



**Rob Brezсны's Astrology Newsletter**  
**February 22, 2017**  
**[FreeWillAstrology.com](http://FreeWillAstrology.com)**

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DREAM AND SCHEME ABOUT YOUR LONG-RANGE FUTURE  
with my 3-part EXPANDED AUDIO HOROSCOPES for 2017.

My long-range, big-picture audio horoscopes for the coming months are still available for a few more weeks.

Who do you want to become between now and January 2018? Where do you want to go and what do you want to do? How can you exert your free will to create adventures that'll bring out the best in you, even as you find graceful ways to cooperate with the tides of destiny?

To listen to these three-part, in-depth reports, go here:  
[RealAstrology.com](http://RealAstrology.com).

Register and/or log in through the main page, and then access the horoscopes by clicking on "Long Range Prediction." Choose from Part 1, Part 2, and Part 3. Each part is a standalone report, not dependent on the other two.

If you'd like a boost of inspiration to fuel you in your quest for beauty and truth and love and meaning, tune in to my meditations on your Big-Picture outlook.

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Each of the three-part reports is seven to nine minutes long. The cost is \$6 per report. There are discounts for the purchase of multiple reports.

P.S. You can also listen to a short-term Expanded Audio Horoscope for the coming week.

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My book *PRONOIA IS THE ANTIDOTE FOR PARANOIA*  
is available at Amazon: [bit.ly/Pronoia](http://bit.ly/Pronoia)  
or Powells: [bit.ly/PronoiaPowells](http://bit.ly/PronoiaPowells)

Below is an excerpt.

THE OUTLAW CATALOG OF CAGEY OPTIMISM  
(The complete text is here: [bit.ly/CageyOptimism](http://bit.ly/CageyOptimism))

Psychiatry and psychotherapy obsess on what's wrong with people and give short shrift to what's right. The manual of these professions is a 991-page textbook called the *DSM-V*. It identifies scores of pathological states but no healthy ones.

Some time back, I began to complain about this fact, and asked readers to help me compile material for a proposed antidote, the Anti-DSM -- a compendium of healthy, exalted, positive states of being. As their entries came in, we at the Beauty and Truth Laboratory were inspired to dream up some of our own. Below is part one of our initial attempt at creating an *Anti-DSM-V*, or as we also like to call it, "The Outlaw Catalog of Cagey Optimism."

\* ACUTE FLUENCY. Happily immersed in artistic creation or scientific exploration; lost in a trance-like state of inventiveness that's both blissful and taxing; surrendered to a state of grace in which you're fully engaged in a productive, compelling, and delightful activity. The joy of this demanding, rewarding state is intensified by a sense that time has been suspended, and is rounder and deeper than usual. (Suggested by H. H. Holiday, who reports that extensive studies in this state have been done by Mihaly Csizszenmihalyi in his book, *Flow: The Psychology of Optimal Experience*.)

\* AESTHETIC BLISS. Vividly experiencing the colors, textures, tones, scents, and rhythms of the world around you, creating a symbiotic intimacy that dissolves the psychological barriers between you and what you observe. (Suggested by Jeanne Grossetti.)

\* AGGRESSIVE SENSITIVITY. Animated by a strong determination to be receptive and empathetic.

\* ALIGNMENT WITH THE INFINITY OF THE MOMENT. Reveling in the liberating realization that we are all exactly where we need to be at all times, even if some of us are temporarily in the midst of trial or tribulation, and that human evolution is proceeding exactly as it should, even if we can't

see the big picture of the puzzle that would clarify how all the pieces fit together perfectly.  
(Suggested by Meredith Jones.)

\* AUTONOMOUS NURTURING. Not waiting for someone to give you what you can give yourself.  
(Suggested by Shannen Davis.)

\* BASKING IN ELDER WISDOM. A state of expansive ripeness achieved through listening to the stories of elders. (Suggested by Annabelle Aavard.)

\* BIBLIOBLISS. Transported into states of transcendent pleasure while immersed in reading a favorite book. (Suggested by Catherine Kaikowska.)

\* BLASPHEMOUS REVERENCE. Acting on the knowledge that the most efficacious form of devotion to the Divine Wow is tintured with playful or mischievous behavior that prevents the buildup of fanaticism.

\* BOO-DUH NATURE. Dwelling in the blithe understanding of the fact that worry is useless because most of what we worry about never happens. (Suggested by Timothy S. Wallace.)

\* COMIC INTROSPECTION. Being fully aware of your own foibles while still loving yourself tenderly and maintaining confidence in your ability to give your specific genius to the world. To paraphrase Alan Jones, Dean of Grace Cathedral: following the Byzantine ploys of your ego with compassion and humor as it tries to make itself the center of everything, even of its own suffering and struggle.

\* COMPASSIONATE DISCRIMINATION. Having astute judgment without being scornfully judgmental; seeing difficult truths about a situation or person without closing your heart or feeling superior. In the words of Alan Jones: having the ability "to smell a rat without allowing your ability to discern deception sour your vision of the glory and joy that is everyone's birthright."

\* CRAZED KINDNESS. Having frequent, overpowering urges to bestow gifts, disseminate inspiration, and perpetrate random acts of benevolence.

\* ECSTATIC GRATITUDE. Feeling genuine thankfulness with such resplendent intensity that you generate a surge of endorphins in your body and slip into a full-scale outbreak of euphoria.

\* EMANCIPATED SURRENDER. Letting go of an attachment without harboring resentment toward the stimuli that led to the necessity of letting go. (Suggested by Timothy S. Wallace.)

\* FRIENDLY SHOCK. Welcoming a surprise that will ultimately have benevolent effects.

\* HIGHWAY EQUANIMITY. Feeling serene, polite, and benevolent while driving in heavy traffic. (Suggested by Shannen Davis.)

\* HOLY LISTENING. Hearing the words of another human being as if they were a direct communication from the Divine Wow to you.

\* IMAGINATIVE TRUTH-TELLING. Conveying the truth of any specific situation from multiple angles, thereby mitigating the distortions that result from assuming the truth can be told from a single viewpoint.

\* IMPULSIVE LOVE SPREADING. Characterized by a fierce determination to never withhold well-deserved praise, inspirational encouragement, positive feedback, or loving thoughts; often includes a tendency to write love letters on the spur of the moment and on any medium, including napkins, grocery bags, and skin. (Suggested by Laurie Burton.)

\* INADVERTENT NATURE WORSHIP. Experiencing the rapture that comes from being outside for extended periods of time. (Suggested by Sue Carol Robinson.)

\* INGENIOUS INTIMACY. Having an ability to consistently create deep connections with other human beings, and to use the lush, reverential excitement stimulated by such exchanges to further deepen the connections. A well-crafted talent for dissolving your sense of separateness and enjoying the innocent exultation that erupts in the wake of the dissolution. (Suggested by Sue Carol Robinson.)

\* JOYFUL POIGNANCE. Feeling buoyantly joyful about the beauty and mystery of life while remaining aware of the sadness, injustices, wounds, and future fears that form the challenges in an examined life. (Suggested by Alka Bhargava.)

\* LATE LATE-BLOOMING. Having a capacity for growth spurts well into old age, long past the time that conventional wisdom says they're possible.

\* LEARNING DELIGHT. Experiencing the brain-reeling pleasure that comes from learning something new. (Suggested by Sue Carol Robinson.)

\* LUCID DREAM PATRIOTISM. A love of country rooted in the fact that it provides the ideal conditions for learning lucid dreaming. (Suggested by Kenneth Kelzer, author of *The Sun and the Shadow: My Experiment With Lucid Dreaming*.)

\* LYRICAL CONSONANCE. Experiencing the visceral yet also cerebral excitement that comes from listening to live music played impeccably by skilled musicians. (Suggested by Susan E. Nace.)

TO SEE THE REST OF THE EXALTED, POSITIVE STATES, GO HERE:  
[bit.ly/CageyOptimism](http://bit.ly/CageyOptimism)

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**MORE PRONOIA RESOURCES:**

Investors with \$2.8 trillion in assets unite against Donald Trump's climate change denial. As U.S. President ramps up support for fossil fuels, some of the world's biggest funds demand end to coal and oil subsidies.

[tinyurl.com/zo9j9v9](http://tinyurl.com/zo9j9v9)

Compared with 1990, there are 17,000 fewer child deaths every day. This is equivalent to averting the crashes of 27 jumbo jets full of children every single day.

[tinyurl.com/j3om2rm](http://tinyurl.com/j3om2rm)

Giving Access to Free and Low-Cost Birth Control Saves the U.S. Government at Least \$17 billion a Year.

[tinyurl.com/gvzqmv7](http://tinyurl.com/gvzqmv7)

(Note: I endorse these because I like them. They aren't advertisements, and I get no kickbacks.)

Please tell me your own nominations for PRONOIA RESOURCES: [Truthrooster@gmail.com](mailto:Truthrooster@gmail.com).

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**FREE WILL ASTROLOGY**  
**Week beginning February 23**

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**PISCES (Feb. 19-March 20):**

What would your best mother do in a situation like this? Please note that I'm not asking, "What would your mother do?" I'm not suggesting you call on the counsel of your actual mother. When I use the term "your best mother," I'm referring to the archetype of your perfect mother. Imagine a wise older woman who understands you telepathically, loves you unconditionally, and wants you to live your life according to your own inner necessity, not hers or anyone else's. Visualize her. Call on her. Seek her blessings.

**ARIES (March 21-April 19):**

My astrological radar suggests there's a space-time anomaly looming just ahead of you. Is it a fun and exotic limbo where the rules are flexible and everything's an experiment? That might be cool. Or is it more like an alien labyrinth where nothing is as it seems, you can hear howling in the distance, and you barely recognize yourself? That might be weird. What do you think? Is it worth the gamble? If so, full speed ahead. If not, I suggest a course correction.

**TAURUS (April 20-May 20):**

Someone on Reddit.com asked readers to respond to the question, "What is the most liberating thought you've ever had?" Among the replies were the following six: 1. "If new evidence presents itself, it's okay to change my beliefs." 2. "I get to choose who's in my life and who isn't." 3. "I am not my history." 4. "You can't change something that has already happened, so stop worrying about it." 5. "I am not, nor will I ever be, conventionally beautiful." 6. "I don't have to respond to people when they say stupid s--- to me." I hope these testimonies inspire you to come up with several of your own, Taurus. It's a perfect time to formulate liberating intentions.

**GEMINI (May 21-June 20):**

It has been a while since I told you that I love you. So I'm doing it now. I LOVE YOU. More than you could ever imagine. And that's why I continue to offer these horoscopes to you free of charge, with no strings attached. That's why I work so hard to be a playful therapist and an edgy mentor for you. That's why I am so tenacious in my efforts to serve you as a feminist father figure and a kindly devil's advocate and a sacred cheerleader. Again, I don't expect anything in return from you. But if you would like to express your appreciation, you could do so by offering a similar type of well-crafted care to people in your own sphere. Now would be an excellent time to give such gifts.

**CANCER (June 21-July 22):**

"I like the word 'bewilderment' because it has both 'be' and 'wild' in it," says poet Peter Gizzi. I propose that you go even further, Cancerian: Express a fondness for the actual experience of bewilderment as well as the word. In fact, be willing to not just tolerate, but actually embrace the fuzzy blessings of bewilderment. In the coming weeks, that's your ticket to being wild in the healthiest (and wealthiest) ways. As you wander innocently through the perplexing mysteries that make themselves available, you'll be inspired to escape formalities and needless rules that have kept you overly tame.

**LEO (July 23-Aug. 22):**

Are you familiar with psychologist Carl Jung's concept of the shadow? It's the unflattering or uncomfortable part of you that you would prefer to ignore or suppress. It's the source of behavior about which you later say, "I wasn't acting like myself." Jungians say that the shadow hounds you and wounds you to the degree that you refuse to deal with it. But if you negotiate with it, it leads you to beautiful surprises. It prods you to uncover riches you've hidden from yourself. I mention this, Leo, because any shadow work you do in the coming weeks could generate rather spectacular breakthroughs.

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**EXPLORING THE BIG PICTURE OF YOUR LONG-RANGE FUTURE**

Would you like some inspiration as you muse and wonder about your upcoming adventures in 2017?

You can still listen to my long-range, in-depth explorations of your destiny in the coming months. Each report in the three-part series is 7 to 9 minutes long.

Go to [RealAstrology.com](http://RealAstrology.com) to register and/or sign in through the main page.

Then access the horoscopes by clicking on "Long Range Prediction." Choose from Part 1, Part 2, and Part 3. Each part is a standalone report, not dependent on the other two.

A new short-range forecast for this week is also available.

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"I don't much believe in astrology. But that doesn't seem to get in the way of me deriving a whole lot of benefits from your expanded audio horoscopes."  
- A. Arrosto, Indianapolis

"You have an amazing aptitude for cutting through the lies I tell myself. Thanks for the gentle shocks."  
- T. Preneris, Toronto

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**VIRGO (Aug. 23-Sept. 22):**

You could make a vow like this: "Between now and April 15, I will be relentless in getting my needs met. I will harbor a steely resolve to call on every ploy necessary to ensure that my deepest requirements are not just gratified, but satiated to the max. I will be a dogged and ferocious seeker of absolute fulfillment." If you want to swear an oath like that, Virgo, I understand. But I hope you will try a softer approach -- more like the following: "Between now and April 15, I will be imaginative and ingenious in getting my needs met. I will have fun calling on every trick necessary to ensure that my deepest requirements are playfully addressed. I will be a sweet seeker of unpredictable fulfillment."

**LIBRA (Sept. 23-Oct. 22):**

How would Buddha ask for a raise or promotion? How would Jesus tinker with his career plans as he took into consideration large-scale shifts in the economy? How would Confucius try to infuse new approaches and ideas into the status quo of his work environment? Ruminant deeply on these matters, dear Libra. Your yearning to be more satisfyingly employed may soon be rewarded -- especially if you infuse your ambitions with holy insight. How would Joan of Arc break through the glass ceiling? How would Harriet Tubman deal with the inefficiencies caused by excess testosterone? How would Hildegard of Bingen seek more emotional richness on the job?

**SCORPIO (Oct. 23-Nov. 21):**

I suspect you would benefit from acquiring a new bedroom name, my dear. But should I be the one to give it to you? I'm not sure. Maybe you could invite a practical dreamer you adore to provide you with this crazy sweet new moniker. If there is no such person to do the job (although given the current astrological omens, I bet there is), I'll offer the following array of amorous aliases for you to choose from: Wild Face . . . Kiss Genius . . . Thrill Witch . . . Freaky Nectar . . . Boink Master . . . Lust Moxie . . . Pearly Thunder . . . Peach Licker . . . Painkiller . . . Silky Bliss . . . Slippery Diver . . . Swoon Craver.

**SAGITTARIUS (Nov. 22-Dec. 21):**

Soon I'll be off on my first vacation in 18 months. At first glance it might seem odd for an astrologer like myself to have selected two Sagittarians to be my housesitters. Members of your sign are reputed to be among the least home-nurturing people in the zodiac. But I'm confident that by the time I return, raccoons won't be living in my kitchen, nor will my plants be dead or my snailmail stolen or my TV broken. The current astrological omens suggest that most of you Centaurs, at least for the foreseeable future, will display an uncommon aptitude for the domestic arts.

**CAPRICORN (Dec. 22-Jan. 19):**

The near future will be mutable, whimsical, and fluky. It'll be serendipitous, mercurial, and extemporaneous. You should expect happy accidents and lucky breaks. Your ability to improvise will be quite valuable. Do you believe in lucky numbers? Even if you don't, yours will be 333. Your sacred password will be "quirky plucky." The cartoon characters with whom you will have most in common are Bugs Bunny and Roadrunner. The place where you're most likely to encounter a crucial teaching is a threshold or thrift shop. Your colors of destiny will be flecked and dappled. (P.S.: I suspect that an as-yet-undiscovered talisman of power is crammed in a drawer full of junk.)

**AQUARIUS (Jan. 20-Feb. 18):**

Treat your body like a sublime temple, please. And regard your imagination as a treasured sanctuary. Be very choosy about what you allow to enter in to both of those holy places. This strategy is always a wise idea, of course, but it's especially so now, when you are extra sensitive to the influences you absorb. It's crucial that you express maximum discernment as you determine which foods, drinks, drugs, images, sounds, and ideas are likely to foster your maximum well-being -- and which aren't. Be a masterful caretaker of your health and sanity.

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**HOMEWORK:**

Find a new person or institution you can eagerly and earnestly respect. Report on your triumph at [Freewillastrology.com](http://Freewillastrology.com).

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Submissions sent to Rob Breznsny's Astrology Newsletter or in response to "homework assignments" may be published in a variety of formats at Rob Breznsny's discretion, including but not limited to newsletters, books, the Free Will Astrology column, and Free Will Astrology website. We reserve the right to edit submissions for length, style, and content. Requests for anonymity

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