



Reiki eZine by **Taggart King**

[Liberate Your Reiki!] The Importance of Intent in Reiki

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Liberate your Reiki!

The eZine for Open-minded Reiki people

9th December 2024

THE EZINE FOR OPEN-MINDED REIKI PEOPLE

Liberate Your Reiki!

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It's Monday, so that means "Reiki Article Day" Mondays and Wednesdays: take 5 minutes to read a Reiki article

Reiki articles for you to read on Mondays and Wednesdays. Each one will take about 5 minutes or so to read, and hopefully you will find something interesting, informative, helpful or thought-provoking, maybe even challenging.

So without further ado, here's....

Today's Article "The Importance of Intent in Reiki"



Hiya,

A wise friend of mine once said to me that “where thought goes, energy flows” and I think that this principle applies very well to Reiki.

Some of us have been taught in quite a rigid way, learning that we must always follow a particular prescription to achieve a desired effect, whether this be a set form of words, a collection of symbols, or a complicated ritual.

That’s fine: we can choose to do that if we like, but I believe that underlying our form of words, our rituals and our symbols is an important and powerful driving force: our intention.

I believe that we can move beyond the details, the constructed systems, to access that simple, profound and powerful controlling force.

Whatever we do, when we do Reiki, we control the energy using our intention.

Let's talk about this some more...

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So, that's all from me for today.

Take care,

Taggart ;)

Taggart can help you to *reclaim your authentic self*, letting go of any anxiety, low self esteem, excess weight, to emerge again as the person you used to be.

"These sessions have been truly life changing and I find I now have so much more energy to devote to work and creative projects. I can more easily embody the essence of my true self now and after years of struggling with anxiety, I cannot get over just how remarkable this actually is."

- CM

Make the decision to explore a more positive future, and click here: www.taggartking.co.uk

The "Liberate Your Reiki!" eZine is produced by Reiki Evolution www.reiki-evolution.co.uk

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