



Rob Brezsnys's Astrology Newsletter
May 27, 2015
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My book *PRONOIA IS THE ANTIDOTE FOR PARANOIA* is available at Amazon: bit.ly/Pronoia or Powells: bit.ly/PronoiaPowells

The e-book is available at bit.ly/eePronoia

Below are excerpts.

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I get many requests from people who are going through challenging times in their lives and would like my personal advice. I wish I could respond to these inquiries, because they are often profound and well-thought-out, demonstrating an ability to define the problems at hand with lucid insight.

Unfortunately, I can't respond. My various lines of work are too demanding to add any other tasks to my life, no matter how interesting they might be. But I've developed a general response to those people who seek my personal input. I'm offering it below.

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I'm honored that you regard me as someone who might be able to provide answers or solace, but I don't think it would be responsible for me to fling advice your way without knowing more about the complexities of your problem. And I'm afraid I can't give the time necessary to explore those complexities.

The only thing I'll suggest, as you seek to clarify your situation, is for you to arrange to go on a retreat. During that time of withdrawal from the world's everyday madness, I urge you to avoid all media and to be as silent and relaxed as it's possible for you to be.

During the first part of your retreat, spend hours visualizing in your mind's eye the entire story of your life, from the earliest memory to the present moment.

During the second phase of your retreat, begin your meditations by establishing contact with the highest source of wisdom and love within you. You can call this source God or Goddess or your Guardian Angel or Higher Self. Spend luxurious time in dialogue with this source, making sure to ask these questions:

1. "What is it I want more than anything else?"
2. "What is the best way to serve the mission I came to Earth to carry out? What are the very best gifts I have to offer other humans?"
3. "What path will allow me to ultimately learn the most about wise love?"
4. "How do I need to change in order to get what I want, carry out my life's mission, and learn about wise love? What influences and attitudes do I need to eliminate?"

During the third phase of the process, write out a mission statement: what you want to accomplish by the time you die many years hence. Then create a master plan of the actions you will take in order to make that mission statement come true. Include three actions you will take in the next month to get more serious about accomplishing your mission.

During the fourth phase, visualize the following scenarios in lush detail: that God/Goddess loves you, that the entire universe is conspiring to give you the lessons and blessings and kicks in the ass and liberations you need exactly when you need them, and that you are ready to welcome that love and guidance with all your heart.

P.S. I'm a big believer in trusting your intuition. Even if it doesn't lead you to what your ego thinks is a successful outcome, your intuition will always guide you to the experiences that your soul needs.

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"Nothing's going right in my life. I feel anxious and paranoid all the time. My relationships are a mess. Plus the whole world's going to hell!"

In my line of work, people make confessions like that to me.

My first response is usually something like this: "Do you habitually gobble junk food near

Let you to plan and reacher successful ends that will enable you to eventually accomplish one of your long-range goals.

LIBRA (Sept. 23-Oct. 22):

Long-distance flirtations may soon be just around the corner or across the street. Remote possibilities are taking short cuts as they head your way. I swear the far horizon and the lucky stars seem closer than usual. Is it all a mirage? Some of it may be, but at least a part of it is very real. If you want to be ready to seize the surprising opportunities that show up in your vicinity, I suggest you make yourself as innocent and expansive as possible. Drop any jaded attitudes you may be harboring. Let the future know that you are prepared to receive a flood of beauty, truth, and help.

SCORPIO (Oct. 23-Nov. 21):

I suspect that marriages of convenience will begin to wither away unless they evolve into bonds of affection. Connections that have been fed primarily on fun and games must acquire more ballast. In fact, I recommend that you re-evaluate all your contracts and agreements. How are they working for you? Do they still serve the purpose you want them to? Is it time to acknowledge that they have transformed and need to be reconfigured? As you take inventory, be both tough-minded and compassionate.

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WHY IS IT CALLED "FREE WILL" ASTROLOGY?

It's called Free Will Astrology because my goal is to create horoscopes that nurture your free will!

And if you ever want more than the 'scopes you're reading here, keep in mind that I also create EXPANDED AUDIO HOROSCOPES for you. They're four-to-five-minute meditations on the current state of your destiny.

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"Your expanded astrology thingeeds help me remember who I really am." -Gareth N., Toronto

"I never knew it was possible to get my butt kicked and my head patted at the same time -- until I listened to you, Rob." -Kristi P., Portland, OR

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SAGITTARIUS (Nov. 22-Dec. 21):

Petrarch was an influential 14th-century Italian poet whose main work was *Song Book*. It's a collection of 366 poems, most of which are dedicated to Laura, the woman he loved. For 40 years he churned out testaments of longing and appreciation for her, despite the fact that he and she never spent time together. She was married to another man, and was wrapped up in raising her eleven children. Should we judge Petrarch harshly for choosing a muse who was so unavailable? I don't. Muse-choosing is a mysterious and sacred process that transcends logic. I'm bringing the subject to your attention because you're entering a new phase in your relationship with muses. It's either time to choose a new one (or two?) or else adjust your bonds with your current muses.

CAPRICORN (Dec. 22-Jan. 19):

"The soul moves in circles," said the ancient Greek philosopher Plotinus. Modern psychologist James Hillmans agreed, and added this thought: "Hence our lives are not moving straight ahead; instead, hovering, wavering, returning, renewing, repeating." I bring this to your attention, Capricorn, because you're now in an extra-intense phase of winding and rambling. This is a good thing! You are spiraling back to get another look at interesting teachings you didn't master the first time around. You are building on past efforts that weren't strong enough. Your words of power are *crooked, gyrate, curvy, labyrinthine, and corkscrew*.

AQUARIUS (Jan. 20-Feb. 18):

It's no coincidence that your libido and your mojo are booming at the same time. Your libido is in the midst of a deep, hearty awakening, which is generating a surplus of potent, super-fine mojo. And your surplus of potent, super-fine mojo is in turn inciting your libido's even deeper, heartier awakening. There may be times in the coming week when you feel like you are living with a wild animal. As long as you keep the creature well-fed and well-stroked, it should provide you with lots of vigorous, even boisterous fun.

PISCES (Feb. 19-March 20):

"I always arrive late at the office, but I make up for it by leaving early," quipped 19th-century English author Charles Lamb. I invite you to adopt that breezy, lazy attitude in the coming weeks. It's high time for you to slip into a very comfortable, laidback mood . . . to give yourself a lot of slack, explore the mysteries of dreamy indolence, and quiet down the chirpy voices in your head. Even if you can't literally call in sick to your job and spend a few days wandering free, do everything you can to claim as much low-pressure, unhurried spaciousness as possible.

ARIES (March 21-April 19):

Keith Moon played drums for the rock band the Who. He was once voted the second-greatest

drummer in history. But his erratic behavior, often provoked by drugs or alcohol, sometimes interfered with his abilities. In 1973, the Who was doing a live concert near San Francisco when the horse tranquilizer that Moon had taken earlier caused him to pass out. The band appealed to the audience for help. "Can anybody play the drums?" asked guitarist Pete Townshend. "I mean somebody good?" A 19-year-old amateur drummer named Scot Halpin volunteered. He played well enough to finish the show. I suspect that sometime soon, Aries, you may also get an unexpected opportunity to play the role of a substitute. Be ready!

TAURUS (April 20-May 20):

The weta is a very large insect whose habitat is New Zealand. It looks like a robotic grasshopper, with giant black eyes on a long red face, enlarged hind legs bearing spikes, and floppy, oversized antennae. The native Maori people call it "the god of the ugly things." Please note that this is a term of respect. The weta's title is not "the most monstrous of the ugly things," or "the worst" or "the scariest" or "the most worthless of the ugly things." Rather, the Maori say it's the *god* -- the highest, the best, the most glorious. I suspect that in the coming days, Taurus, you will have a close encounter with your own version of a "god of ugly things." Doesn't it deserve your love and welcome?

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HOMEWORK:

Your Future Self comes to you and says, "You must get rid of two beliefs that are holding you back." What are they? Testify at FreeWillAstrology.com.

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Submissions sent to the Free Will Astrology Weekly Newsletter or in response to "homework assignments" may be published in a variety of formats at Rob Brezsnys's discretion, including but not limited to newsletters, books, the Free Will Astrology column, and Free Will Astrology website. We reserve the right to edit such submissions for length, style, and content. Requests for anonymity will be honored with submissions; otherwise, reader names, screen names, or initials will be used. Please be sure to note your preference when sending to us. We are not responsible for unsolicited submission of any creative material.

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