





Reiki eZine by Taggart King [Liberate Your Reiki!] Working with Reiki Intuition

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Liberate your Reiki!

The eZine for Open-minded Reiki people

4th December 2024



It's Wednesday, so that means "Reiki Article Day" Mondays and Wednesdays: take 5 minutes to read a Reiki article

Reiki articles for you to read on Mondays and Wednesdays. Each one will take about 5 minutes or so to read, and hopefully you will find something interesting, informative, helpful or thought-provoking, maybe even challenging.

So without further ado, here's....

Todays' Article "Working with Reiki Intuition"



Hiya,

Intuitive? Not me!

When I first started practising Reiki, I didn't believe that I was intuitive.

In fact, I thought that I might only be able to become intuitive after years of dedicated practice, if then. I thought that maybe intuition was only for the gifted few, or if it did arrive for me then it would flash into my head, gone in an instant, and I would not know how to get it back again.

I now realise that intuition is available for everyone, right from the word go, and that by doing just a few simple things we can all amaze ourselves with what we can become aware of.

Partly I have come to this conclusion through trial and error, and partly through practising an intuitive technique called 'Reiji ho' that is used in Japanese-style Reiki, a technique that allows your hands to be moved 'by invisible magnets' to the right places to treat.

I have a long way to go with intuition: it is a lifelong journey, but I thought some people might find my experiences and experimentation interesting to read about.

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So, that's all from me for today.

Take care,

Taggart;)

Taggart can help you to <i>reclaim your authentic self</i> , letting go of any anxiety, low self esteem, excess weight, to emerge again as the person you used to be.
"These sessions have been truly life changing and I find I now have so much more energy to devote to work and creative projects. I can more easily embody the essence of my true self now and after years of struggling with anxiety, I cannot get over just how remarkable this actually is."
- CM
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