



Reiki eZine by Taggart King

[Liberate Your Reiki!] Taggart's Reiki Chakra Meditation

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Liberate your Reiki!

The eZine for Open-minded Reiki people

17th July 2024

THE EZINE FOR OPEN-MINDED REIKI PEOPLE

Liberate Your Reiki!

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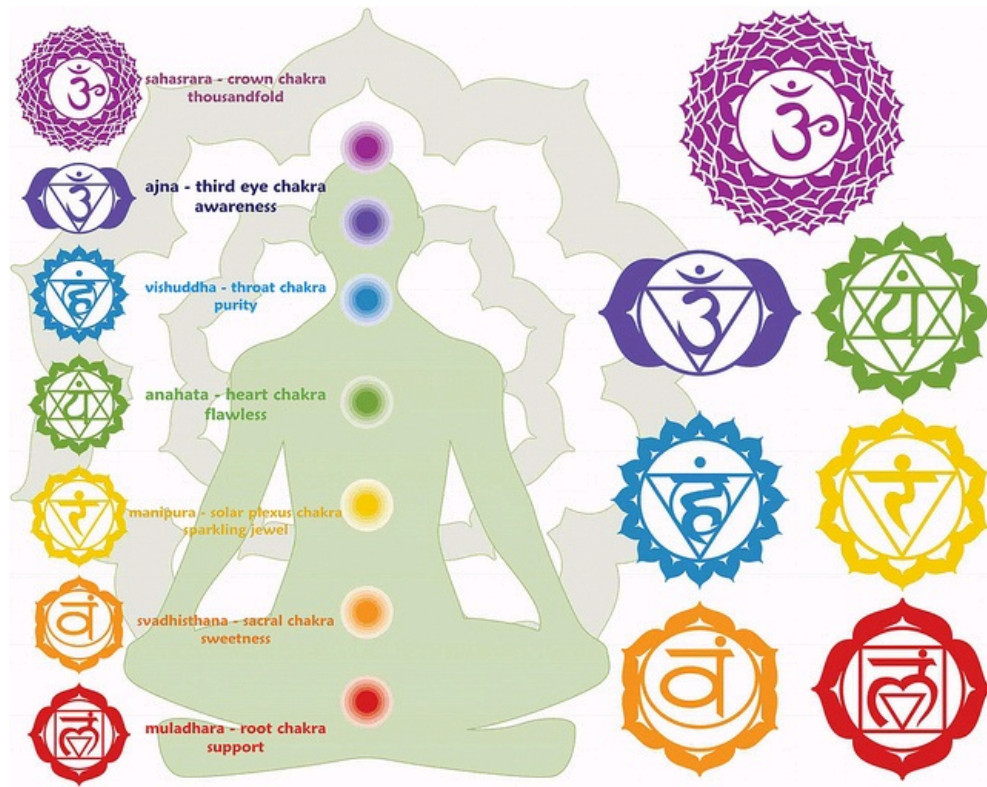


It's Wednesday, so that means "Reiki Article Day" Mondays and Wednesdays: take 5 minutes to read a Reiki article

Reiki articles for you to read on Mondays and Wednesdays. Each one will take about 5 minutes or so to read, and hopefully you will find something interesting, informative, helpful or thought-provoking, maybe even challenging.

So without further ado, here's....

Today's Article "Reiki Chakra Meditation"



Hiya,

All a bit New Age?

Working with the chakras has ended up being taught quite commonly on Reiki courses, mainly because Reiki spent a long time travelling with the New Age movement and picked up various New Age ideas like working with chakras, and Angels, and Spirit guides and the like.

There's nothing wrong with working with these ideas or principles, of course. But they're not really anything to do with Reiki; they end up being bundled with it.

But let's do something with chakras anyway, shall we?...

[Click HERE To Read More](#)

So, that's all from me for today.

Take care,

Taggart ;)

Taggart can help you to *reclaim your authentic self*, letting go of any anxiety, low self esteem, excess weight, to emerge again as the person you used to be.

"These sessions have been truly life changing and I find I now have so much more energy to devote to work and creative projects. I can more easily embody the essence of my true self now and after years of struggling with anxiety, I cannot get over just how remarkable this actually is."

Make the decision to explore a more positive future, and click here: www.taggartking.co.uk

The "Liberate Your Reiki!" eZine is produced by Reiki Evolution www.reiki-evolution.co.uk

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