>

Below are some inspirational quotes included in the book:

"Don't be concerned about being disloyal to your pain by being joyous."

- Pir Vilayat Inayat Khan

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"I overcame myself, the sufferer; I carried my own ashes to the mountains; I invented a brighter flame for myself. And behold, then this ghost fled from me."

- Friedrich Nietzsche, translated by Walter Kaufman

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"I don't care about someone being intelligent; any situation between people, when they are really human with each other, produces 'intelligence.'"

- Susan Sontag

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"Magic is no more than the art of employing consciously invisible means to produce visible effects. Will, love, and imagination are magic powers that everyone possesses; and whoever knows how to develop them to their fullest extent is a magician. Magic has but one dogma, namely, that the seen is the measure of the unseen."

- W. Somerset Maugham

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"Know that joy is rarer, more difficult, and more beautiful than sadness. Once you make this all-important discovery, you must embrace joy as a moral obligation."

- Andre Gide

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"My idolatry: I've lusted after goodness. Wanting it here, now, absolutely, increasingly."

- Susan Sontag

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"Only a shipwrecked person who has just escaped drowning could understand the psychology of someone who breaks out in laughter just because he is able to breathe."

- K\_b\_ Abe, "The Woman in the Dunes"

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"To cut through the charades of this world, to despise it, may be the aim of great thinkers. My only goal in life is to be able to love this world, to see it and myself and all beings with the eyes of love and admiration and reverence."

- Hermann Hesse



you and enrich you.

TAURUS (April 20-May 20): The archaic English word "quaintrelle" refers to a woman who treats her life as a work of art. She is passionate about cultivating beauty and pleasure and wit in everything she is and does. But she's not a narcissistic socialite. She's not a snooty slave to elitist notions of style. Her aim is higher and sweeter: to be an impeccable, well-crafted fount of inspiration and blessings. I propose that we resuscitate and tinker with this term, and make it available to you. In 2016, you Tauruses of all genders will be inclined to incorporate elements of the quaintrelle, and you will also be skilled at doing so. If you have not yet dived in to this fun work, start now!

GEMINI (May 21-June 20): Sufi teacher (and Gemini) Idries Shah offered this teaching: "They say that when Fortune knocks, you should open the door. But why should you make Fortune knock, by keeping the door shut?" Let's make this your featured meditation, Gemini. If there is anywhere in your life where proverbial doors are shut -- either in the world outside of you or the world inside of you -- unlock them and open them wide. Make it easy for Fortune to reach you.

CANCER (June 21-July 22): Many Cancerians harbor a chronic ache of melancholy about what they're missing. The unavailable experience in question could be an adventure they wish they were having or an absent ally they long to be near or a goal they wish they had time to pursue. That's the bad news. The good news is that you can harness the chronic ache. In fact, it's your birthright as a Cancerian to do so. If you summon the willpower to pull yourself up out of the melancholy, you can turn its mild poison into a fuel that drives you to get at least some of what you've been missing. Now is a favorable time to do just that.

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MAYBE JOY IS AN ESSENTIAL SPIRITUAL EXPERIENCE

Assume that your drive to experience pleasure and happiness isn't a barrier to your spiritual growth, but is in fact essential to it. Proceed on the hypothesis that cultivating joy can make you a more ethical and compassionate person. Imagine that feeling good has something important to teach you every day.

For inspiration in practicing this approach, tune in to your EXPANDED AUDIO HOROSCOPES. They're four-to-five-minute meditations on the current state of your destiny.

To listen to your Expanded Audio Horoscope online, go to <http://RealAstrology.com>.

Register and/or log in through the main page.

You can also listen over the phone by calling 1-877-873-4888.

The cost is \$6 per sign on the Web (discounts available for bulk purchases), or \$1.99 per minute by phone.

The Expanded Audio Horoscopes work on most smart phones and tablets.

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P.S. My long-range, big-picture audio horoscopes for the coming months are still available. Register and/or log in through the main page, and then access the horoscopes by clicking on "Long Range Prediction." (Choose from Part 1, Part 2, Part 3.)

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"I always feel like I know myself better after listening to your audio 'scopes."  
-June R., Austin, TX

"Your audio horoscopes calm me down when I'm too manic and pep me up when I'm down."  
-Arthur T., Cleveland, OH

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LEO (July 23-Aug. 22): How will the next chapter of your story unfold? I

suspect there are two possible scenarios. In one version, the abundance of choices overwhelms you. You get bogged down in an exciting but debilitating muddle, and become frazzled, frenetic, and overwrought. In the other possible scenario, you navigate your way through the lavish freedom with finesse. Your intuition reveals exactly how to make good use of the fertile contradictions. You're crafty, adaptable, and effective. So which way will you go? How will the tale unfold? I think it's completely up to you. Blind fate will have little to do with it. For best results, all you have to do is stay in close touch with the shining vision of what you really want.

VIRGO (Aug. 23-Sept. 22): "To hell with my suffering," wrote Arthur Rimbaud in his poem "May Banners." I suggest you make that your mantra for now. Anytime you feel a sour thought impinging on your perceptions, say, "To hell with my suffering." And then immediately follow it up with an expostulation from another Rimbaud poem, "It's all too beautiful." Be ruthless about this, Virgo. If you sense an imminent outbreak of pettiness, or if a critical voice in your head blurts out a curse, or if a pesky ghost nags you, simply say, "To hell with my suffering," and then, "It's all too beautiful." In this way, you can take advantage of the fact that you now have more power over your emotional pain than usual.

LIBRA (Sept. 23-Oct. 22): "I like people who unbalance me," says Irish writer Colum McCann. Normally I wouldn't dream of encouraging you to make the same declaration, Libra. My instinct is to help you do everything necessary to maintain harmony. But now is one of those rare times when you can thrive on what happens when you become a bit tilted or uneven or irregular. That's because the influences that unbalance you will be the same influences that tickle your fancy and charge your batteries and ring your bell and sizzle your bacon.

SCORPIO (Oct. 23-Nov. 21): The African Association was a 19th-century British group dedicated to exploring West Africa. Its members hoped to remedy Europeans' ignorance about the area's geography. In one of the Association's most ambitious projects, it commissioned an adventurer named Henry Nicholls to discover the origin and to chart the course of the legendary Niger River. Nicholls and his crew set out by ship in their quest, traveling north up a river that emptied into the Gulf of Guinea. They didn't realize, and never figured out, that they were already on the Niger River. I'm wondering if there's a comparable situation going on in your life, Scorpio. You may be looking for something that you have already found.

SAGITTARIUS (Nov. 22-Dec. 21): Richard P. Feynman was a brilliant physicist who won a Nobel Prize in 1965 for his pioneering work in quantum electrodynamics. He also played the bongo drums and was a competent artist. But excessive pride was not a problem for him. "I'm smart enough to know that I'm dumb," he testified. "The first principle is that you must not fool yourself -- and you are the easiest person to fool." I suggest you adopt him as your role model for the next two weeks, Sagittarius. All of us need periodic reminders that we've got a lot to learn, and this is your time. Be extra vigilant in protecting yourself from your own misinformation and misdirection.

CAPRICORN (Dec. 22-Jan. 19): Food connoisseur Anthony Bourdain has a TV show that enables him to travel the globe indulging in his love of exotic cuisine. He takes his sensual delights seriously. In Charleston, South Carolina, he was ecstatic to experience the flavorful bliss of soft-shell crab with lemon pasta and shaved bottarga. "Frankly," he told his dining companion, "I'd slit my best friend's throat for this." Bourdain was exaggerating for comic effect, but I'm concerned you may actually feel that strongly about the gratifications that are almost within your grasp. I have no problem with you getting super-intense in pursuit of your enjoyment. But please stop short of taking extreme measures. You know why.

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Homework: Brag about your flaws and weaknesses and mistakes. Send your boast to Truthrooster@gmail.com.

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P.S. I totally respect your privacy. I'll never sell or give away your address to anyone.

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