



Reiki eZine by **Taggart King**

[Liberate Your Reiki!] Ditch the Dogma in Reiki Distant Healing

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Liberate your Reiki!

The eZine for Open-minded Reiki people

29th July 2024

THE EZINE FOR OPEN-MINDED REIKI PEOPLE

Liberate Your Reiki!

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It's Monday, so that means "Reiki Article Day" Mondays and Wednesdays: take 5 minutes to read a Reiki article

Reiki articles for you to read on Mondays and Wednesdays. Each one will take about 5 minutes or so to read, and hopefully you will find something interesting, informative, helpful or thought-provoking, maybe even challenging.

So without further ado, here's....

Today's Article ["Ditch the Dogma in Reiki Distant Healing"](#)



Hiya,

[Find your own distant healing method](#)

Distant healing is carried out in a huge number of ways in different lineages. There is endless variety.

Some methods are more complex than others, and some approaches are more dogmatic than others.

Some students are taught that if they do not carry out distant healing in a particular way then it will not work for them. This is unhelpful and Reiki is certainly not constrained by the details of man-made rituals.

[So what do we need for distant healing to succeed?](#)

What does distant healing boil down to?

What are the essential steps?

[Click HERE To Read More](#)

So, that's all from me for today.

Take care,

Taggart ;)

Taggart can help you to *reclaim your authentic self*, letting go of any anxiety, low self esteem, excess weight, to emerge again as the person you used to be.

"These sessions have been truly life changing and I find I now have so much more energy to devote to work and creative projects. I can more easily embody the essence of my true self now and after years of struggling with anxiety, I cannot get over just how remarkable this actually is."

- CM

Make the decision to explore a more positive future, and click here: www.taggartking.co.uk

The "Liberate Your Reiki!" eZine is produced by Reiki Evolution www.reiki-evolution.co.uk

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