



Rob Brezsnys's Astrology Newsletter
October 18, 2017
FreeWillAstrology.com

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My book *PRONOIA IS THE ANTIDOTE FOR PARANOIA* is available at Amazon: bit.ly/Pronoia or Powells: bit.ly/PronoiaPowells

Below are excerpts.

What's the Most Important Question for You to Ask Today?

You possess exceptional capacities that are absolutely unique. You're a masterpiece unlike any other that has ever lived in the history of the world.

Furthermore, the precise instructions you need to ripen into your special talents have always been with you, even from the time before you were born. In the words of psychologist James Hillman, you have a soul's code.

You might also call it the mission you came to Earth to carry out; the divine blueprint that contains the open secret of how to be perfectly, unpredictably yourself; the master plan that is your heart's deepest desire.

Would you like help in deciphering it? The Divine Intelligence Formerly Known as God is always on call, ready to help. It's your birthright to ask Her a specific question every day about what you need to do next to express your soul's code; it's also your birthright to receive a response.

The divine revelation may not be as unambiguous as a little voice in your head. It might appear in the form of a TV commercial, an odd dream, or an encounter with a stranger. It could be demanding and difficult, delivering information you'd rather not have to deal with. Or it might show up as a clear and simple feeling of knowing exactly what to do, and it could be easy and fun.

What question will you ask the Divine Wow today?

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P.S. "There is a vitality, a life force, a quickening that is translated through you into action, and because there is only one of you in all time, this expression is unique. If you block it, it will never exist through any other medium. It will be lost. The world will not have it.

"It is not your business to determine how good it is, nor how valuable it is, nor how it compares with other expressions. It is your business to keep it yours clearly and directly, to keep the channel open."

- Martha Graham, quoted by Agnes de Mille, *Dance to the Piper and Promenade Home*

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RE-GENIUS YOURSELF?

Although we are all born geniuses, the grind of day-to-day living tends to de-genius us. That's the bad news. The good news is that you have the power to re-genius yourself.

Here's a recording of a ritual I did that you can use to jump-start the process:
bit.ly/ReGeniusYourself

Here are videos of the the time I did this ritual at a theater in San Francisco:

bit.ly/YouAreAGenius1

bit.ly/YouAreAGenius2

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51% YES

Take inventory of the extent to which your "No" reflex dominates your life. Notice for 24 hours (even in your dreams) how often you say or think:

"No."

"That's not right."

"I don't like them."

"I don't agree with that."

"They don't like me."

"That should be different from what it is."

Wherever you find that NO is a habit, a reflex, a conditioned compulsion, consider the possibility of rebelling against the habit, reflex, or conditioned compulsion with a big red YES.

What would it be like for you to say "YES" at least 51 percent of the time?

Invitation: Say "YES" aloud 22 times right now.

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YOU HAVE WHAT YOU NEED

"This body that we have, this very body that's sitting here right now in this room, this very body that perhaps aches, and this mind that we have at this very moment, are exactly what we need to be fully human, fully awake, and fully alive.

"Furthermore, the emotions that we have right now, the negativity and the positivity, are what we actually need. It is just as if we looked around to find out what would be the greatest wealth that we could possibly possess in order to lead to a decent, good, completely fulfilling, energetic, inspired life, and found it right here."

—Pema Chödrön, "The Wisdom of No Escape and the Path of Loving Kindness"

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YOU'RE A STAR

You're a star -- and so am I. I'm a genius -- and so are you. Your success encourages my brilliance, and my charisma enhances your power. Your victory doesn't require my defeat, and vice versa. Those are the rules in the New World -- quite unlike the rules in the Old World, where zero-sum games are the norm, and only one of us can win each time we play.

In the New World, you don't have to tone down or apologize for your prowess, because you love it when other people shine. You exult in your own excellence without regarding it as a sign of inherent superiority. As you ripen more and more of your latent aptitude, you inspire the rest of us to claim our own idiosyncratic magnificence.

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MORE PRONOIA RESOURCES:

Here's Your Antidote to Current Events: Positive News About 10 Death Rates That Keep Going Down
tinyurl.com/ybgxpddy

Israeli, Palestinian women march together for peace
tinyurl.com/y9lkfsf3

Activism tips for the Trump era from labor organizer @DoloresHuerta bit.ly/2y10DOx

(Note: I endorse these because I like them. They aren't advertisements, and I get no kickbacks.)

Please tell me your own nominations for PRONOIA RESOURCES: Truthrooster@gmail.com.

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FREE WILL ASTROLOGY
Week beginning October 19

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LIBRA (Sept. 23-Oct. 22):

A woman I know, Caeli La, was thinking about relocating from Denver to Brooklyn. She journeyed across country and visited a prime neighborhood in her potential new headquarters. Here's what she reported on her Facebook page: "In the last three days, I've seen three different men on separate occasions wearing sundresses. So this is definitely the right place for me." What sort of signs and omens would tell you what you need to do to be in the right place at the right time, Libra? I urge you to be on the lookout for them in the coming weeks. Life will be conspiring to provide you with clues about where you can feel at peace, at home, and in the groove.

SCORPIO (Oct. 23-Nov. 21):

Simon & Garfunkel released their first album in October 1964. It received only a modest amount of... The two musicians were so discouraged that they stopped writing together. The... The... The...

or airplay. The two musicians were so discouraged that they stopped working together. When Bob Dylan's producer Tom Wilson got permission to remix "The Sounds of Silence," a song on the album. He added rock instruments and heavy echo to Simon & Garfunkel's folk arrangement. When the tune was re-released in September 1965, it became a huge hit. I bring this to your attention, Scorpio, because I suspect you're now at a point comparable to the time just before Tom Wilson discovered the potential of "The Sounds of Silence."

SAGITTARIUS (Nov. 22-Dec. 21):

"Consider how hard it is to change yourself," wrote author Jacob M. Braude, "and you'll understand what little chance you have in trying to change others." Ninety-nine percent of the time, I'd advise you and everybody else to surrender to that counsel as if it were an absolute truth. But I think you Sagittarians will be the exception to the rule in the coming weeks. More than usual, you'll have the power to change yourself. And if you succeed, your self-transformations will be likely to trigger interesting changes in people around you. Here's another useful tip, also courtesy of Jacob M. Braude: "Behave like a duck. Keep calm and unruffled on the surface, but paddle like the devil underneath."

CAPRICORN (Dec. 22-Jan. 19):

In 1969, two earthlings walked on the moon for the first time. To ensure that astronauts Neil Armstrong and Buzz Aldrin landed there and returned safely, about 400,000 people labored and cooperated for many years. I suspect that in the coming months, you may be drawn to a collaborative project that's not as ambitious as NASA's, but nevertheless fueled by a grand plan and a big scope. And according to my astrological calculations, you will have even more ability than usual to be a driving force in such a project. Your power to inspire and organize group efforts will be at a peak.

AQUARIUS (Jan. 20-Feb. 18):

I predict your ambitions will burn more steadily in the coming months, and will produce more heat and light than ever before. You'll have a clearer conception of exactly what it is you want to accomplish, as well as a growing certainty of the resources and help you'll need to accomplish it. Hooray and hallelujah! But keep this in mind, Aquarius: As you acquire greater access to meaningful success -- not just the kind of success that merely impresses other people -- you'll be required to take on more responsibility. Can you handle that? I think you can.

PISCES (Feb. 19-March 20):

What's your top conspiracy theory? Does it revolve around the Illuminati, the occult group that is supposedly plotting to abolish all nations and create a world government? Or does it involve the stealthy invasion by extraterrestrials who are allegedly seizing mental control over human political leaders and influencing them to wage endless war and wreck the environment? Or is your pet conspiracy theory more personal? Maybe you secretly believe, for instance, that the difficult events you experienced in the past were so painful and debilitating that they will forever prevent you from fulfilling your fondest dream. Well, Pisces. I'm here to tell you that whatever conspiracy theory you most tightly embrace is ready to be disproven once and for all. Are you willing to be relieved of your delusions?

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LOVE YOUR LIFE!

How's your fight for freedom going? Are you making progress in liberating yourself from your unconscious obsessions, bad habits, and conditioned responses? Are you turning out to be the hero of your own life?

For assistance and inspiration, tune in to my EXPANDED AUDIO HOROSCOPES.

These forecasts are different in tone and format from the written horoscopes you read here in the newsletter. They're longer and more leisurely in tone. They tend to bring out more of the patient counselor in me, and have a bit less of the poet.

To listen to your Expanded Audio Horoscope online, go to RealAstrology.com.

Register and/or log in through the main page.

You can also listen over the phone by calling 1-877-873-4888.

The cost is \$6 per sign on the Web (discounts available for bulk purchases), or \$1.99 per minute by phone. Each forecast is 4-5 minutes long.

The Expanded Audio Horoscopes work on most smart phones and tablets.

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"I don't much believe in astrology. But that doesn't seem to get in the way of me deriving a whole lot of benefits from your expanded audio horoscopes."
- A. Arrosto, Indianapolis

"You have an amazing aptitude for cutting through the lies I tell myself. Thanks for the gentle shocks."
- T. Preneris, Toronto

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ARIES (March 21-April 19):

"I am my own muse," wrote painter Frida Kahlo. "I am the subject I know best. The subject I want to know better." Would you consider trying out this perspective for a while, Aries? If so, you might generate a few ticklish surprises. You may be led into mysterious areas of your psyche that had previously been off-limits. You could discover secrets you've been hiding from yourself. So what would it mean to be your own muse? What exactly would you do? Here are some

examples. Flirt with yourself in the mirror. Ask yourself impertinent, insouciant questions. Have imaginary conversations with the person you were three years ago and the person you'll be in three years.

TAURUS (April 20-May 20):

"Happiness comes from getting what you want," said poet Stephen Levine, whereas joy comes "from being who you really are." According to my analysis, the coming weeks will bear a higher potential for joy than for happiness. I'm not saying you won't get anything you want. But I do suspect that focusing on getting what you want might sap energy from the venture that's more likely to thrive: an unprecedented awakening to the truth of who you really are.

GEMINI (May 21-June 20):

Sigmund Freud was a medical doctor who laid the groundwork for psychoanalysis. Throughout the twentieth century, his radical, often outrageous ideas were a major influence on Western culture. When Freud was 50, he discovered a brilliant psychiatrist who would become his prize pupil: Carl Jung. When the two men first met in Vienna in 1907, they conversed without a break for 13 consecutive hours. According to my reading of the astrological omens, you could experience a comparable immersion sometime soon: a captivating involvement with a new influence, a provocative exchange that enchants you, or a fascinating encounter that shifts your course.

CANCER (June 21-July 22):

In the next twelve months, I hope to help you track down new pleasures and amusements that teach you more about what you want out of life. I will also be subtly reminding you that all the world's a stage, and will advise you on how to raise your self-expression to Oscar-worthy levels. As for romance, here's my prescription between now and October 2018: The more compassion you cultivate, the more personal love you will enjoy. If you lift your generosity to a higher octave, there'll be another perk, too: You will be host to an enhanced flow of creative ideas.

LEO (July 23-Aug. 22):

Are you interested in diving down to explore the mysterious and evocative depths? Would you be open to spending more time than usual cultivating peace and stillness in a sanctuary? Can you sense the rewards that will become available if you pay reverence to influences that nurture your wild soul? I hope you'll be working on projects like these in the coming weeks, Leo. You'll be in a phase when the single most important gift you can give yourself is to remember what you're made of and how you got made.

VIRGO (Aug. 23-Sept. 22):

Louisa May Alcott wrote a novel entitled *A Long Fatal Love Chase*, which was regarded as too racy to be published until a century after her death. "In the books I read, the sinners are more interesting than the saints," says Alcott's heroine, Rosamund, "and in real life people are dimly dull." I boldly predict that in the coming months, Virgo, you won't provide evidence to support Rosamund's views. You'll be even more interesting than you usually are, and will also gather more than your usual quota of joy and self-worth -- but without having to wake up even once with your clothes torn and your head lying in a gutter after a night of forlorn debauchery.

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HOMEWORK:

If one of your heroes said to you, "Tell me the most important things you know," what would you say? FreeWillAstrology.com.

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Submissions sent to Rob Breznsky's Astrology Newsletter or in response to "homework assignments" may be published in a variety of formats at Rob Breznsky's discretion, including but not limited to newsletters, books, the Free Will Astrology column, and Free Will Astrology website. We reserve the right to edit submissions for length, style, and content. Requests for anonymity will be honored. We are not responsible for unsolicited submission of any creative material.

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