



Reiki eZine by Taggart King

[Liberate Your Reiki!] Intelligent Energy? Yes? No? Maybe?

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Liberate your Reiki!

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The eZine for Open-minded Reiki people



Intelligent Energy? A Reiki blog by Taggart King



Many different views about the energy

It is well established within Reiki that the energy we channel is 'intelligent'.

Some people believe that the energy is innately intelligent, perhaps because of its divine origins, and some believe that the intelligence of the energy is accounted for by the presence of spirit guides who direct the energy as we treat someone.

Others believe that it is the body that is intelligent, drawing the energy to where it needs to go. Most of us will have noticed that the energy will move from where our hands are resting to other parts of the recipient's body, drawn according to the recipient's need to areas of need, so it is clear that it doesn't always restrict itself to where we place it.

Some people take the line that Reiki will work perfectly well no matter what hand positions you use, irrespective of the knowledge and experience of the practitioner and whether or not the practitioner can work intuitively. The implication of this is that you could quite happily carry out a Reiki treatment by simply holding someone's hands for an hour and the energy would be drawn to the areas of need, and that there is nothing that you could do to help make the treatment more effective.

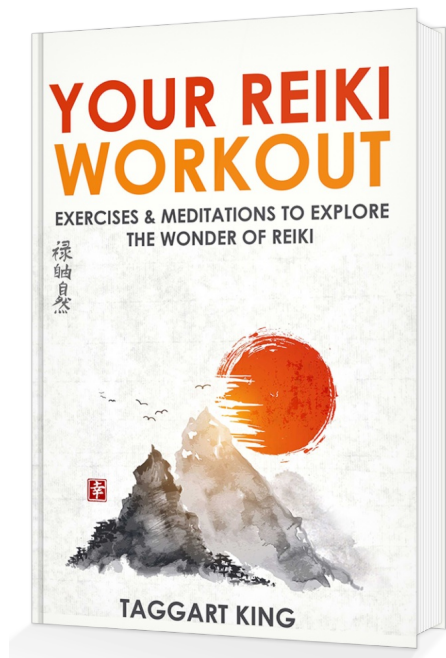
Another view is that there are things that a practitioner can do in order to increase the effectiveness of a treatment, for example:

- Working on yourself to develop your ability as a channel
- Using intuition to decide where to put your hands (rather than following standard hand positions) and what aspect of the energy to emphasise during the treatment, or where to direct your attention.

So... what are we to think?

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Are You Ready to Take Things to the Next Level? Use "Your Reiki Workout" to free up your practice



This book started its life as a collection of 'self-help guides' that focused on: getting started with Reiki, becoming more sensitive to the energy, developing your intuitive side and exploring the use of intent.

What I have done is to take these guides and re-write and expand upon them, so that you have here a practical workbook that you can use over time to explore the potentials that Reiki has to offer.

I have also included all the work that I have done in developing "*Reiki synthesis*": a way of using questions, language forms and a breathing technique to create bespoke symbols for yourself and others, and to deal with unhelpful emotions or beliefs.

Reiki synthesis focuses specific energies on freeing you from what is holding you back in your life, releases negative emotions and beliefs and creates specific energies to move you forward in the most powerful and positive way.

This book will be of interest to anyone who is interested in exploring and experimenting with the energy and who wants to learn a unique and powerful system for self-transformation.

This professionally-printed Reiki book has 210 A5 pages, a glossy soft cover and we will send it to anywhere in the world!

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