

"I promise to be stronger than hate, wetter than water, deeper than the abyss, and wilder than the sun.

"I pledge to remember that I am not only a sweating, half-asleep, excitable, bumbling jumble of desires, but that I am also an immortal four-dimensional messiah in continuous telepathic touch with all of creation.

"I vow to love and honor my highs and my lows my yeses and noes, my give and my take, the life I wish I had and the life I actually have.

"I promise to push hard to get better and smarter, grow my devotion to the truth, fuel my commitment to beauty, refine my emotions, hone my dreams, wrestle with my shadow, purge my ignorance, and soften my heart -- even as I always accept myself for exactly who I am, with all of my so-called foibles and wobbles."

"I pledge to wake myself up, never hold back, have nothing to lose, go all the way, kiss the stormy sky, be the hero of my own story, ask for everything I need and give everything I have, take myself to the river when it's time to go to the river, and take myself to the mountaintop when it's time to go to the mountaintop."

+ + + + + + + + + + + + + + + + + + +

RECEPTIVITY REMEDIES

Alert, relaxed listening is the radical act at the heart of our pronoia practice.

Curiosity is our primal state of awareness.

Wise innocence is a trick we aspire to master.

Open-hearted skepticism is the light in our eyes.

More: bit.ly/1KDBOST

+ + + + + + + + + + + + + + + + + + +

GOOD PROBLEMS

Conventional wisdom implies that the best problems are those that place you under duress. There's supposedly no gain without pain. Stress is allegedly an incomparable spur for calling on resources that have been previously unavailable or dormant. Nietzsche's aphorism, "That which doesn't kill me makes me stronger," has achieved the status of a maxim.

There's a bit of truth in that perspective. But it's clear that stress also accompanies many mediocre problems that have little power to make us smarter. Pain frequently generates no gain. We're all prone to become habituated, even addicted, to nagging vexations that go on and on without rousing any of our sleeping genius.

There is, furthermore, another class of difficulty—let's call it the delightful dilemma—that neither feeds on angst nor generates it. On the contrary, it's fun and invigorating, and usually blooms when you're feeling a profound sense of being at home in the world. The problem of writing my books is a good example. I have abundant fun handling the perplexing challenges with which they confront me.

Imagine a life in which at least half of your quandaries match this profile. Act as if you're most likely to attract useful problems when joy is your predominant mood. Consider the possibility that being in unsettling circumstances may shrink your capacity to dream up the riddles you need most; that maybe it's hard to ask the best questions when you're preoccupied fighting rearguard battles against boring or demeaning annoyances that have plagued you for many moons.

Prediction: As an aspiring lover of pronoia, you will have a growing knack for gravitating toward wilder, wetter, more interesting problems. More and more, you will be drawn to the kind of gain that doesn't require pain. You'll be so alive and awake that you'll cheerfully push yourself out of your comfort zone in the direction of your personal frontier well before you're forced to do so by fate's kicks in the ass.

+ + + + + + + + + + + + + + + + + + +

WHERE THE SPIRITUAL MEETS THE PRACTICAL

"How does my spiritual practice and daily life serve the earth? How does my spiritual practice and daily life affect the poorest third of humanity? How will my spiritual practice and daily life affect the generations to come in the future?"

~ Starhawk

+ + + + + + + + + + + + + + + + + + +

IN SERVICE TO THE LIBERATED IMAGINATION

My horoscopes are not rooted in or justified by any belief system, doctrine, fairy tale, authoritative teacher, elaborate secret joke, mystical wishing, well-rationalized bias, or rebellion against science. My horoscopes are fueled by poetry and in service to the liberated imagination.

+ + + + + + + + + + + + + + + + + + +

THE DIFFERENCES BETWEEN THE ORIGINAL EDITION OF MY BOOK *PRONOIA* AND THE REVISED EDITION

I published the original version of MY BOOK *Pronoia Is the Antidote for Paranoia: How the Whole World is Conspiring to Shower You with Blessings* in 2005. For my next big writing project, I might have chosen to write a sequel. But instead I opted to fatten up the first edition.

The Revised and Expanded edition of *PRONOIA*, which came out four years later, is MUCH fatter. It has 55% brand new extra material, or 92 more pages and 63,000 additional words -- the size of a whole new book.

LIBRA (Sept. 23-Oct. 22):

In her high school yearbook, Libra-born Sigourney Weaver arranged to have this caption beneath her official photo: "Please, God, please, don't let me be normal!" Since then, she has had a long and acclaimed career as an actor in movies. ScreenPrism.com calls her a pioneer of female action heroes. Among her many exotic roles: a fierce warrior who defeats monstrous aliens; an exobiologist working with indigenous people on the moon of a distant planet in the 22nd century; and a naturalist who lives with mountain gorillas in Rwanda. If you have ever had comparable fantasies about transcending normalcy, Libra, now would be a good time to indulge those fantasies—and begin cooking up plans to make them come true.

SCORPIO (Oct. 23-Nov. 21):

Scorpio-born Prince Charles has been heir to the British throne for 68 years. That's an eternity to be patiently on hold for his big chance to serve as king. His mother Queen Elizabeth just keeps going on and on, living her very long life, ensuring that Charles remains second-in-command. But I suspect that many Scorpios who have been awaiting their turn will finally graduate to the next step in the coming weeks and months. Will Charles be one of them? Will you? To increase your chances, here's a tip: Meditate on how to be of even greater devotion to the ideals you love to serve.

SAGITTARIUS (Nov. 22-Dec. 21):

Inventor Buckminster Fuller was a visionary who loved to imagine ideas and objects no one had ever dreamed of before. One of his mottoes was, "There is nothing in a caterpillar that tells you it's going to be a butterfly." I recommend that you spend quality time in the coming weeks meditating on butterfly-like things you'd love to have as part of your future—things that may resemble caterpillars in the early going. Your homework is to envision three such innovations that could be in your world by October 1, 2021.

CAPRICORN (Dec. 22-Jan. 19):

During World War II, Hollywood filmmakers decided it would be a good idea to create stories based on graphic current events: for example, American Marines waging pitched battles against Japanese soldiers on South Pacific islands. But audiences were cool to that approach. They preferred comedies and musicals with "no message, no mission, no misfortune." In the coming weeks, I advise you to resist any temptation you might have to engage in a similar disregard of current events. In my opinion, your mental health requires you to be extra discerning and well-informed about politics—and so does the future of your personal destiny.

AQUARIUS (Jan. 20-Feb. 18):

"Pretending is imagined possibility," observes actor Meryl Streep. "Pretending is a very valuable life skill and we do it all the time." In other words, fantasizing about events that may never happen is just one way we use our mind's eye. We also wield our imaginations to envision scenarios that we actually want to create in our real lives. In fact, that's the first step in actualizing those scenarios: to play around with picturing them; to pretend they will one day be a literal part of our world. The coming weeks will be an excellent time for you to supercharge the generative aspect of your imagination. I encourage you to be especially vivid and intense as you visualize in detail the future you want.

PISCES (Feb. 19-March 20):

"My own soul must be a bright invisible green," wrote author and philosopher Henry David Thoreau. Novelist Tom Robbins suggested that we visualize the soul as "a cross between a wolf howl, a photon, and a dribble of dark molasses." Nobel Prize-winning poet Wislawa Szymborska observed, "Joy and sorrow aren't two different feelings" for the soul. Poet Emily Dickinson thought that the soul "should always stand ajar"—just in case an ecstatic experience or rousing epiphany might be lurking in the vicinity. In the coming weeks, Pisces, I invite you to enjoy your own lively meditations on the nature of your soul. You're in a phase when such an exploration can yield interesting results.

+++++

EXTRA BONUS SUPPORT

Since I put all my heart and soul into the written horoscopes I send out in this newsletter, they're pretty nutritious. You may never need any of the other stuff I create.

But if you ever do crave an added boost, you may want to sample my Expanded Audio Horoscopes. They're different in tone and intent than the written scopes, imbued with a little more of the psychologist in me, and a little less of the poet.

To listen to your Expanded Audio Horoscope online, go to [To listen to your Expanded Audio Horoscope online](#), go to [RealAstrology.com](#)

Register and/or log in through the main page.

+

The cost is \$6 per sign online. (Discounts are available for bulk purchases.)

You can also listen over the phone by calling 1-877-873-4888. The cost is \$1.99 per minute. Each forecast is 4-5 minutes long.

+

"Your expanded horoscopes get more personal and intimate with me than some of my closest friends. Thanks for the loving reflections."
—Ari Schlectman., Ann Arbor, MI

"When I listen to your audio 'scopes, my free will lights up."
—Alex Denares., Los Angeles

+++++

ARIES (March 21-April 19):

"I am, indeed, a king, because I know how to rule myself," wrote 16th-century author Pietro Aretino. By January 2021, Aries, I would love for you to have earned the right to make a similar statement: "I am, indeed, a royal sovereign, because I know how to rule myself." Here's the most important point: The robust power and clout you have the potential to summon has nothing to do

with power and clout over other people—only over yourself. Homework: Meditate on what it means to be the imperial boss and supreme monarch of your own fate.

TAURUS (April 20-May 20):

"The basic principle of spiritual life is that our problems become the very place to discover wisdom and love." Buddhist teacher Jack Kornfield made that brilliant observation. It's always worth meditating on, but it's an especially potent message for you during the first three weeks of October 2020. In my view, now is a highly favorable time for you to extract uplifting lessons by dealing forthrightly with your knottiest dilemmas. I suspect that these lessons could prove useful for the rest of your long life.

GEMINI (May 21-June 20):

"My business is to love," wrote poet Emily Dickinson. I invite you to adopt this motto for the next three weeks. It's an excellent time to intensify your commitment to expressing compassion, empathy, and tenderness. To do so will not only bring healing to certain allies who need it; it will also make you smarter. I mean that literally. Your actual intelligence will expand and deepen as you look for and capitalize on opportunities to bestow blessings. (P.S. Dickinson also wrote, "My business is to sing." I recommend you experiment with that mandate, as well.)

CANCER (June 21-July 22):

"I'm the diamond in the dirt, that ain't been found," sings Cancerian rapper Curtis Jackson, also known as 50 Cent. "I'm the underground king and I ain't been crowned," he adds. My reading of the astrological omens suggests that a phenomenon like that is going on in your life right now. There's something unknown about you that deserves and needs to be known. You're not getting the full credit and acknowledgment you've earned through your soulful accomplishments. I hereby authorize you to take action! Address this oversight. Rise up and correct it.

LEO (July 23-Aug. 22):

The author bell hooks (who doesn't capitalize her name) has spent years as a professor in American universities. Adaptability has been a key strategy in her efforts to educate her students. She writes, "One of the things that we must do as teachers is twirl around and around, and find out what works with the situation that we're in." That's excellent advice for you right now—in whatever field you're in. Old reliable formulas are irrelevant, in my astrological opinion. Strategies that have guided you in the past may not apply to the current scenarios. Your best bet is to twirl around and around as you experiment to find out what works.

VIRGO (Aug. 23-Sept. 22):

"Your relationship with yourself sets the tone for every other relationship you have," says motivational speaker Robert Holden. Hallelujah and amen! Ain't that the truth! Which is why it's so crucial to periodically take a thorough inventory of your relationship with yourself. And guess what, Virgo: Now would be a perfect time to do so. Even more than that: During your inventory, if you discover ways in which you treat yourself unkindly or carelessly, you can generate tremendous healing energy by working to fix the glitches. The coming weeks could bring pivotal transformations in your bonds with others if you're brave enough to make pivotal transformations in your bonds with yourself.

+++++

HOMEWORK:

Make up a song that cheers you up and inspires your excitement about the future. It doesn't have to be perfect. FreeWillAstrology.com

+++++

Submissions sent to Rob Breznsny's Astrology Newsletter or in response to "homework assignments" may be published in a variety of formats at Rob Breznsny's discretion, including but not limited to newsletters, books, the Free Will Astrology column, and Free Will Astrology website. We reserve the right to edit submissions for length, style, and content. Requests for anonymity will be honored. We are not responsible for unsolicited submission of any creative material.

Contents of the Free Will Astrology Newsletter are Copyright 2020 Rob Breznsny

+++++