



Rob Brezsnys's Astrology Newsletter
November 26, 2014
FreeWillAstrology.com

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My book
PRONOIA IS THE ANTIDOTE FOR PARANOIA
is available at Amazon: bit.ly/Pronoia
or Powells: bit.ly/PronoiaPowells

Below are excerpts.

Take inventory of the extent to which your "No" reflex dominates your life. Notice for 24 hours (even in your dreams) how often you say or think:

- "No."
- "That's not right."
- "I don't like them."
- "I don't agree with that."
- "They don't like me."
- "That should be different from what it is."

Then retrain yourself to say "YES" at least 51 percent of the time. Start the transformation by saying "YES" aloud 22 times right now.

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You don't have to be anything you don't want to be. You don't have to live up to anyone's expectations. There's no need to strive for a kind of perfection that's not very interesting to you. You don't have to believe in ideas that make you sad or tormented, and you don't have to feel emotions that others try to manipulate you into feeling.

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I kick my own ass and wash my own brain.
I push my own buttons and trick my own pain.
I burn my own flags and roast my own heroes.
I mock my own fears and cheer my own zeroes.

Nothing can stop me from teasing my shadow.
I'm full of empty and backwards bravado.
My wounds are tattoos that reveal my true beauty.
I turn tragic to magic and make bliss my duty.

I honor my faults till they become virtues.
I play jokes on my nightmares
till I'm sure they won't hurt you.
I sing anarchist lullabies to lesbian trees
and love songs with punch lines
to anonymous seas.

I won't accept gifts that infringe on my freedom.
I shun sacred places that stir up my boredom.
I change my name daily, pretend to be nobody.
I fight for the truth if it's majestically rowdy.

I brag about what I can't do and don't know.
I take off my clothes to those I oppose.
I'm so far beyond lazy, I work like a god.
I'm totally crazy; in fact that's my job.

- bit.ly/Pronoia

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This perfect moment is brought to you by the imaginary lightning bolts you can fling from your fingers any time you want to.

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When you're an aspiring master of pronoia, you see the cracks in the facades as opportunities; inspiration erupts as you careen over bumps in the road; you love the enticing magic that flows from situations that other people regard as rough or crooked.

"That which is not slightly distorted lacks sensible appeal," wrote poet Charles Baudelaire, "from which it follows that irregularity--that is to say, the unexpected, surprise and astonishment--is an

which is more than legality, that is to say, the unexpected, surprise and astonishment is an essential part and characteristic of beauty."

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MORE PRONOIA RESOURCES:

Americans Believe Violence is Worse than Ever; When in Reality U.S. Violence is Lower than Ever
tinyurl.com/ktl9dak

"Here's a narrative you rarely hear: Our lives are safer. This message is so rarely heard that half of all respondents to a recent YouGov poll suggested that the violent crime rate had risen over the past two decades. The reality, of course, is that it has fallen enormously.

"The decline in violent crime is one of the most striking trends over recent decades; the rate has declined roughly by half since 1993.

"To be precise, the F.B.I.'s count of violent crimes reported to law enforcement has declined from a rate of 747 violent incidents per 100,000 people in 1993 to 387 incidents per 100,000 people in 2012, which is the most recent year for which it has published complete data. This reflects the fact that over this period, the homicide rate has fallen by 51 percent; forcible rapes have declined by 35 percent; robberies have decreased by 56 percent; and the rate of aggravated assault has been cut by 45 percent. Property crime rates are also sharply down.

"These trends aren't caused by changes in our willingness to report crime to the police. We see an even more significant decline in violent crime in data derived from surveys asking people whether they've been the victims of certain crimes over the past year. The National Crime Victimization Survey reports that the rate of violent victimizations has declined by 67 percent since 1993. This reflects a 70 percent decline in rape and sexual assault; a 66 percent decline in robbery; a 77 percent decline in aggravated assault; and a 64 percent decline in simple assault. This survey has nothing to say about the decline in homicide, for obvious reasons."

(Note: I endorse these because I like them. They are not advertisements, and I get no kickbacks.)

Please tell me your own personal nominations for PRONOIA RESOURCES.

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Dear Gmail users:

Gmail has been blocking my newsletter this week. I don't know why. There's not much I can do on my side.

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Other things you might try:

Complain to Gmail. Ask them why my newsletters are being blocked and tell them you want to know how the situation can be corrected.

Add my address, televisionary@comcast.net, to your address book.

Adjust your spam filter so it doesn't treat my address as a source of spam.

Look in your "Bulk Mail" or "Junk Mail" folder.

Check the horoscopes at my website: freewillastrology.com/horoscopes

If you are successful in getting Gmail to stop blocking delivery of my newsletter, please let me know at televisionary@comcast.net.

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FREE WILL ASTROLOGY

Week beginning November 27

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SAGITTARIUS (Nov. 22-Dec. 21):

Galileo Galilei (1564-1642) was an Italian astronomer, physicist, and mathematician who is sometimes called "the father of modern science." He expressed his innovative ideas so vigorously that he offended the Catholic Church, which convicted him of heresy. For us today, he symbolizes the magnificence of rational thought. And yet Galileo also had a weird streak. For example, he gave lectures on the "Shape, Location, and Size of Dante's Inferno," analyzing the poet's depiction of hell. In the course of these meticulous discourses, Galileo concluded that Satan was more than four-fifths of a mile tall. In this spirit, Sagittarius, and in accordance with current astrological omens, you are temporarily authorized to de-emphasize the constraints of reason and logic so that you may gleefully and unapologetically pursue your quirky proclivities.

CAPRICORN (Dec. 22-Jan. 19):

While in his early twenties, actor Robert Downey Jr. appeared in the films *Less Than Zero* and *Weird Science*. That got him semi-typecast as a member of Hollywood's Brat Pack, a group of popular young actors and actresses who starred in coming-of-age films in the 1980s. Eager to be free of that pigeonhole, Downey performed a ritual in 1991: He dug a hole in his backyard and buried the clothes he had worn in *Less Than Zero*. I recommend that you carry out a comparable ceremony to help you graduate from the parts of your past that are holding you back.

AQUARIUS (Jan. 20-Feb. 18):

In her book *Revolution from Within*, Gloria Steinem offers a challenge: "Think of the times you have said: 'I can't write,' 'I can't paint,' 'I can't run,' 'I can't shout,' 'I can't dance,' 'I can't sing.'" That's your first assignment, Aquarius: Think of those times. Your second assignment is to write down other "I can't" statements you have made over the years. Assignment three is to

down other "I can't" statements you have made over the years. Assignment three is to objectively evaluate whether any of these "I can't" statements are literally true. If you find that some of them are *not* literally true, your fourth assignment is to actually do them. The coming weeks will be a favorable time to transform "I can't" into "I can."

PISCES (Feb. 19-March 20):

"Dogs don't know where they begin and end," writes Ursula K. Le Guin in her book *The Wave in the Mind*. They "don't notice when they put their paws in the quiche." Cats are different, LeGuin continues. They "know exactly where they begin and end. When they walk slowly out the door that you are holding open for them, and pause, leaving their tail just an inch or two inside the door, they know it. They know you have to keep holding the door open . . . It's a cat's way of maintaining relationship." Whether you are more of a dog person or a cat person, Pisces, it is very important that you be more like a cat than a dog in the coming weeks. You must keep uppermost in your mind exactly where you begin and where you end.

ARIES (March 21-April 19):

What exactly do you believe in, Aries? What's your philosophy of life? Do you think that most people are basically good and that you can make a meaningful life for yourself if you just work hard and act kind? Do you believe that evil, shapeshifting, kitten-eating extraterrestrials have taken on human form and are impersonating political leaders who control our society? Are you like the character Crash Davis in the film *Bull Durham*, who believed in "high fiber, good scotch, the sweet spot, and long, slow, deep, soft, wet kisses that last three days"? Now would be an excellent time for you to get very clear about the fundamental principles that guide your behavior. Re-commit yourself to your root beliefs -- and jettison the beliefs that no longer work for you.

TAURUS (April 20-May 20):

I have two encyclopedias of dreams, and they disagree on the symbolic meaning of mud. One book says that when you dream of mud, you may be facing a murky moral dilemma in your waking life, or are perhaps dealing with a messy temptation that threatens to compromise your integrity. The other encyclopedia suggests that when you dream of mud, it means you have received an untidy but fertile opportunity that will incite growth and creativity. I suspect that you have been dreaming of mud lately, Taurus, and that both meanings apply to you.

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FEELING JOY STIMULATES YOUR COMPASSION?

Assume that your drive to experience pleasure isn't a barrier to your spiritual growth, but is in fact essential to it. Proceed on the hypothesis that cultivating joy can make you a more ethical and compassionate person. Imagine that feeling good has something important to teach you every day.

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- June R., Austin, TX

"Your audio horoscopes calm me down when I'm too manic and pep me up when I'm down."
- Arthur T., Cleveland, OH

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GEMINI (May 21-June 20):

Are there certain influences you would love to bring into your life, but you can't figure out how? Do you fantasize about getting access to new resources that would make everything better for you, but they seem to be forever out of reach? If you answered "yes," it's time to stop moping. I'm happy to report that you have more power than usual to reel in those desirable influences and resources. To fully capitalize on this power, be confident that you can attract what you need.

CANCER (June 21-July 22):

Should you cut back and retrench? Definitely. Should you lop off and bastardize? Definitely not. Do I recommend that you spend time editing and purifying? Yes, please. Does this mean you should censor and repress? No, thank you. Here's my third pair of questions: Will you be wise enough to shed some of your defense mechanisms and strip away one of your lame excuses? I hope so. Should you therefore dispense with all of your psychic protections and leave yourself vulnerable to being abused? I hope not.

LEO (July 23-Aug. 22):

I know you're beautiful and you know you're beautiful. But I think you could be even more beautiful than you already are. What do you think? Have you reached the limits of how beautiful you can be? Or will you consider the possibility that there is even more beauty lying dormant within you, ready to be groomed and expressed? I encourage you to ruminate on these questions: 1. Are you hiding a complicated part of your beauty because it would be hard work to liberate it? 2. Are you afraid of some aspect of your beauty because revealing it would force you to acknowledge truths about yourself that are at odds with your self-image? 3. Are you worried that expressing your full beauty would intimidate other people?

VIRGO (Aug. 23-Sept. 22):

Helsinki, Finland is growing downwards. By cutting out space in the bedrock below the city's surface, farseeing leaders have made room to build shops, a data center, a hockey rink, a church, and a swimming pool. There are also projects underway to construct 200 other underground structures. I'd like to see you start working along those lines, Virgo -- at least metaphorically. Now would be an excellent time to renovate your foundations so as to accommodate your future growth.

LIBRA (Sept. 23-Oct. 22):

The Pantone Color Matching System presents a structured approach to identifying colors. It's used as a standard in the printing industry. According to its system of classification, there are 104 various shades of grey. I suspect you will benefit from being equally discerning in the coming weeks. It just won't be possible to differentiate between the good guys and the bad guys. You'll misunderstand situations that you try to simplify, and you'll be brilliant if you assume there's always more nuance and complexity to uncover. Don't just grudgingly tolerate ambiguity, Libra. Appreciate it. Learn from it.

SCORPIO (Oct. 23-Nov. 21):

I am not necessarily predicting that you will acquire a shiny new asset in time for the solstice. Nor am I glibly optimistic that you will get a raise in pay or an unexpected bonus. And I can offer only a 65-percent certainty that you will snag a new perk or catch a financial break or stumble upon a treasure. In general, though, I am pretty confident that your net worth will rise in the next four weeks. Your luck will be unusually practical. To take maximum advantage of the cosmic tendencies, focus your efforts on the one or two most promising prospects.

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HOMEWORK:

For three days, uphold your highest ideal in every little way you can imagine. Report results at Truthrooster@gmail.com.

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Submissions sent to the Free Will Astrology Weekly Newsletter or in response to "homework assignments" may be published in a variety of formats at Rob Brezсны's discretion, including but not limited to newsletters, books, the Free Will Astrology column, and Free Will Astrology website. We reserve the right to edit such submissions for length, style, and content. Requests for anonymity will be honored with submissions; otherwise, reader names, screen names, or initials will be used. Please be sure to note your preference when sending to us. We are not responsible for unsolicited submission of any creative material.

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