

Rob Breznys's Astrology Newsletter

June 10, 2015

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See a pretty version of this newsletter: <http://bit.ly/1eXJNaq>

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My book **PRONOIA IS THE ANTIDOTE FOR PARANOIA**
is available at Amazon: <http://bit.ly/Pronoia>
or Powells: <http://bit.ly/PronoiaPowells>

The e-book is available at <http://bit.ly/eePronoia>

Below are excerpts.

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THE GREATEST GIFT YOU CAN GIVE

The greatest gift you can give might be the gift that you yourself were never given. Give that gift.

The most valuable service you have to offer your fellow humans may be the service you have always wished were performed for you. Offer that service.

An experience that wounded you could move you to help people who've been similarly wounded. Heal yourself by healing others.

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IT'S ALWAYS THE BEGINNING OF THE WORLD

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Even if you don't call yourself an artist, you have the potential to be a dynamic creator who is always hatching new plans, coming up with fresh ideas, and shifting your approach to everything you do as you adjust to life's ceaseless invitation to change.

It's to this part of you—the restless, inventive spirit—that I address the following: Unleash yourself! Don't be satisfied with the world the way it is; don't sit back passively and blankly complain about the dead weight of the mediocre status quo.

Instead, call on your curiosity and charisma and expressiveness and lust for life as you tinker with and rebuild everything you see so that it's in greater harmony with the laws of love and more hospitable to your soul's code.

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SHADOW BLESSINGS

Life is a vast and intricate conspiracy that's guaranteed to keep you well supplied with blessings.

What kind of blessings? Ten million dollars, a gorgeous physique, a perfect marriage, a luxurious home, and high status?

Maybe. But it's just as likely that the blessings will be interesting surprises, dizzying adventures, gifts you hardly know what to do with, and conundrums that dare you to get smarter.

Novelist William Vollman referred to these types of blessings when he said that "the most important and enjoyable thing in life is grappling with a complicated, tricky problem that you don't know how to solve."

Sculptor Henry Moore had a similar idea. He said, "The secret of life is to have a task, something you devote your entire life to, something you bring everything to, every minute of the day for your whole life. And the most important thing is -- it must be something you cannot possibly do."

So in other words, pronoia does not guarantee that you will forevermore

express it with extra grace and imagination.

CANCER (June 21-July 22): You will soon be escaping -- or maybe "graduating" is the right word -- from your interesting trials and tribulations. In honor of this cathartic transition, I suggest you consider doing a ritual. It can be a full-fledged ceremony you conduct with somber elegance, or a five-minute psychodrama you carry out with boisterous nonchalance. It will be a celebration of your ability to outlast the forces of chaos and absurdity, and an expression of gratitude for the resources you've managed to call on in the course of your struggle. To add an extra twist, you could improvise a rowdy victory prayer that includes this quote adapted from Nietzsche: "I throw roses into the abyss and say: 'Here is my thanks to the monster who did not devour me.'"

LEO (July 23-Aug. 22): I propose a Friends Cleanse. It would be a three-week-long process of reviewing your support team and web of connections. If you feel up for the challenge, start this way: Take inventory of your friendships and alliances. If there are any that have faded or deteriorated, make a commitment to either fix them or else phase them out. Here's the second stage of the Friends Cleanse: Give dynamic boosts to those relationships that are already working well. Take them to the next level of candor and synergy.

VIRGO (Aug. 23-Sept. 22): After Walt Whitman published *Leaves of Grass* in 1855, he made sure it would get the publicity he wanted. He wrote anonymous reviews of his own book and submitted them to several publications, all of which printed them. "An American bard at last!" began the glowing review that appeared in one newspaper. According to my reading of the astrological omens, Virgo, you now have license to engage in similar behavior. You will incur no karma, nor will you tempt fate, if you tout your own assets in the coming weeks. Try to make your bragging and self-promotion as charming as possible, of course. But don't be timid about it.

LIBRA (Sept. 23-Oct. 22): If you carry out the assignments I recommend, you will boost your charisma, your chutzpah, and your creativity. Here's the first one: Try something impossible every day. Whether or not you actually accomplish it isn't important. To merely make the effort will shatter illusions that are holding you back. Here's your second assignment: Break every meaningless rule that tempts you to take yourself too seriously. Explore the art of benevolent mischief. Here's the third: Clear out space in your fine mind by shedding one dogmatic belief, two unprovable theories, and three judgmental opinions. Give yourself the gift of fertile emptiness.

SCORPIO (Oct. 23-Nov. 21): In the 16th century, roguish French author Francois Rabelais published a comic novel entitled *The Life of Gargantua and of Pantagruel*. In the course of his satirical story, a learned teacher named Epistemon takes a visit to the afterlife and back. While on the other side, he finds famous dead heroes employed in humble tasks. Alexander the Great is making a meager living from mending old socks. Cleopatra is hawking onions in the streets. King Arthur cleans hats and Helen of Troy supervises chambermaids. In accordance with the Rabelaisian quality of your current astrological aspects, Scorpio, I invite you to meditate on the reversals you would like to see in your own life. What is first that maybe should be last? And vice versa? What's enormous that should be small? And vice versa? What's proud that should be humble? And vice versa?

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LOVE YOUR LIFE! How's your fight for freedom going? Are you making progress in liberating yourself from your unconscious obsessions, bad habits, and conditioned responses? Are you turning out to be the hero of your own life?

For assistance and inspiration, tune in to my EXPANDED AUDIO HOROSCOPES.

These forecasts are different in tone and format from the written horoscopes you read here in the newsletter. They're longer and more leisurely in tone. They tend to bring out more of the patient counselor in me, and have a bit less of the poet.

To listen to your Expanded Audio Horoscope online, go to <http://RealAstrology.com>.

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- Ari S., Ann Arbor, MI

"When I listen to your audio 'scopes, my free will lights up." - Alex D., Los Angeles

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SAGITTARIUS (Nov. 22-Dec. 21): There's no better time than now to ask the big question or seek the big opening or explore the big feeling. People are not only as receptive as they will ever be, they are also more likely to understand what you really mean and what you are trying to accomplish. Which door has been forever locked? Which poker face hasn't blinked or flinched in many moons? Which heart of darkness hasn't shown a crack of light for as long as you can remember? These are frontiers worth revisiting now, when your ability to penetrate the seemingly impenetrable is at a peak.

CAPRICORN (Dec. 22-Jan. 19): The writer Donald Barthelme once came to see the artist Elaine de Kooning in her New York studio. Midway through the visit, loud crashes and bangs disturbed the ceiling above them. De Kooning wasn't alarmed. "Oh, that's Herbert thinking," she said, referring to the metal sculptor Herbert Ferber, who worked in a studio directly above hers. This is the kind of thinking I'd love to see you unleash in the coming days, Capricorn. Now is not a time for mild, cautious, delicate turns of thought, but rather for vigorous meditations, rambunctious speculations, and carefree musings. In your quest for practical insight, be willing to make some noise. (The story comes from Barthelme's essay "Not-Knowing.")

AQUARIUS (Jan. 20-Feb. 18): Sidney Lumet was an American director who worked on 50 films, including 14 that were nominated for Academy Awards, like *Network* and *Dog Day Afternoon*. Actors loved to work with him, even though he was a stickler for thorough rehearsals. Intense preparation, he felt, was the key to finding the "magical accidents" that allow an actor's highest artistry to emerge. I advocate a similar strategy for you, Aquarius. Make yourself ready, through practice and discipline, to capitalize fully on serendipitous opportunities and unexpected breakthroughs when they arrive.

PISCES (Feb. 19-March 20): "It is not only the most difficult thing to know oneself, but the most inconvenient one, too," said American writer Josh Billings. I agree with him. It's not impossible to solve the mystery of who you are, but it can be hard work that requires playful honesty, cagey tenacity, and an excellent sense of humor. The good news is that these days it's far less difficult and inconvenient than usual for you to deepen your self-understanding. So take advantage! To get started, why don't you interview yourself? Go here to see some questions you could ask: <http://bit.ly/interviewyourself>.

ARIES (March 21-April 19): "To look at a thing hard and straight and seriously -- to fix it." Aries author Henry James said he wanted to do that on a regular basis. He didn't want to be "arbitrary" or "mechanical" in his efforts. I invite you to make this perspective one of your specialties in the coming weeks, Aries. Pick out a tweaked situation you'd like to mend or a half-spoiled arrangement you want to heal. Then pour your pure intelligence into it. Investigate it with a luminous focus. Use all your tough and tender insight to determine what needs to be transformed, and transform it.

TAURUS (April 20-May 20): Drug expert Jonathan P. Caulkins estimates that Americans are stoned on marijuana for more than 288 million hours every week. A U.N. report on global drug use concluded that Canadians consume weed at a similar rate. Among Europeans, Italians are number one and the French are fourth. But I encourage you to avoid contributing to these figures for the next twelve to fourteen days. In my astrological opinion, it's time to be as sober and sensible and serious as you ever get. You have the chance to make unprecedented progress on practical matters through the power of your pure reasoning and critical thinking.

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Homework: Name two ways you think that everyone should be more like you. FreeWillAstrology.com

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3. Tell your company's IT group to allow my address to pass through any filtering software they may have set up.
4. If my newsletters don't reach your inbox, look in your "Bulk Mail" or "Junk Mail" folder.
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