





Reiki eZine by Taggart King

[Liberate Your Reiki!] Let's Explore Some non-Reiki Symbols

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Liberate your Reiki!

The eZine for Open-minded Reiki people

25th September 2024



It's Wednesday, so that means "Reiki Article Day" Mondays and Wednesdays: take 5 minutes to read a Reiki article

Reiki articles for you to read on Mondays and Wednesdays. Each one will take about 5 minutes or so to read, and hopefully you will find something interesting, informative, helpful or thought-provoking, maybe even challenging.

So without further ado, here's....

Todays' Article "Let's Explore Some non-Reiki Symbols"



Hiya,

Where we are now

In my article <u>Some heresy about Reiki symbols</u> I explained that you do not need to be 'attuned' to a symbol for that symbol to work for you when you're channelling the energy, and that any symbol – wherever it came from – will frame and focus the Reiki energy in a distinctive way.

I set you the exercise of meditating on a simple circle, putting the symbol up in the air above you and drawing Reiki down from that symbol, to flood over you and through you.

You were meditating on and experiencing "O" flavour Reiki, or circle-flavour Reiki.

Now I have more things for you to experiment with...

Click HERE To Read More

So, that's all from me for today.

Take care,

Taggart ;)

Taggart can help you to *reclaim your authentic self*, letting go of any anxiety, low self esteem, excess weight, to emerge again as the person you used to be.

"These sessions have been truly life changing and I find I now have so much more energy to devote to work and creative projects. I can more easily embody the essence of my true self now and after years of struggling with anxiety, I cannot get over just how remarkable this actually is."
- CM
Make the decision to explore a more positive future, and click here: www.taggartking.co.uk
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