



Reiki eZine by Taggart King

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[Liberate Your Reiki!] When I treat, do I need to keep at least one hand touching the body at all times?

Liberate your Reiki!

The eZine for Open-minded Reiki people

26th June 2024

THE EZINE FOR OPEN-MINDED REIKI PEOPLE

Liberate Your Reiki!

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It's Wednesday, so that means "Reiki Article Day" Mondays and Wednesdays: take 5 minutes to read a Reiki article

Reiki articles for you to read on Mondays and Wednesdays. Each one will take about 5 minutes or so to read, and hopefully you will find something interesting, informative, helpful or thought-provoking, maybe even challenging.

So without further ado, here's....

Today's Article "When I treat, do I need to keep at least one hand touching the body at all times?"



Hiya,

Keep touching or you'll lose the 'connection'?

In some lineages, students are taught that they always need to keep at least one hand resting on the body at all times because, if they do not, they will 'lose their connection' with the client, and then have to go through a ritual again in order to regain that lost connection.

But is this really necessary?

Do we have to have to touch the body every second, like a sort of Reiki tag-team, for fear of disconnecting, and is the Reiki 'connection' so fragile?...

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So, that's all from me for today.

Take care,

Taggart ;)

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